

**SAFETY NEEDS OF THE MAIN CHARACTER IN THE
NOVEL “SEEING RED” BY SANDRA BROWN:
PSYCHOLOGICAL APPROACH**

THESIS



**By:
Sepwin LT Simaremare
151210089**

**ENGLISH DEPARTMENT
FACULTY OF SOCIAL SCIENCES AND HUMANITIES
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Sepwin LT Simaremare
NPM 151210089

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I, Sepwin LT Simaremare NPM NO. 151210089
hereby declare that the thesis entitled

SAFETY NEEDS OF THE MAIN CHARACTER IN THE NOVEL “SEEING RED” BY SANDRA BROWN: PSYCHOLOGICAL APPROACH

Is the real work of myself and I realize that this thesis has never been published in other media before, partially or entirely, in the name of minds or others.

Batam, August 8th, 2019

Sepwin LT Simaremare
151210089

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THESIS

**Submitted in partial fulfilment of the requirements for the degree of Sarjana
Sastra**

**By
Sepwin LT Simaremare
151210089**

has been approved to be examined on the date as indicated below

Batam, August 8th, 2019

**Emil Eka Putra, S.S., M.Hum
NIDN: 0005068009**

ABSTRAK

Penelitian ini bertujuan untuk menganalisis aspek kebutuhan keselamatan karakter utama, John Trapper, dalam novel "Seeing Red" oleh Sandra Brown. Kebutuhan keselamatan merupakan salah satu aspek yang harus dimiliki seseorang untuk melakukan kegiatannya didalam kehidupan sehari-hari. Untuk mendapatkan pemahaman yang lebih dalam tentang aspek kebutuhan keselamatan karakter utama dalam novel "Seeing Red", peneliti menggunakan pendekatan Psikologi yang dikembangkan oleh Abraham Maslow dalam teorinya yang berjudul hierarki kebutuhan. Fokus penelitian ini mengacu pada kebutuhan keselamatan yang meliputi, kebutuhan keamanan, kebutuhan pekerjaan, kebutuhan kesehatan, dan kebebasan dari ketakutan. Untuk menganalisis penelitian ini, peneliti menggunakan metode deskriptif kualitatif. Dalam mengumpulkan data, peneliti menggunakan metode dokumentasi dalam proses analisis data. Data yang dikumpulkan dapat berupa bentuk kalimat, ucapan, tindakan, dan narasi yang terkait dengan kebutuhan keselamatan karakter utama didalam cerita. Dalam penelitian ini, peneliti hanya menemukan dua poin dari empat bagian kebutuhan keselamatan, yaitu, kebutuhan akan pekerjaan karakter utama John Trapper dan kebutuhan akan keamanan karakter utama John Trapper. Dari analisis data tersebut, peneliti menemukan bahwa kebutuhan keselamatan pada karakter utama John Trapper terpenuhi. Kemudian dia mendapatkan haknya kembali dengan bekerja kembali layaknya manusia lain dan setelah menyelesaikan misinya tokoh utama John Trapper layak untuk menjalani hidup tanpa adanya ancaman dan tekanan dari pihak manapun.

Kata kunci: *Hirarki kebutuhan, Kebutuhan keselamatan, Psikologi*

ABSTRACT

This study aims to analyze aspects of the safety needs of the main character, John Trapper, in the novel "Seeing Red" by Sandra Brown. Safety needs are one aspect that must be owned by someone to carry out their activities in daily life. To gain a deeper understanding of the aspects of the safety needs of the main character in the novel "Seeing Red", the researcher used the Psychology approach developed by Abraham Maslow in his theory hierarchy of needs. The focus of the study refers to safety needs which include, security needs, employment needs, health needs, and freedom from fear. To analyze this study, the researcher used descriptive qualitative methods. In collecting data, the researcher used documentation method in a process data analysis. The data collected in the form of sentences, utterances, actions, and narratives related to the safety needs of the main character of the story. In this study, the researcher only found two points from four parts of safety needs, namely, the need for employment of the main character John Trapper and the need for security of the main character John Trapper. From the data analysis, the researcher found that the safety needs of the main character John Trapper are fulfilled. Then he got back his job and after completing his mission, John Trapper as the main character worthy to be lived without threaten and pressure from other part.

Keywords: Hierarchy of needs, Psychological, Safety Needs

MOTTO AND DECLARATION

MOTTO

Before I formed thee in the belly I knew thee; and before thou camest forth out of the womb I sanctified thee, and I ordained thee a prophet unto the nations.

