

CHAPTER I

INTRODUCTION

1.1 Background of the Research

Nowadays every human or people in this world need a communication to build a relationship. the basic needs for human being are such as friendship, love and affection. All of these are a natural reason as human being to build a relationship. People with cancer have a limited interaction because most of them were treated as the special one. This treatment makes them lack interaction. As a result, it is hard for them to interact with people and build a relationship with other people. It could be found the example of the situation happened in the novel of “The Fault in our Stars”. Hazel as one of the main characters in the novel is an introvert person whereas she always rejects to meet anyone and stay in her room reading books. There is one time that she was forced to go to a cancer community where she found a lot of people who also had cancer. She finally met a guy name Augustus who shares similar interest with her. From there on she begins to have more communication with Augustus and the relationship begin to develop through the similarity of theirs interest.

Other than similarity, there are some factors that could also affect in building a relationship. According to Feldman (1999), there are several factors that are influencing by friendship just like, they have a similarity, reciprocity of liking, positive individuality, physical form and manners. To build up a good relationship between two people, it is necessary for people to share something in common and no exception could be explained by interpersonal relationship and

social exchange in order to be more specific in the step of building a good relationship.

It emphasizes the importance of the effort in maintaining the relationship between the partners because of the difficulty of facing the cancer. Manne & Badr (2008) stated that Partners or couples especially deal with challenges, such as worry about the likely loss of their life partner and their ability to provide support to the patient. In Manne & Badr (2008) research showed that there are 25 partners who participate and accomplished the surveys, 15 partners out of 25 finished all 5 sessions, and 12 partners out of 25 finished the addition survey. As the results proposed that the participation enhanced patient and partner understanding of the friendship in their relationship and concentrated their pain caused by the cancer.

Besides, just like in any other relationship, people also have a few differences in each of them. Those typical differences were the cause of their relationship incomparability. Those common differences found among them become the great obsession for them to build up their relationship. The researcher was absorbed in learning the connection that happens in mutually the characters especially Hazel and Augustus relation in the story of "*The Fault in Our Stars*" with interpersonal relationship. The theory of Interpersonal Relationship have some points that the researcher is going to discuss about it, they are similarity, reciprocity of liking, positive individuality, and physical form and manners which proposed by Feldman (1999). Meanwhile the social exchange theory, there are also some points that the researcher are going to discuss in this topic, they are complication and hindrance which proposed by Thibaut & Kelley (1959).

One of those sixth well-liked fiction works from John Green that presented throughout January 2012 was “The Fault in Our Stars”. This work of fiction has been the beloved story among those youngsters who are attracted by the relationship happen between the major characters in the story. The story is about a young girl whose have a medical condition called the thyroid Cancer. Hazel is obligatory via her parents to be there at a support group. She moves toward and paying attention to the 17-year-old gentleman, an ex-basketball player. A feature film variation of the novel, Josh Boone as the director, Hazel Grace Lancaster cast by Shailene Woodley, Augustus Waters cast by Ansel Elgort.

To hold up this research, the researcher chose this novel to allow someone observes the psychological relationship entitled “*The Fault in Our Stars*” novel. The researcher resolved the issues with Feldman (1999) theory about the interpersonal relationship and Thibaut & Kelley (1959) theory about social exchange. This novel includes the human’s want in their existence such as love, happiness, friendship, and etc. Nowadays people were in that sort of position where they could achieve with some love and notice from other people. To study this in seriousness, the researcher will come across concerning the complication and hindrance that affect both Hazel and Augustus relationship.

The book was out scheduled on June 6th, 2014. Both the book and its film adaptation were met with strong critical and commercial success. On December 21st, 2011, 1.500 copies of the work of fiction were accidentally shipped by Barnes & Noble Company earlier than the release appointment date to public who have preordered the novel (Green, 2011). The book was ranked #84 on Amazon

website and was also Barnes & Noble bestseller book in June 2011 shortly after the book title was announced (Trachtenberg, 2011). “*The Fault in Our Stars*” debuted at rank #1 taking place the ‘*New York Times*’ Best Seller list for children’s chapter books and remain in the spot for seven weeks (Children’s Chapter Books, 2012). “*The Fault in Our Stars*” in addition gain places on quite a lot of bestseller list. It was ranked #1 on *The Wall Street Journal* bestseller list, ranked #1 on the *Indiebound* bestseller list, and ranked #9 on *The Bookseller* bestseller list. The work of fiction was as well The ‘*New York Times*’ Book appraisal Editor’s Choice (Johngreenbooks.com: *The Fault in our Stars*, 2012).

The researcher could see how Hazel and August pleasure each other both in a specific state and terribly with the deadly disease that is hardly can be cured. They accompany and take care of each other in every way and overlook their body lacks as a person with a deadly disease. Those were resemblance of their background as a cancer sufferer which is a deadly disease. Arianto & Ambalegin (2019) stated that the unity between people was defined as love that could maintain their truthfulness and personality. There is a quotation from the novel that could indicate as one of the factors that influencing the relationship.

