

REFERENCES

- Ahyar, J. (2019). *Apa itu sastra; jenis-jenis karya sastra dan bagaimanakah cara menulis dan mengapresiasi sastra*.
- Andriana, W. M., & Kasprabowo, T. (2020). Anxiety and defense mechanism of the main character in “The Black Cat” short story. *Dinamika Bahasa Dan Budaya*, 15(2), 95–103. <https://doi.org/10.35315/bb.v15i2.8225>
- Backman, F. (2021). *Anxious People* (English ed). ATRIA Books.
- Creswell, W. J., & Creswell, D. J. (2018). *Research design: qualitative, quantitative, and mixed methods approaches*. (5th ed). SAGE Publications, Inc.
- Daulay, R., & Qurani, A. S. (2022). Defense mechanism of Sumarni as reflected in Okky Madasari’s the years of the voiceless: a psychoanalysis approach. *Jurnal: Ide Bahasa*, 4. <https://doi.org/10.37296/idebahasa.v4i2.98>
- Febriana, A., & Darma, D. B. (2022). Defense mechanism as a strategy to overcome Jacob’s anxiety in William Landay’s defending Jacob. *JurnalOnoma: Pendidikan, Bahasa Dan Sastra*, 8(1), 331–343. <https://doi.org/10.30605/onoma.v8i1.1730>
- Feist, J., & Feist, G. J. (2008). *Theories of personality* (7th ed.). The McGraw–Hill Companies, Inc.
- Freud, A. (1993). *The ego and the mechanisms of defense* (H.Karnac (ed.)). (Books) Ltd.
- Freud, S. (1989). *The Ego and the Id*. W. W. Norton & Company.
- George, W. M. (2008). *The Elements of Library Research: What Every Student Needs to Know* (1st ed.). Princeton University Press.
- Ivana, N., & Laksono, A. (2022). The portrayal of Sutter Keely’s defense mechanism during adolesence in The Spectacular Now. *Culturalistics: Journal of Cultural, Literary, and Linguistic Studies*, 6(2), 68–74. <https://doi.org/10.14710/culturalistics.v6i2.14890>
- Kishore, S. B. (2023). Analysis of defense mechanisms in Hawkins’The Girl on the Train. *European Journal of Humanities and Social Sciences*. <https://doi.org/10.24018>
- Kurniawan, D. N., & Jati, A. (2021). Repression upon Rachel Chu’s in Kevin Kwan’s Crazy Rich Asians. *Culturalistics: Journal of Cultural, Literary, and Linguistic Studies*, 5(2), 50–59. <https://doi.org/10.14710/culturalistics.v5i2.12480>

- Mahardika, B. A., Susanto, D. A., & Nur'Aini, S. (2023). Analysis of Amir's defense mechanisms projected upon his bereavement in The Kite Runner. *EduLite Journal of English Education, Literature, and Culture*, 8(1), 1–20. <https://doi.org/10.30659/e.8.1.1-20>
- Nurtjahyo, G. (2016). The Anna Leonowens' anxieties and ego defense mechanisms as found in Elizabeth Hand's Anna and The King: a Freudian psychoanalytical approach. *EduLite Journal of English Education, Literature, and Culture*, 1(1). <https://doi.org/10.30659/e.1.1.17-27>
- Palarani, Y., & Hadiyanto, H. (2022). Psychoanalytical conflict, anxiety, and ego defense mechanism of Aza Holmes in John Green's Turtles All the Way Down. *Culturalistics: Journal of Cultural, Literary, and Linguistic Studies*, 6(1), 1–6. <https://doi.org/10.14710/culturalistics.v6i1.14757>
- Patrick, W. K. (1966). *How to analze fiction* (1st ed.). Monarch Press.
- Rosiana, D., Alvina, C. A., Agustin, R. R., & Putra, E. E. (2022). Characters' anxiety and defense mechanisms of the girl on the train novel: psychological approach. *Proceeding of Undergraduate Conference on Literature, Linguistic, and Cultural Studies*, 1. <https://doi.org/10.30996/uncollcs.v1i>
- Schultz, D. P., & Schultz, S. E. (2009). *Theories of personality* (9th ed.). Wadsworth, Cengage Learning.
- Setiawan, F., Jayantini, I. G. A. S. R., Winarta, I. B. G. N., & Suwastini, N. K. A. (2021). Facing anxiety through ego defense mechanisms on The Walking Dead: Michonne movie game. *Journal of Language and Literature*, 21(2), 307–317. h. *Journal of Language and Literature*, 21(2), 307–317. <https://doi.org/10.24071/joll.v21i2.3132>
- The Jakarta Post. (2022, July 15). US actress Constance Wu says attempted suicide after Twitter storm. 2022. <https://www.thejakartapost.com/culture/2022/07/15/us-actress-constance-wu-says-attempted-suicide-after-twitter-storm.html>
- Walker, G., & McCabe, T. (2020). Psychological defence mechanisms during the COVID-19 pandemic: a case series. *The European Journal of Psychiatry*, 35(1). <https://doi.org/10.1016/j.ejpsy.2020.10.005>
- Wellek, R., & Warren, A. (1954). *Rene Wellek, Austin Warren - Theory of Literature* (p. 418).
- Yusuf, A., & Pratama, R. (2021). Tom Hansen's defense mechanisms in (500) Days of Summer Movie by Marc Webb. *Culturalistics: Journal of Cultural, Literary, and Linguistic Studies*, 5, 8–15. <https://doi.org/10.14710/culturalistics.v5i3.12746>
- Zahrah, M. N., & Wijayanti, A. M. (2023). Self-defense mechanism of the main characters in the novel Pünktchen und Anton (A study of Sigmund Freud's

psychoanalytic theory). *Lililacs Journal: English Literature, Linguistics and Cultural Studies.*, 3. <https://doi.org/10.21009/lililacs.031.06>

Zulfaisya, R., & Hasra, H. (2020). Defense mechanism of the main character in Laurie Halse Anderson's Speak novel. *BAHTERA: Jurnal Pendidikan Bahasa Dan Sastra*, 19(2), 313–335.