CHAPTER V

CONCLUSIONS AND RECOMMENDATIONS

The contents of this chapter are divided into two parts called conclusion and recommendation which are based on the result of analysis process carried out by the researcher.

5.1. Conclusions

After the researcher finished analyzing "The Chocolate War" novel by using the theory of bullying acts from Rigby (2007) and impacts of bullying from Rigby (2003), the researcher then draws the conclusion that is based on the discovery from the analysis. From conducting the analysis, the researcher discovered many incidents of bullying that were carried out by bullies to the main character named "Jerry Renault" through physical and non-physical forms where the forms of bullying were separated into direct and indirect and narrowed down to verbal and non-verbal. After reading the whole story, the researcher realizes that majority of bullying acts that occurred to "Jerry Renault" were caused by Jerry's refusal in giving contribution to the yearly chocolate sale in Trinity School. Apart from the discovery of the bullying acts, several impacts of bullying that occurred to "Jerry Renault" were also revealed by the researcher where the impacts that occurred were caused by the acts of bullying that he received.

Regarding to the data in each form of bullying acts found in "The Chocolate War" novel by Robert Cormier that were analyzed by using the theory from Rigby (2007), researcher found thirteen data that are categorized into physical bullying

category that occurred through direct and indirect. In direct physical bullying, the researcher discovered eight data of hitting, three data of kicking, and one data of throwing stones. Whereas in indirect physical bullying, the researcher found one data that occurred through the act of getting another person to assault someone. Besides the data that occurred in physical bullying, the researcher also found sixty-two data that occurred in non-physical bullying where the data are also categorized into direct and indirect that narrowed down to verbal and non-verbal. In direct non-physical bullying, the researcher found thirty-three data that occurred through verbal where twenty-eight data were occurred through the act of verbal insults and five data were occurred through the act of name calling. Aside from verbal, the researcher also found eleven data in non-verbal direct non-physical bullying through the act of threatening with obscene gestures.

Having finished with direct non-physical bullying, the researcher then moved to indirect non-physical bullying. In indirect non-physical bullying, the researcher found thirteen data that occurred through verbal where eight data were revealed through the act of persuading another person to insult someone and five data were found through the act of spreading malicious rumor. Besides verbal, the researcher also found five data in non-verbal indirect non-physical bullying where two data were occurred through the act of removing and hiding belongings and three data were occurred through the act of deliberate exclusion from a group or activity. Based on the overall numbers of bullying incidents mentioned above, the researcher draws a conclusion that "The Chocolate War" novel written by Robert Cormier consists seventy-five data of

bullying acts where almost half of the incidents occurred through verbal insults due to the act that can be carried out openly and directly affect victims' emotions. In contrast, the act of spitting that is categorized into direct physical bullying was not found by researcher due to no data that serve as the evidence.

Apart from the findings of bullying acts in the novel, numbers of data that are categorized into the impacts of bullying were also found by the researcher from doing the analysis by using the theory from Rigby (2003). For the findings, the researcher found thirteen data that are categorized into low level of psychological health, four data that are categorized into poor socialization, four data that are categorized into psychological distress, and six data that are categorized into physical unwell. From twenty-seven data of bullying impacts that occurred in the novel, the researcher concludes the first impact called low-level of psychological health predominantly occurred on the main character named "Jerry Renault" which emerged as the results of the bullying acts that he received.

5.2.   Recommendations

In analyzing the acts of bullying and impacts of bullying faced by "Jerry Renault" as the main character in "The Chocolate War" novel, the researcher faced two obstacles in the analysis process. The first difficulty is the researcher felt difficult to find a detailed definition of the various acts of bullying described by Rigby due to no clear explanation given by him in bullying acts theory. Because of this, the researcher is required to apply the statements from the other experts in order to get the accurate

definition of the various types of bullying actions. Apart from that, the limited time given to the researcher for making this research also requires the researcher to work extra hard and must be more careful in designing this research.

In this sub chapter, the researcher proposes theoretical and practical recommendations for further researchers. Theoretically, the application of bullying acts theory from Rigby (2007) and impacts of bullying from Rigby (2003) in the scope of sociology in this research could potentially enhance students' understanding to the social issues contained in literary works. Due to the phenomena of bullying acts in literary works that give bad impacts to victims' physical and emotional health, literary works can be examined from a sociological or psychological perspective. As a result, the researcher recommends junior students to be able to apply the theory of bullying from Rigby to other literary works in the scope of psychology other than the sociology of literature.

Practically, there has been only few researches that directly applies both theory of bullying acts from Rigby (2007) and impacts of bullying from Rigby (2003) for analyzing literary works. On the other hand, this research only focuses on analyzing the bullying incidents and also the impact of the bullying experienced by the main character named "Jerry Renault". From there, the researcher sees a wide opportunity that can be exploited by future researchers to analyze literary works by using the theory that has been applied in this research with the consideration to the other aspects that could be examined. As a result, the researcher hopes that future researchers will not be

monotonous and will be able to investigate other aspects of bullying problems, such as the role of parents in helping their children to overcome bullying or the laws that control the consequences for bullying.