“Augustus was amazing, but he’d ruined everything at the picnic, right down to the sandwiches that were representationally ringing but felt awful and the learned monologue that disallowed discussion. It all felt Romantic, but not romantic.”(Green, 2012)

The bolded quotation above indicated as one of the interpersonal relationships that happens within Augustus. It shows that Augustus was complimented by Hazel. The statement “Augustus was amazing” was a positive quality of Augustus that was seen by Hazel. Augustus is a warm, incredible, and

easy-going person and a very good listener which makes other people feel comfortable around him. The positive qualities of Augustus were the reason that Hazel began to fall in love with him that make it an unconditional love.

Psychological research has been studied by various people in a variety of points of view. The first previous research which was written by Nesari, Shahraz, Filinezhad, & Nesari (2011) in the *Procedia* journal with Scopus indexed under the title “A Study of The Lack of Identity in Luigi Pirandello’s Six Characters in Search of an Author and Henry IV”. In this journal, Nesari analyzed the concept of “self” and “identity” with the theory of Archetypes which proposed by Carl Gustav Jung. Secondly, the previous research which was written by Goh & Arianto (2019) in *Jurnal Basis* with Sinta 4 indexed under the title “An Effect of Psychological Conflict to Elsa Personality Development in Frozen: Psychological Approach”. In this journal, Goh focused on analyzing Elsa character development and the conflict happened around Elsa. Goh used the theory of Kurt Lewin to analyze the psychological conflict and theory of Elizabeth B. Hurlock to analyze the personality development.

This research is different from both articles above. This research tried to reveal the interpersonal relationship that could be found in both the Hazel and Augustus and the social exchange of Thibaut & Kelley (1959) theory that reflected in the relationship between Hazel and Augustus. This research was chosen for two reasons. Foremost, “*The Fault in Our Stars*” novel have an enormous story about relationship that reflected in the main characters life and to

know how the theories of Thibaut & Kelly and Robert S. Feldman are reflected in the Hazel and Augustus.

1.2 Identification of the Problem

According to Ratna (2012), identification of the problem is the approach to discover the entire problem which occur from the surroundings. Pass on to the background of the research, the researcher constructs several problems that are able to be acknowledged such as:

1. The types of interpersonal relationship in “The Fault in our Stars” novel.
2. The types of social exchange in “The Fault in our Stars” novel.
3. How does interpersonal affect the character of Hazel.
4. How does the social exchange affect the character of Hazel.
5. The impact of interpersonal relationship towards social exchange in “The Fault in our Stars” novel.

1.3 Limitation of the Problem

Based on the problems above, the researcher limits this research into two categories, they are;

1. The types of interpersonal relationship factors influencing Hazel and Augustus friendship in “The Fault in our Stars” novel.
2. The types of Social exchange found in Hazel and Augustus character in “The Fault in our Stars” novel.

1.4 Formulation of the Problem

The researcher formulates the main problems to be answered as stated in the following research questions:

1. What are the types of interpersonal relationship factors influencing Hazel and Augustus friendship in “The Fault in our Stars” novel?
2. What are the types of social exchange found in the character of Hazel and Augustus in the “The Fault in our Stars” novel?

1.5 The Objective of the Research

In this research, the researcher found some objective of why the researcher does this research:

1. To find out the types of interpersonal relationship factors that influencing Hazel and Augustus friendship in “The Fault in our Stars” novel.
2. To find out the types of social exchange found in Hazel and Augustus character in “The Fault in our Stars” novel.

1.6 The Significance of the Research

1. Theoretically

This research would have some various intentions in doing the research. First, this research is anticipated and expected to present extra information for the reader about the Interpersonal Relationship and Social Exchange in term of psychology. Second, this research is as well anticipated to develop the researcher knowledge, understanding as well as in the compliance of the materials within a science research, particularly concerning the researcher knowledge of psychological aspects. The last, this research will turn out to be an evaluation for future research.

2. Practically

This research is also expecting to be a valuable research for the particular person in conducting a research. First, this research contributes the knowledge to people about English language and literature especially in psychology. Second, this research is likely to give a further contribution to the researcher in describing the phenomena of psychology that mostly happen in the world of fiction. This research in addition gives suggestion to the readers who would like to be on familiar terms with the type and motivation for choosing the Interpersonal relationship and social exchange theory.

1.7 Definition of Key Terms

Interpersonal Relationship : A contribution of a person to a well and great relationship with one after another through an internal factors within a person themselves.
(Feldman, 1999)

Social Exchange : A contribution of a relationship within a person in order to build a better relationship with one another through the external factors.
(Thibaut & Kelley, 1959)

Psychological Approach : Psychology, broadly defined, is the scientific study of behavior, both external observable action and internal thought.(Wellek & Warren, 1963)