

**SOCIAL ANXIETY DISORDER OF THE MAIN
CHARACTER IN “CONVENIENCE STORE WOMAN”
NOVEL BY MURATA: PSYCHOLOGICAL
APPROACH**

THESIS



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**DEPARTMENT OF ENGLISH LITERATURE
FACULTY OF SOCIAL SCIENCES AND HUMANITIES
PUTERA BATAM UNIVERSITY**

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**Submitted in Partial Fulfillment of the Requirements for the Degree
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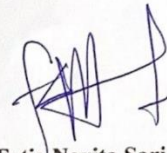
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APPROVAL PAGE

**SOCIAL ANXIETY DISORDER OF THE MAIN CHARACTER IN
“CPNVENIENCE STORE WOMEN” NOVEL BY MURATA:
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This thesis has been examined on the date as indicate below

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ABSTRAK

Gangguan kecemasan sosial adalah suatu kondisi yang digunakan untuk merujuk pada rasa takut dan kekhawatiran yang berlebihan yang berkaitan dengan menghadapi situasi sosial. Aspek-aspek gangguan kecemasan sosial yang ditemukan dalam novel “Convenience Store Women” karya Sayaka Murata. Penelitian ini bertujuan untuk meneliti aspek-aspek gangguan kecemasan sosial. Para peneliti menyelaraskan dengan teori Leary dan Jongman-Sereno (2014) mengenai aspek-aspek gangguan kecemasan sosial. Terdapat tiga aspek gangguan kecemasan sosial yang diperkenalkan oleh Leary dan Jongman-Sereno (2014). Desain penelitian yang digunakan adalah kualitatif oleh Creswell. Teknik pencatatan dan pembacaan yang cermat digunakan untuk mengumpulkan data penelitian oleh Sugiyono. Dalam menganalisis data, penelitian ini menggunakan analisis isi kualitatif oleh Ratna, peneliti menandai ujaran-ujaran yang mengacu pada klasifikasi yang akan diteliti dan menyesuaikan data mentah sesuai dengan teori menurut Leary & Jongman-Sereno. Hasil dari penelitian ini adalah mendefinisikan dan menunjukkan secara deskriptif dalam bentuk ujaran dari karakter utama dalam novel Convenience Store Women. Peneliti menemukan aspek-aspek gangguan kecemasan sosial terdapat 8 data aspek kognitif, 2 data aspek perilaku yang paling sering dirasakan oleh tokoh utama dalam novel “Convenience Store Woman.” Aspek kognitif dirasakan oleh Keiko, sang tokoh utama, ketika ia merasa cemas ketika ingin melakukan sesuatu namun secara spontan ia berpikir bahwa apa yang ia lakukan akan dianggap tidak normal di hadapan orang-orang sekitarnya. Sedangkan aspek perilaku adalah ketika ia ingin meniru rekan kerjanya di minimarket agar ia dipandang sebagai orang yang normal. Namun, untuk aspek fisik, hanya satu data yang ditemukan dalam penelitian ini.

Kata kunci: Psikologi, Gangguan Kecemasan Sosial, Novel, Minimarket

ABSTRACT

Social anxiety disorder is a condition that is used to refer an excessive fear and worries relating to facing social situations. The aspects of social anxiety disorder discovered in “Convenience Store Women” Novel by Sayaka Murata. This research aims to examine the aspects of social anxiety disorder. The researchers cohere with the theory of Leary and Jongman-Sereno (2014) regarding aspects of social anxiety disorder. There are three aspects of social anxiety disorder introduced by Leary and Jongman-Sereno (2014). The research design was qualitative by Creswell. The note-taking and close reading techniques were employed to collect the research data by Sugiyono. In analyzing the data, this research uses qualitative content analysis by Ratna, researchers marked the utterances that refer to the classification to be studied and adjusted the raw data according to theory according to Leary & Jongman-Sereno. The results of this research were define and exhibit descriptively in the form of utterances from the main character in the Convenience Store Women Novel. The researchers found the aspects of social anxiety disorder there are 8 data of cognitive aspects, 2 data of behavioral aspects are most often felt by the main character in the novel “Convenience Store Woman”. The cognitive aspect is felt by Keiko, the main character, when she is anxious when she wants to do something but she spontaneously thinks that what she does will be considered abnormal in front of the surrounding people. While the behavioral aspect is when she wants to imitate her coworkers at the minimarket so that she is seen as a normal person. However, for the physical aspect, only one data was found in this study.

Key words: Psychological, Social Anxiety Disorder, Novel, Convenience Store

MOTTO AND DEDICATION

MOTTO

“Whenever you feel like criticizing anyone ... just remember that all the people in this world haven’t had the advantages that you’ve had.” -F. Scott Fitzgerald

DEDICATION

I dedicated this thesis to myself, my beloved mom and dad in heaven, also my beloved brother and sisters.

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Alhamdulillahirabbila'amin, my deeply praise and gratitude go to Allah SWT for the grace and ease that has been given, so researchers can complete this thesis with the title "Social Anxiety Disorder of the Main Character in "Convenience Store Women" Novel by Murata: Psychological Approach" for the requirements to complete the undergraduate study program (S1) in the English Literature Study Program, University of Putera Batam.

The researcher realizes that the writing of this thesis is far from perfect. Therefore, the researcher will always be happy to receive criticism and suggestions. Through this, the researcher would like to express her deeply gratitude and appreciation to **Mr. Drs. Gaguk Rudianto, M.Pd** as the thesis supervisor who has contributed motivation, thoughts and time in the preparation of this thesis. Furthermore, the researcher would also like to express her sincere gratitude to all parties involved either directly or indirectly to

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The researcher apologizes for any mistakes made during the research and also hopes that this thesis can be useful for the readers. May Allah SWT give the love, protection, happiness, health to all of us

Batam, January 24th 2024

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