CHAPTER V
CONCLUSION AND RECOMMENDATIONS

5.1 Conclusion

The researcher draws conclusions based on the findings of the analysis contained in the novel "Anna Karenina" using Abraham Maaslow's theory. The results of the study found six main obstacles that hinder the fulfillment of love and belonging, namely loveless marriage, pressure from social norms, inner conflict and guilt, personal ambition, loss of identity and social status, and fear of abandonment. In addition, this study also identified six main impacts of the inability to meet these needs, namely infidelity, social isolation, loss of family, emotional instability, despair and depression, to suicide.

Based on the results of the analysis, twenty-four data were found related to the obstacles and the effects to fulfill love and belonging. Based on the findings, twelve data related to the obstacles to fulfillment love and belonging. Likewise, the effects to fulfill love and belonging were found twelve data. It was revealed that the characters in the novel highlight the relationship between rigid social norms and individual desires, showing how burdensome social expectations can exacerbate inner conflict and result in tragic endings. With a psychological approach, this study confirms the depth of the novel in exploring human motivation and emotional needs, as well as the importance of love and belonging in achieving life well-being.

5.2 Recommendations

For further research, it is recommended to explore other dimensions of Maslow's hierarchy of needs besides love and belonging. Research can focus on the need for self-esteem or self-actualization, which often appears in the journey of characters such as Levin in Anna Karenina. Levin, for example, tries to find the meaning of life through hard work and spiritual reflection, which can be analyzed more deeply to understand the struggle of humans in achieving their maximum potential. This research is relevant by using Maslow's theory as the main framework and a psychological approach as the basis for analysis.

This research uses a psychological approach, Research can examine how social norms, societal pressures, and patriarchal structures affect the fulfillment of psychological needs of characters, especially in the context of gender and social status. This approach allows for analysis of how individuals fulfill psychological needs. By integrating Maslow's theory and a psychological approach. Further research can provide broader and deeper insights into the relationship between human needs in literary works.