

**DEFENSE MECHANISM SYSTEM OF THE
MAIN CHARACTER IN THE WHISPERING SKULL
NOVEL: PSYCHOLOGICAL APPROACH**

THESIS



**By:
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**ENGLISH DEPARTMENT
FACULTY OF SOCIAL SCIENCE AND HUMANITIES
PUTERA BATAM UNIVERSITY
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Submitted in partial fulfillment of the requirement for English Sarjana Sastra



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Is the real work of myself and I realize that thesis has never been published in other media before, partially or entirely, in the name of mine or others.

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Thesis

**Examined in Partial Fulfillment of the Requirement for the Degree of Sarjana
Sastra**

This Thesis has been examined and approved on the date as indicated below

Batam, 20th February 2020

A handwritten signature in blue ink, appearing to read 'Winda Evyanto', with a stylized flourish at the end.

**Winda Evyanto, S.S., M.MPd.
Supervisor**

ABSTRAK

Penelitian ini fokus pada tipe-tipe sistem pertahanan diri yang terdapat dalam novel Jonathan Stroud yang berjudul The Whispering Skull dengan menggunakan pendekatan psikologi. Peneliti tertarik untuk menganalisis psikolog manusia. Bagaimana manusia bereaksi pada situasi yang tidak terduga ataupun situasi yang tidak menyenangkan akan dibahas dalam penelitian ini. Teori yang digunakan dalam penelitian adalah teori Sigmund Freud. Sistem pertahanan diri dapat diartikan sebagai suatu cara manusia untuk melindungi diri sendiri ketika menghadapi situasi atau perasaan yang kurang menyenangkan. Sistem pertahanan diri dibagi menjadi tujuh tipe, yaitu represi, penyangkalan, sublimasi, pemindahan, proyeksi, pembentukan reaksi, dan regresi. Penelitian ini menggunakan metode kualitatif deskripsi. Peneliti menggunakan novel Stroud yang berjudul The Whispering Skull sebagai sumber data utama, dan menggunakan buku dan jurnal sebagai sumber data kedua. Data tersebut dikumpulkan dengan melakukan pengamatan atau observasi yang mencakup tiga langkah; (1) membaca dan memahami isi cerita, (2) mengidentifikasi data yang ditemukan dalam novel tersebut, dan (3) membuat daftar data yang terkumpul. Berdasarkan hasil analisis tersebut, peneliti menyimpulkan bahwa; (1) terdapat lima tipe sistem pertahanan diri dalam novel tersebut, yaitu sublimasi, represi, penyangkalan, pemindahan, dan proyeksi, (2) sistem pertahanan diri dari Anthony Lockwood terpapar jelas melalui tingkah laku dan perkataan karakter utama tersebut dalam novel the whispering skull.

Kata Kunci: *Pertahanan diri, kecemasan, penyangkalan, pemindahan, sublimasi*

ABSTRACT

This research focuses on the types of defense mechanism in Jonathan Stroud's *The Whispering Skull* novel by using psychological approach. The researcher is interested in analyzing human psychology. How human react to some unexpected situation or unpleasant emotion are discussed in this research. The theory used in this research is Sigmund Freud's defense mechanism. Defense mechanism in psychology is human behaviour or reaction when they face some unpleasant feelings or emotions. Defense mechanism is divided into seven types, which are repression, denial, sublimation, displacement, projection, reaction formation, and regression. This research is using descriptive qualitative method. In this research, the researcher uses Stroud's novel which entitled *The Whispering Skull* as the primary data source, books and journals which related to the research as the secondary data source. The data collected by using observation that performed three steps of collecting; (1) read and comprehend the content of the story, (2) identify the data that has found in the novel, and (3) make a list of the collected data. Based on the result of analysis, the researcher draws some conclusions; (1) five types of defense mechanism found in the novel, which are sublimation, repression, denial, displacement, and projection, (2) defense mechanism of Anthony Lockwood is clearly reflected through his utterances and behaviour in the novel.

Keywords: Defense mechanism, anxiety, denial, displacement, sublimation

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The researcher hopes that the suggestions from the reader can be a support to make better in the next paper project.

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