

CHAPTER III

RESEARCH METHOD

3.1 Research Design

This research is done by using the qualitative research method. The qualitative research method requires the researcher to collect the data, classify the data, then analyse the data classified and conclude the data based on the analysis. (Creswell, 2009) states that a qualitative research method is used to discover a social issue assumed by the people. It is used to find out about why and how social phenomenon happened.

This study also uses the descriptive qualitative method where the result of the analysis was the description of a certain social phenomenon. In this case, the research was focused on the occurrence of anxiety and defense mechanism in “The Bell Jar” novel by Sylvia Plath. Therefore, the researcher collected the data that contain anxiety and defense mechanism then the data is analyzed.

3.2 Object of the research

The object of this research is “The Bell Jar” novel by Sylvia Plath. “The Bell Jar” by Sylvia Plath is one of the most popular novels that is considered a masterpiece. The Bell Jar, novel by Sylvia Plath, first published by Heinemann in January 1963 under the pseudonym Victoria Lucas and later released under her real

name. The Bell Jar is a novel consisting of 244 pages and also received a film adaptation in 1979 directed by Larry Peerce and stars Marilyn Hassett as Esther Greenwood. The main character of this novel Esther Greenwood will be analyzed based on the psychoanalysis theory of Sigmund Freud.

3.3 The Method of Collecting Data

In collecting the data, the researcher used library research method (George, 2009). This method was done by collecting the primary data from the object of the research “The Bell Jar” novel and the secondary data by analyzing the information from books, articles and documents directly relevant to the research. Some steps were done in collecting the data. First, the researcher reads “The Bell Jar” novel. The researcher will then identify the monologues and dialogues that are related to the anxiety and defense mechanism the researcher is analyzing in this research. The researcher will then divide the data into two parts where one part is the data related to anxiety of the main characters and another one is related to the defense mechanism of the main characters found in “The Scarlet Letter” novel.

3.4 Method of analyzing the data

After collecting the data, the researcher will analyze the data. In analyzing the data, the researcher used the descriptive qualitative to analyze data. The researcher will analyze the intrinsic and extrinsic elements of the novel. The intrinsic elements include the theme, plot, character, setting and point of view. The extrinsic elements

include the author's biography and life experiences, psychological aspect, social status, economy, and historical aspect. The data used will be divided into the data related to the anxiety of the main characters and the defense mechanism of the main characters. The researcher will then analyze the kind of anxiety experienced by the main characters and the kind of defense mechanism used by the main characters. After analyzing the researcher will connect the data to see whether the defense mechanism used by the main characters in the novel is related to the anxiety they experienced.

3.5 Method of presenting research result

The researcher will present the result of the research by using the qualitative descriptive method (Creswell & Creswell, 2018) to show the findings of the research after the data is analyzed. The researcher's result will be presented form sentences, words, texts, paragraphs without percentages, numeric, tables or diagrams.