Jeremiah 1: 5

DEDICATION

This thesis is proudly dedicated to
My beloved Father Pakistan Simaremare and Mother Pesta Rajagukguk, and all my
siblings and Family
All lecturers and staff at Putera Batam University

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First of all, all praise and worship to my almighty God Jesus Christ for blessing and strengthen me. So that, this thesis could be finished with the right time and the right plan. This thesis entitled “Safety Needs of The Main Character in The Novel Seeing Red by Sandra Brown: Psychological Approach”.

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CHAPTER I

INTRODUCTION

1.1 Background of the Research

The simple way to define Literature is everything in print, Wellek & Warren (1948, p. 9) It means that literature is a written text. Furthermore, Wellek & Warren (1948) stated that Literature is a social institution, using language as a medium for the creation of social thought, which the author imitates life and social reality as objects that appear in society. It can be said that Literature is a world of imagination created by authors who come from themselves and the environment around the author. Furthermore, Literature also can be said as an illustration product from all aspects of social life. As a product that created based on aspects of social life, the author reflects their psychological aspect to literary works. Abrams (1999, p. 247) stated that psychology is related to literary works primarily as expressions, in the form of fiction, from the state of mind and the personality structure of the writer. It can be interpreted that psychological conditions and social events from actual life are captured in a text that is literary work.

Besides that, literary work comes from the author's imagination, the ideas and events that occur in the story are aspects which felt by the author in the real society. Turning on these ideas and events, the author implements them into characters in the story. The author reflected the events which depict the actual life of human being through the characters. Every characters played a different roles in the story. Whereas,

the differences will create different psychological conflicts as the author felt in the real life. Thus the characters of the story are always involved with the psychological aspects that are imitated by the author. Based on the explanation above, it can be concluded that literary works are works of imagination that represent the social life of the writer with the psychological aspects which played by the characters of the story.

Aside from being an imaginative work, literature could be said as a product of creativity and art. It said as creativity and art because literary work is a written text that presents an entertainment effect for its readers which is not forgetting the sense, aspirations, views, and ideas that can be felt by the readers. Literary works will be succeed if it is able to attract the reader's attention and taking of the values which occurred in the story. So that, the reader indirectly could felt every event that occurs in the story. A good literary work is not only known for providing a mere entertainment effect for its readers, but also literary works must gave a positive impact to every literary connoisseur.

One of the literary works that reflected the psychological phenomenon in the real life to the story is a novel, where the stories in the novel contain psychological conflicts, including conflicts with themselves and conflicts with the surrounding environment. The novel "Seeing Red" by Sandra Brown is one of the novels that shows the phenomenon about psychology. The novel "Seeing Red" is the thirtieth work written by Sandra Brown published in 2017, where the novel told about the story of the main character named John Trapper. The persistency of Trapper personality who tried to uncover the perpetrators of the bombing case at the Hotel Pegasus in the city of Dallas.

John Trapper who tried to uncover the case must accept the fact that he was fired from the ATF agent. Disagreements between John Trapper and his boss made him lose his job.

In addition to his tenacity, John Trapper is also known as a person who has high prejudice and intellect which makes the bombers feel afraid that their secrets are revealed. In that case, the bombers always sent a spy to watch John Trapper's movements. Besides that, John Trapper had to accept the fact that the office where he worked was destroyed by the bombers. In his investigation, John Trapper also realized that his investigations threatened his own safety. Nevertheless, at the end of the story, John Trapper succeeded in revealing the perpetrators of the bombing.

Based on the explanation above, the novel entitled "Seeing Red" contains stories that represent human life. The main characters in the story need security in an effort to find the perpetrators of bombing cases that occurred in Dallas. Therefore, the researcher saw the aspects of the security needs of the characters in the novel "Seeing Red" by Sandra Brown. This security need can be analyzed by the psychological theory developed by Abraham Maslow. In his book *Motivation and Personality*, Maslow said that humans have five hierarchy needs. Basic needs or physiology needs, safety needs, love and belongingness needs, self-esteem needs, and the last self-actualization needs. These needs are closely related to one another. If basic needs are met, then humans will fulfill their next needs, and so on.

In this study, the researcher used the theory hierarchy of needs to analyze the safety needs of the main characters in the novel "Seeing Red" by Sandra Brown. The

researcher focused on the second need, namely safety needs. The researcher saw the phenomena of the safety needs that the character need in carrying out the investigation into the bombing case. It can be seen the aspects of security needs that proven based on the quotations below.

