

CHAPTER V

CONCLUSION AND SUGGESTION

In this section the researcher will explain and provide conclusions and suggestions for analysis of the novel "Eleanor Oliphant is A Completely Fine". Conclusions in this section will conclude the analysis of Post-Traumatic Stress Disorder which occurs in the main character, namely Eleanor, in the novel. The suggestions that will be given will add insight to researchers for better future research using the novel "Eleanor Oliphant is A Completely Fine" as the data source.

5.1 Conclusion

From the results of the analysis of the novel "Eleanor Oliphant is A Completely fine" regarding the causes and symptoms of Post-Traumatic Stress Disorder which occurs in the main character, namely Eleanor, which is the material for the researcher's analysis. The trauma that occurred to Eleanor was due to her tragic past where Eleanor experienced a fire as a child, causing injuries to her face and Eleanor even received verbal and non-verbal abuse from her mother and former lover. This has resulted in Eleanor experiencing difficulties in the present. The results of the above study on post-traumatic stress disorder, Eleanor experienced symptoms and causes of the condition until she reached adulthood. Eleanor's causes include psychological (see data 1-2), genetic (data 3) and environmental (data 4-5),

where Eleanor did not have environmental support. Eleanor also had a genetic cause that was accidentally inherited from her mother. If Eleanor has a cause, then there is a cause for her post-traumatic stress disorder symptoms. Eleanor showed symptoms of avoidance (data 6-8), symptoms of arousal (data 9-12), and even symptoms of reliving (13-15). Thus, a number of factors were examined in this study to see how Eleanor was affected by Post-Traumatic Stress Disorder.

5.2 Suggestion

After analyzing the researcher found several causes and Symptoms where the cause exists, psychological cause, genetic cause and Environmental cause while the sneeze structure cause is not found in the novel. In addition to cause, this study also found several Symptoms including, avoidance Symptoms, arousal Symptoms and re-experiencing Symptoms. This study focuses on analyzing the following two problems in the novel and uses Davison and Neale's theory to analyze the data.

The novel "Eleanor Oliphant is A Completely Fine" is a novel that tells about Eleanor's healing journey from her traumatic period. This novel invite reader to explore the life of Eleanor, a woman who appears to be living a monotonous and well-maintained daily routine, but in fact harbors deep emotional wounds. Honeyman meticulously depicts Eleanor's journey toward self-understanding and social connectedness, with each page filled with a heart-wrenching mix of humor and sadness. Readers will be inspired by Eleanor's resilience and courage as she slowly opens up to the world around her. Researchers recommend readers of this novel because it raises mental health issues sensitively and realistically.