

**LOVE AFFAIR FOUND IN “ANNA KARENINA”
BY LEV NIKOLAYEVICH TOLSTOY; A
PSYCHOLOGICAL APPROACH**

THESIS



**By:
Veronica
131210007**

**ENGLISH DEPARTMENT
PUTERA BATAM UNIVERSITY
2017**

**LOVE AFFAIR FOUND IN “ANNA KARENINA”
BY LEV NIKOLAYEVICH TOLSTOY; A
PSYCHOLOGICAL APPROACH**

THESIS

**Submitted in Partial Fulfillment of the Requirements for the Degree of
Sarjana Sastra**



**By:
Veronica
131210007**

**ENGLISH DEPARTMENT
PUTERA BATAM UNIVERSITY
2017**

PERNYATAAN

Dengan ini saya menyatakan:

1. Skripsi ini adalah asli dan belum pernah disajikan untuk mendapatkan gelarakademik (sarjana dan/atau magister), baik di Universitas Putera Batammaupun di perguruan tinggi lain.
2. Skripsi ini adalah murni gagasan, rumusan, dan penelitian saya sendiri tanpabantuan pihak lain, kecuali arahan pembimbing.
3. Dalam skripsi ini tidak terdapat karya atau pendapat yang telah ditulis ataudipublikasikan orang lain, kecuali secara tertulis dengan jelas dicantumkansebagai acuan dalam naskah dengan disebutkan nama pengarang dandicantumkan dalam daftar pustaka.
4. Pernyataan ini saya buat dengan sesungguhnya dan apabila di kemudian hariterdapat penyimpangan dan ketidakbenaran dalam pernyataan ini, maka sayabersedia menerima sanksi akademik berupa pencabutan gelar yang telahdiperoleh, serta sanksi lainnya sesuai dengan norma yang berlaku di perguruan tinggi.

Batam, 04 Maret 2017

Yang membuat pernyataan

Veronica
131210007

DECLARATION OF THE THESIS ORIGINALITY

I, Veronica, NPM No. 131210007

Here with declare that the thesis entitled:

LOVE AFFAIR FOUND IN “ANNA KARENINA” BY LEV NIKOLAYEVICH TOLSTOY; A PSYCHOLOGICAL APPROACH

Is the real work of myself and I realize that thesis has never been published in other media before, partially or entirely, in the name of mine or others.

Batam, 04 March 2017

Veronica
(131210007)

**LOVE AFFAIR FOUND IN “ANNA KARENINA”
BY LEV NIKOLAYEVICH TOLSTOY; A
PSYCHOLOGICAL APPROACH**

**By:
Veronica
131210007**

THESIS

**Submitted in Partial Fulfilment of the Requirements for the Degree of
Sarjana Sastra**

This thesis has been approved to be examined on the date as indicated below

Batam, 4 March 2017

Suhardianto, S.Hum., M.Pd

NIDN : 1027118001

ABSTRAK

Perselingkuhan adalah penyebab pemisahan antara sepasang kekasih. Perselingkuhan merupakan tindakan yang tidak baik. Yang dilakukan oleh pasangan yang telah menikah atau pasangan tidak menikah. Oleh hubungan timbal balik berdasarkan kepentingan, saling ketergantungan, dan saling bertemu dalam perselingkuhan mengulas bahwa pasangan sudah menikah keinginan hati mereka tidak terpenuhi. Fenomena perselingkuhan masih tabu, tapi meluas di kalangan budaya yang ada di dunia ini. Novel Anna Karenina menceritakan tentang seorang wanita yang berselingkuh dan kemudian bunuh diri dengan melompat di depan kereta api. ketika Anna Karenina memutuskan untuk menerima cinta dari Vronsky, seluruh Rusia mengutuk mereka berdua. Konon, kemunafikan, pengkhianatan, ketulusan, dan pengampunan membuat Anna dalam perjuangan untuk mencapai kebahagiaan. Tujuan dari penelitian ini untuk mengetahui fenomena dan dampak negatif dari perselingkuhan pada Novel Anna Karenina. Penelitian ini menggunakan pendekatan psikologi dan metode yang digunakan dalam penelitian ini adalah analisis deskriptif kualitatif. Hasil penelitian dari novel Anna Karenina ini adalah karakter utama melakukan perselingkuhan karena pernikahan yang tidak memuaskan karena suaminya tidak memperdulikannya dan mendapatkan efek negatif dari perselingkuhan seperti kerusakan harga diri, hilangnya kepercayaan dalam kecurangan pasangan, rasa ketidakstabilan emosional, dampak terhadap semua bidang kehidupan. Anna Karenina harus dipisahkan dengan anaknya, memiliki ketidakstabilan dalam emosi dan melakukan bunuh diri karena ditinggalkan oleh Vronsky.