"Enough light was made from the partially open window blinds that he could see that the place had been ransacked. His file drawers have been pulled from the cabinet and emptied, their contents are strewn everywhere. The cushions on the couch have been slashed and disemboweled. Chairs and lamps have been overturned. "(Red, p. 167)

As a private investigator, John Trapper spends more time in his office because he feels safe to be there. But that was not as safe as he thought. If it is seen from the quotation above, his office space got an attack which resulted in the destruction of important items such as documents and furniture that are in his office. So, it can be concluded that the security needs of John Trapper is not safe anymore.

In addition, John Trapper in carrying out his investigation gets a threat that threatens him. It can be proven by the quotation below.

"During their exchange, we have been expecting an attack to come from behind them. He kept his senses attuned to any sound or motion that would have signed it. But no one sneaked up on them. It appeared that Wilcox was acting alone. Wilcox indicated the mess made of the office and said, "I didn't do this. It was this way when I got here. "(Red, p. 170)

The quotation above shows that the security needs of John Trapper is being threatened. This event occurs when the trapper comes to his office which has fallen apart. When he entered the room, the bomber pointed his gun at the trapper's body. Based on the quotation above, it has been explained that there are safety needs that must be fought of the character to meet their next needs. That aspect of safety needs

makes this novel is applicable to analyze the psychological approach by Abraham Maslow.

The researcher has pursued a search, however the researcher did not find any researcher that used novel "Seeing Red" as the object of the research. The researcher assume it is possible because the novel "Seeing Red" is a new published novel in 2017. In addition, novel "Seeing Red" is very feasible to be used as an object of the research. By considering the fact that had been describe above there are three reason why researcher choose novel "Seeing Red" as the object of the research. First, because the researcher sees the relation between novel "Seeing Red" and psychology. Second, the researcher also sees that the characters in the novel reflected or imitate real social life. No one research that used novel "Seeing Red" as the object of their research. Thus, with the three points described above the researcher interests in conducting this novel "Seeing Red" as the object of this research and that reinforces the reason for researcher to examine the psychological phenomenon of the main character in the novel with the title *"Safety Needs of the Main Character in the Novel Seeing Red by Sandra Brown; Psychological Approach."*

1.2 Identification of Problem

Based on the background of the research above the researcher found several problems, they are:

1. The self-esteem of the main character John Trapper to reveal the bombing case.

2. The safety needs of the main character John Trapper in the novel “Seeing Red”.

1.3 Limitation of Problem

After identifying the problems above, the researcher limits in to problem as follows:

1. Safety needs of the main character in the novel “Seeing Red” by Sandra Brown.

1.4 The Formulation of Problem

After limiting the problem, the researcher formulates the problem that can be investigated, as follows:

1. What are the aspects of the safety needs of the main character that found in the novel “Seeing Red” by Sandra Brown?
2. By using what ways safety needs of the main character fulfilled?

1.5 Objective of the Research

Related to the formulation of the problem above, the objective of the research are:

1. To classify the safety needs form of the main character in the novel Seeing Red by Sandra Brown

2. To describe the fulfillment of safety needs of the main character in the novel
Seeing Red by Sandra Brown

1.6 Significance of the Research

This research has two significance. After the researcher completed this research, hopefully this research will be more useful for both practically and theoretically.

1. Theoretical Significance

This research is intended to be able to understand the safety needs theory by Abraham Maslow. It could be enriched and also hope the reader open the new insight of the hierarchy of needs. The writer expected, this research could be more useful as a source and sample for teaching and learning in psychological approach especially in hierarchy needs theory.

2. Practical Significance

This research is expected to be more useful to readers especially for English department student who are interested to analyse the safety needs. Hopefully, this research will be worthy enough for the student as a references analysing of hierarchy needs theory. Finally, this research could give more information to the next researcher who interested in analysing the hierarchy of needs theory by Abraham Maslow.

1.7 Definition of key terms

1. Safety Needs: is the second level of hierarchy of needs which include security, employment, health, freedom from fear, (Maslow, 1954)
2. Psychological: Psychological approach in Literature is the scientific discipline deals with a work literature primarily as an expression of the state of mind and the structure of personality of the individual author (Abrams, 1999).

CHAPTER II

REVIEW OF RELATED LITERATURE AND THEORETICAL FRAMEWORK

2.1 Psychological Approach

Psychological approach in Literature is the scientific discipline deals with a work literature primarily as an expression of the state of mind and the structure of personality of the individual author (Abrams, 1999). It means that, this approach emphasize the psychological aspects in the story. Based on the opinion above, it can be concluded that Psychological approach is one of the literary approaches that emphasizes the psychological aspects described through characters in literary works, where these figures are only displayed in fiction.

