

**SELF ESTEEM OF THE MAIN CHARACTER TO
ACHIEVE SELF ACTUALIZATION IN “WONDER”
BY R.J PALACIO: PSYCHOLOGICAL APPROACH**

THESIS



**By:
Sri Astutik
151210148**

**ENGLISH DEPARTMENT
FACULTY OF SOCIAL SCIENCES AND HUMANITIES
PUTERA BATAM UNIVERSITY
YEAR 2019**

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**Submitted in Partial Fulfillment of the Requirements for the Degree of
Sarjana Sastra**



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SURAT PERNYATAAN ORISINALITAS

Yang bertanda tangan di bawah ini saya:

Nama : Sri Astutik
NPM : 151210148
Fakultas : Sosial dan Humaniora
Program Studi : Sastra Inggris

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**SELF ESTEEM OF THE MAIN CHARACTER TO ACHIEVE SELF
ACTUALIZATION IN “WONDER” BY R.J PALACIO:
PSYCHOLOGICAL APPROACH**

Merupakan hasil karya sendiri dan bukan “duplikasi” dari karya orang lain. Sepengetahuan saya, didalam naskah Skripsi ini tidak terdapat karya ilmiah atau pendapat yang pernah ditulis atau diterbitkan oleh orang lain, kecuali yang secara tertulis dikutip didalam naskah ini dan disebutkan dalam sumber kutipan dan daftar pustaka.

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Batam, 19th March 2019

Sri Astutik

151210148

DECLARATION OF THE THESIS ORIGINALITY

I, Sri Astutik, NPM No.151210148
Hereby declare that the thesis entitled:

SELF ESTEEM OF THE MAIN CHARACTER TO ACHIEVE SELF ACTUALIZATION IN “WONDER” BY R.J PALACIO: PSYCHOLOGICAL APPROACH

Is the real work of myself and I realize that thesis has never been published in
other media before, partially or entirely, in the name of mine or others.

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Sri Astutik
151210148

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151210148**

This thesis has been approved to be examined on the date as indicated below

Batam, 19th March 2019

**Winda Evyanto, S.S.,M. MPd.
NIDN: 1016107301**

ABSTRAK

Aktualisasi diri (aktualisasi diri), termasuk pemenuhan diri dengan memaksimalkan penggunaan kapabilitas dan potensi diri. Untuk mencapai puncak aktualisasi diri menurut Maslow ada lima hal yang mempengaruhi pertama adalah kebutuhan fisiologi, kedua kebutuhan keselamatan, ketiga adalah kebutuhan cinta dan memiliki, keempat adalah kebutuhan penghargaan dan yang terakhir adalah aktualisasi diri. Kebutuhan aktualisasi diri juga dimiliki oleh penyandang cacat sebagai upaya untuk meningkatkan pertumbuhan psikologis karena sebagai manusia memiliki potensi untuk tumbuh dan berkembang ke arah yang lebih baik jika kondisi memungkinkan. Dukungan dalam suatu keluarga merupakan cara yang dapat diberikan kepada anak dalam mencapai kebutuhan Maslow yang paling tinggi yaitu aktualisasi diri. Penelitian ini merupakan jenis penelitian kualitatif dan data dikumpulkan dengan teknik dokumentasi. Data dianalisis dengan teknik kategorisasi. Jadi, data yang dilaporkan dengan menggunakan kata-kata dan kalimat. Tujuan penelitian ini mendeskripsikan faktor-faktor untuk mencapai kebutuhan aktualisasi diri oleh Abraham Maslow yang dialami oleh tokoh utama August pada novel “Wonder” oleh R.J Palacio. August adalah anak dengan cacat pada wajahnya yang membutuhkan dukungan karena aktifitasnya sangat terbatas hal itu menyebabkan rasa tidak percaya diri sehingga menimbulkan permasalahan dalam pendidikan dan kehidupan sosialnya. Pada tahap inilah karakter utama harus memenuhi semua unsur kebutuhan harga diri untuk mencapai actualisasi diri.

Kata kunci: *Aktualisasi diri, Harga diri, Psikologi*

ABSTRACT

Self actualization needs (self actualization), including self-fulfillment by maximizing the use of capability and self-potential. To reach the peak of self actualization according to Maslow there are five things that influence the first is psychology needs, second safety needs, third is love and belonging needs, fourth is esteem needs and the last is self actualization. Self - actualization needs are also owned by people with disabilities as an effort to increase psychological growth because as human beings have the potential to grow and develop to a better direction if conditions permit. Support in a family is a way that can be given to the child in achieving needs Maslow the highest is self actualization. In this research, the researcher applies the qualitative method and the researcher use documentatin collecting data method. In this research the researcher used categorization to analyze the data. So, the data of this research is using words and sentences. The purpose of this study to describes the factors to achieve of self actualization needs by Abraham Maslow that occurred in the main character August in the novel "Wonder"by R.J Palacio. August is a child with a disability who needs support because his activities are very limited because of his lack of confident and cause problems in education and social life. In this level (self esteem)the main character must meet all the elements of self esteem to achieve self actualization.

Keywords: Self actualization, Self Esteem, Psychological

MOTTO AND DEDICATION

MOTTO

IF YOU CAN DREAM IT, YOU CAN DO IT

DEDICATION

**I WOULD LIKE TO DEDICATED MY THESIS
TO MY BELOVED PARENTS AND SISTERS**

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All praise to God the lord is merciful and compassionate researcher who has been in completing this thesis entitled “Self-Esteem of The Main Character to Achieve Self Actualization in “Wonder” by R.J Palacio: Psychological Approach”. The researcher would like to say thanks to the beloved parents for love inspiring and blessing given endlessly to researcher in taking this undergraduate program. The researcher wishes to express gratitude and appreciation to Mr. Winda Evyanto, S.S., M.MPd. as my advisor who has contributed ideas and time in arranging this thesis.

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Batam, 19th March 2019

Sri Astutik

151210148

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