Kata Kunci : Anna Karenina, Perselingkuhan, Pendekatan Psikologi

ABSTRACT

Love Affair is the cause of separation between pair of lover. Love affairs is a form of fraud. That is done by prayer one pair who are married or couple not married. By a mutual relationship based on interest, mutual dependence, and meet each other in love affairs to review that already married couples in their hearts not fulfilled. The phenomenon of love affairs is still taboo, but widespread among cultures that exist in this world. The Anna Karenina Novel tell about a woman who cheats on her husband and then kills herself by jumping in front of a train. when Anna Karenina decided to accept the love of Vronsky, the whole of Russia cursed them both. Honor, hypocrisy, betrayal, sincerity, and forgiveness enliven Anna in the struggle to achieve happiness. The aim of this study to know the phenomena and the negative effects of love affairs on Anna Karenina Novel. This research uses of psychology approach and the method used in this study is qualitative descriptive analysis. The finding from this Anna Karenina novel are the main character have an love affair because unsatisfactory marriage because Anna's husband doesnt care about her and get the negative effect from the love affair such as damage to self esteem, lost of trust in the cheating spouse, a sense of emotional instability, a roller coaster of emotions, impacts all areas of life. Anna Karenina must separate with her son, having a roller coaster of emotions and committed suicide because abandoned by Vronsky.

Keywords : Anna Karenina, Love Affair, Psychology Approach

MOTTO AND DEDICATION

MOTTO

Talk less, Do more

DEDICATION

This thesis proudly dedicated to beloved family and friends

ACKNOWLEDGEMENT

All praise to the Lord is merciful and compassionate researcher who has been blessed in completing this thesis entitled **“LOVE AFFAIR FOUND IN “ANNA KARENINA”BY LEV NIKOLAYEVICH TOLSTOY; A PSYCHOLOGICAL APPROACH”**. The researcher would like to say thanks to her father Mr. Sulaiman and her mother Mrs. Mery Lena Halim for the love, inspiring and blessing event to her endlessly in taking this undergraduate program. The researcher wishes to express her gratitude and appreciation to **Mr.Suhardianto, S.Hum.,M.Pd** as her advisor who has contributed his ideas and time in arranging this thesis.

Furthermore, the researcher would like to express her sincere gratitude to all people who involve both directly and indirectly especially:

1. NurElfiHusda, S.Kom., M.SI., Rector of Putera Batam University.
2. Drs.Zakrimal, M.SI. Dean of Faculty of Putera Batam University.
3. Emil Eka Putra, S.S., M.Hum., Head of English Department of Putera Batam University.
4. All Lectures of English Department, for their knowledge, motivation and suggestion during her study atPutera Batam University.
5. All of friends who are studying at PutraBatam University which have giving spirit and friendship to the researcher

May God gives mercy, peace, and love for them. Amin.

Batam, 4 March 2017

Veronica
131210007

TABLE OF CONTENT

	Page
COVER	
PAGE OF TITLE	
DECLARATION	
APPROVAL SHEET	
ABSTRAK	i
ABSTRACT	ii
MOTTO & DEDICATION	iii
ACKNOWLEDGEMENT	iv
TABLE OF CONTENT	v
 CHAPTER I INTRODUCTION	
1.1. Background of the research	1
1.2. Identification of the problem	5
1.3. Limitation of the problem.....	5
1.4. Formulation of the problem.....	5
1.5. The objective of the research.....	6
1.6. Significance of the research.....	6
1.7. Definition of Keyterm	7
 CHAPTER II REVIEW ON RELATED LITERATURE & THEORETICAL FRAME WORK	
2.1. Theoretical framework	8
2.1.1 Psychological Approach.....	8
2.1.2 Abraham Maslow Theory.....	8
2.1.2.1 Physiological Needs	9
2.1.2.2 Safety Needs.....	10
2.1.2.3 Belongingness and Love Needs	10
2.1.2.4 Esteem Needs	12
2.1.2.5 Self-Actualization.....	12
2.1.3 Love Affairs	13
2.1.4 Negative Effect of Love Affair	15
2.1.4.1 Damage to Self-esteem.....	15
2.1.4.2 Loss of Trust in the Cheating Spouse.....	16
2.1.4.3 A Sense of Emotional Instability	16
2.1.4.4 A Roller Coaster of Emotions	16
2.1.4.5 Impacts All Areas of Life.....	17
2.2. Review related of studies.....	17
 CHAPTER III RESEARCH METHOD	
3.1. Research design.....	19

3.2. Objective of the study	19
3.3. Method of collecting data	20
3.4 Method of presenting result analysis.....	22

CHAPTER IV RESEARCH ANALYSIS & FINDINGS

4.1 Research Analysis	24
4.1.1 Love Affair of Main Character Anna Karenina to Her Intimacy	24
4.1.2 Negative Effect Love Affair of Main Character Anna Karenina	30
4.2 Findings.....	34

CHAPTER V CONCLUSION AND SUGGESTION

5.1 Conclusion	36
5.2 Suggestion.....	37

BIBLIOGRAPHY

CURRICULUM VITAE

LETTER OF THE RESEARCH PERMITTING