One of the psychologist who developed the psychology theory was Abraham Maslow. Maslow (1954) said that psychology is a study of human behavior, it is suitable to be applied in analyzing the personality in literary work especially novel. In his book "*Motivation and Personality*", Maslow developed the theory psychology in to five of hierarchy of needs. He said that to reach the next level of needs, human must be fulfilled the basic needs.

2.2 Maslow's the Hierarchy of Needs

In his book Maslow said that need is one of the human factors to achieve his desires. This need is a starting point that motivates people and that drives human physiologists to get their achievement from the lowest level to the highest level. Maslow also said that to meet their needs humans have five levels of achievement which are referred to hierarchy of needs. Which consists of physiological needs, safety needs, love and belongingness needs, self-esteem, and self-actualization. To reach the highest level of hierarchy of needs human must reach the lowest level of the hierarchy of needs.

2.2.1 Physiological Needs

Needs is something that become the starting point of the motivation theory. Basic needs or Physiological needs is the first stage of hierarchy of needs. As the first stage, human must be gratified the physiological needs to moving forward to next needs. Physiological needs consists of needs for food, breathing, water, sleep, clothes. Physiological needs are the most superior needs delivered by other needs. Basically people need more food to survive than they need to achieve other achievements. If the basic needs were fulfilled then human can reach the next level of hierarchy of needs.

2.2.2 Safety Needs

In his book, Maslow said that if the basic needs was gratified then it can be continued to the next level. Safety needs is the second level of hierarchy of needs.

Feeling safe is one of the needs of human life. Safe feeling will prevent humans from anxiety, fear, and feeling free from disturbances that threaten someone's life. In his book, Maslow points out that feeling safe is not only free from danger, and the threatened life. But Maslow also said that the feeling of security could be legal justice, health, and stability. Maslow stated that in this level safety needs includes security, Employment, health, freedom from fear.

2.2.3 Needs of Love, Affection and Belongingness

The third level of hierarchy needs are needs of love and belongingness. After the two of hierarchy needs were fulfilled then human will looking for Love and Belongingness. Maslow said that people seeks to overcome the feelings of loneliness and alienation. This sense must be involved by giving and receiving love, affection and belongingness. It includes of intimacy, love from family, acceptance and understanding and affection.

2.2.4 Needs for Esteem

When the three stages of needs were gratified, the needs for esteem can be fulfilled. These involve needs for both self-esteem a person gets from others. Human have a need for a stable, firmly based, high level of self-respect, and respect from others. When these needs were satisfied, the person feels self-confident and valuable as a person in the world. When these needs were frustrated, the person feels inferior, weak, helpless and worthless.

2.2.5 Needs for Self-Actualization

The peak of hierarchy of needs was Self-actualization, after all of needs were gartified. When the human were fulfilled all of these hierarchy of needs, they did not to seek another needs again. Because, human were reach all of the needs that they desire.

2.3 Previous Research

In this research the researcher found some research that used theory Hierarchy of Needs by Abraham Maslow. The researcher found from student Black Hills State University USA, Caffee, (2013). This research entitled "Man Does Not Live by Bread Alone . . . Unless There is No Bread: An Analysis of Dickens Characters Using Maslow's Hierarchy of Needs". This research focused to analyze all of the character that lived in the "Black House" home which is written by Charles Dickens. The aim of the research to find out the struggling of the characters to fulfill their needs by using Theory Hierarchy of needs Abraham Maslow.

The second research is Du (2014) from Inner Mongolia University for Nationalities, China. This research entitled with "Exploring the Theme of Self-Actualization in Maya Angelou's Poetry". The purpose of this research to explore the theme of self-actualization of African Americans in her poetry. The result of this research Maya Angelou keeps alive ethnic culture and leads African Americans out of the margin. Therefore, Maya Angelou is a cultural poet who fulfills the task of transmitting cultures.

The third research is Du (2017) Inner Mongolia University for Nationalities, China. The title of this research is “A Journey of Self-Actualization of Amir in The Kite Runner”. The aim of this research is to reveal that on Amir’s way to redemption for what he did to Hassan, he has obtained the power of pursuit of love, loyalty, responsibility, dignity and courage. After conducting the research, the researcher conclude that Amir finally completed his self-salvation and became mature. After suffering from psychological torment, which raises him to a new height and makes him realize and correct the past mistakes, Amir enters a realm in the spirit of transcendence.

The fourth research from Postgraduate of Sebelas Maret University, Indonesia, they are Lestari, Waluyo, & Wardani (2019) with the title “Humanistic Psychology Study of Abraham Maslow on the Main Character in Tiba Sebelum Berangkat Novel by Faisal Oddang”. The aim of this research is to analyze the main character in the novel Tiba Sebelum Berangkat by Faisal Oddang using the humanistic psychology approach of Abraham Maslow. The data used in this research were analyzed by using descriptive qualitative research method. The result of this research indicated that the main character in the novel Tiba Sebelum Berangkat by Faisal Oddang had and performed actions that can be analyzed by using Abraham Maslow's hierarchy of needs.

The last research Lestari et al., (2018) with the title “Self-actualization of The Main Character Hujan Novel by Tere Liye A Review of Psychology Abraham Maslow” from State University of Jakarta. The purpose of this research aims to self-actualization of depictions of the main characters of the Novel Hujan work of Tere Liye and structure of which is contained in the novel. This research is qualitative research using the

method of content analysis. The result of this research indicate the six basic needs of Hierarchy of Needs by Maslow. However, character only meet some of the needs they can actualize themselves.

Based on the five of the previous research above, it can be concluded that the five of previous research above were closely same with this research. The five and this research use the same theory of hierarchy of needs by Abraham Maslow. In contrast, the first and the fourth previous research were analyzed all of the Needs of Hierarchy of Needs by Abraham Maslow and the object of this research is the Safety Needs of the main Character in the novel "Seeing Red" by Sandra Brown. Whereas, the second, third and the last previous research above different with this research. The contrast is the third research focused to analyze the Self-Actualization of the characters and this research focused to analyzed the Safety Needs of the main Character in the Novel "Seeing Red".

2.4 Theoretical Framework

The following is the theoretical framework of this research

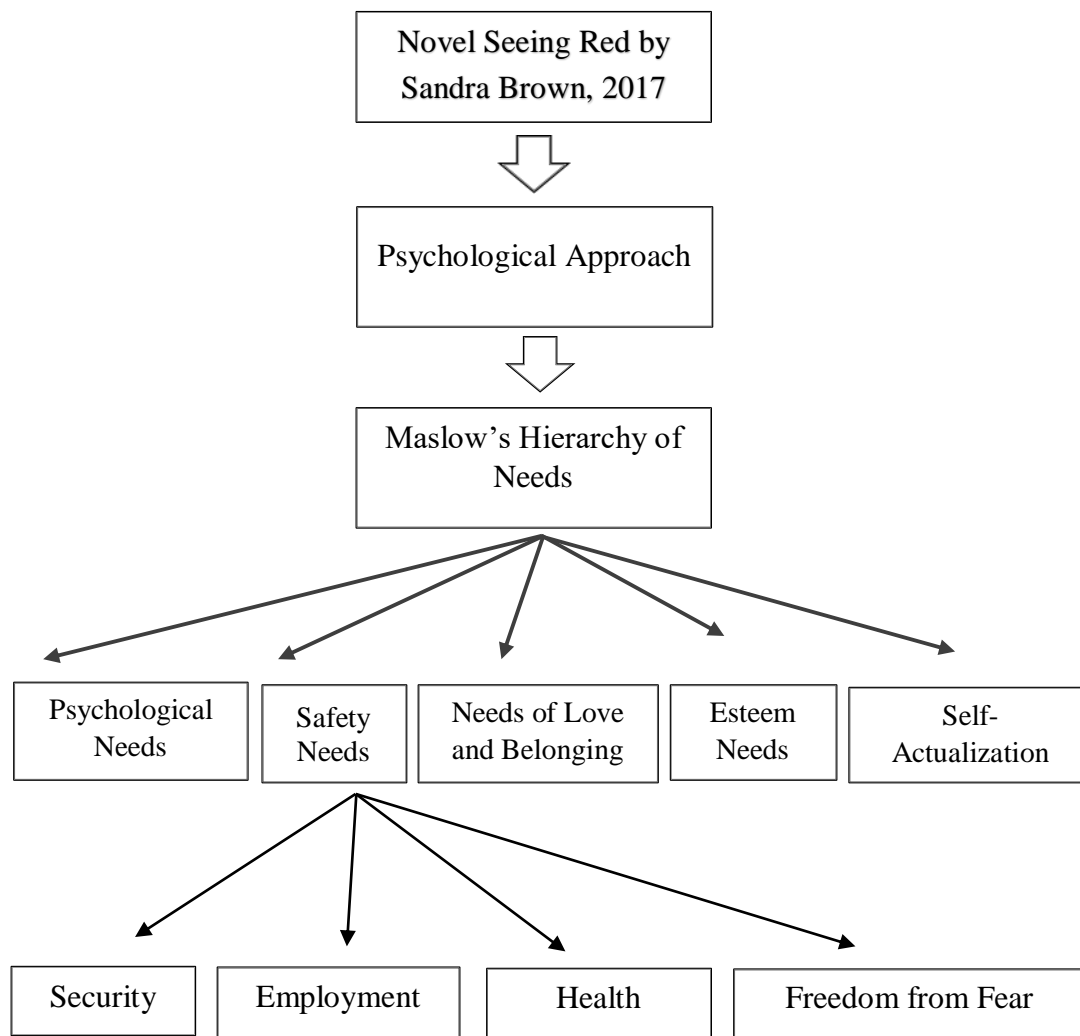


Figure 2.4 theoretical framework

This research used novel “Seeing Red” by Sandra Brown (2017) as the main source of the research data. After reading the novel, the researcher found the phenomenon that related to the psychological theory. Based on the psychological phenomenon, the

researcher used the theory Hierarchy of needs by Abraham Maslow. Hierarchy of needs divided into five levels of hierarchy of needs, they are physiological needs, safety needs, love and belongingness needs, self-esteem needs, and self-actualization. This research focused to the second level namely safety needs.

CHAPTER III

METHOD OF THE RESEARCH

3.1 Research Design

The researcher used qualitative research method in conducting the research to analyse data. This method is developed in social sciences to allow the student to study the social phenomenon. This is used to examine the data and the researcher will get a lot of detailed information. Bogdan et al (2016) said that qualitative methodology is one way or step of research to get descriptive data both verbally and in writing through people and behaviors experienced. From the explanation above, it can be concluded that qualitative research is a research that aims to understand the phenomenon experienced by research subjects such as: perception, behavior, motivation, action and by way of description in the form of word and language or natural context.

3.2 Object of the Research

To solve the problem that the research found the data to analyzed. In this research, the object of the research is the Safety of Needs by character in the novel “Seeing Red.” There are two types of source data as follows:

1. Primary Data Source

Primary data is the main data that used by the researcher in this research. The source data that the researcher use is the novel “Seeing Red” by Sandra Brown.

2. Secondary Data Source

The secondary data which the researcher found from such outside source such as the book and journal to guide the researcher being easy to analyzed the problem.

3.3 Method of Collecting Data

Method of the collecting data is the way the researcher doing an action to get data which the researcher conducted. Beside the document the researcher focused to get the data. There are several steps that the researcher conduct to collecting the data as needed:

1. Reading. The researcher reads the whole story of the novel for several times to get the deeper meaning and pay attention to the implicit meaning.
2. Highlighting the text that shows the data of safety needs, classify and grouping the data about safety needs.
3. Make a note. During reading the novel "Seeing Red". Note technique is used to note any quotation about the psychological phenomenon and dialogue. By using this technique, the researcher knew about the context of dialogue.

3.4 Method of Analyzing Data

Bogdan (2016) qualitative data analysis is an attempt done by working with data organizing data, sorting it into manageable units, synthesizing it, searching and finding patterns, finding what is important and what is learned and deciding what can be told others. The process of data analysis is done through several stages; data reduction,

presentation or display of data and conclusion or verification. The step of analysis process is follows:

1. Data Reduction

Reducing data means summarizing, choosing the essential data, focusing on the problem, searching of the themes, patterns and removing unnecessary data. It means to look for a data that related to the psychology phenomena in the “Seeing Red” novel. After found the phenomenon related to psychology which is collected, data collection is done, then to get the most appropriate data that is in accordance with the psychology phenomena.

2. Data display

By displaying the data, the researcher easy to understand and easy to analyze what was happened with the data presented. The next step, the researcher began to do the next plan based on what the researcher has experienced.

3. Conclusion Drawing/Verification

These are the final step in the process of data analysis. In this stage the researcher express the conclusion of the data that have been obtained.

3.5 Method of Presenting Research Result

There are two method of presenting the result analysis: they are informal and formal Sudaryanto (2015). In this research, the researcher presented the analysis by using informal method to present the analyzed data. It means that, the result was presented by using words and sentences, or explain by verbal description.