

**LOVE AFFAIR FOUND IN “ANNA KARENINA”
BY LEV NIKOLAYEVICH TOLSTOY; A
PSYCHOLOGICAL APPROACH**

THESIS



**By:
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**ENGLISH DEPARTMENT
PUTERA BATAM UNIVERSITY
2017**

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**Submitted in Partial Fulfillment of the Requirements for the Degree of
Sarjana Sastra**



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I, Veronica, NPM No. 131210007

Here with declare that the thesis entitled:

LOVE AFFAIR FOUND IN “ANNA KARENINA” BY LEV NIKOLAYEVICH TOLSTOY; A PSYCHOLOGICAL APPROACH

Is the real work of myself and I realize that thesis has never been published in other media before, partially or entirely, in the name of mine or others.

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Veronica
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This thesis has been approved to be examined on the date as indicated below

Batam, 4 March 2017

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ABSTRAK

Perselingkuhan adalah penyebab pemisahan antara sepasang kekasih. Perselingkuhan merupakan tindakan yang tidak baik. Yang dilakukan oleh pasangan yang telah menikah atau pasangan tidak menikah. Oleh hubungan timbal balik berdasarkan kepentingan, saling ketergantungan, dan saling bertemu dalam perselingkuhan mengulas bahwa pasangan sudah menikah keinginan hati mereka tidak terpenuhi. Fenomena perselingkuhan masih tabu, tapi meluas di kalangan budaya yang ada di dunia ini. Novel Anna Karenina menceritakan tentang seorang wanita yang berselingkuh dan kemudian bunuh diri dengan melompat di depan kereta api. ketika Anna Karenina memutuskan untuk menerima cinta dari Vronsky, seluruh Rusia mengutuk mereka berdua. Konon, kemunafikan, pengkhianatan, ketulusan, dan pengampunan membuat Anna dalam perjuangan untuk mencapai kebahagiaan. Tujuan dari penelitian ini untuk mengetahui fenomena dan dampak negatif dari perselingkuhan pada Novel Anna Karenina. Penelitian ini menggunakan pendekatan psikologi dan metode yang digunakan dalam penelitian ini adalah analisis deskriptif kualitatif. Hasil penelitian dari novel Anna Karenina ini adalah karakter utama melakukan perselingkuhan karena pernikahan yang tidak memuaskan karena suaminya tidak memperdulikannya dan mendapatkan efek negatif dari perselingkuhan seperti kerusakan harga diri, hilangnya kepercayaan dalam kecurangan pasangan, rasa ketidakstabilan emosional, dampak terhadap semua bidang kehidupan. Anna Karenina harus dipisahkan dengan anaknya, memiliki ketidakstabilan dalam emosi dan melakukan bunuh diri karena ditinggalkan oleh Vronsky.

Kata Kunci : Anna Karenina, Perselingkuhan, Pendekatan Psikologi

ABSTRACT

Love Affair is the cause of separation between pair of lover. Love affairs is a form of fraud. That is done by prayer one pair who are married or couple not married. By a mutual relationship based on interest, mutual dependence, and meet each other in love affairs to review that already married couples in their hearts not fulfilled. The phenomenon of love affairs is still taboo, but widespread among cultures that exist in this world. The Anna Karenina Novel tell about a woman who cheats on her husband and then kills herself by jumping in front of a train. when Anna Karenina decided to accept the love of Vronsky, the whole of Russia cursed them both. Honor, hypocrisy, betrayal, sincerity, and forgiveness enliven Anna in the struggle to achieve happiness. The aim of this study to know the phenomena and the negative effects of love affairs on Anna Karenina Novel. This research uses of psychology approach and the method used in this study is qualitative descriptive analysis. The finding from this Anna Karenina novel are the main character have an love affair because unsatisfactory marriage because Anna's husband doesnt care about her and get the negative effect from the love affair such as damage to self esteem, lost of trust in the cheating spouse, a sense of emotional instability, a roller coaster of emotions, impacts all areas of life. Anna Karenina must separate with her son, having a roller coaster of emotions and commited suicide because abandoned by Vronsky.

Keywords : Anna Karenina, Love Affair, Psychology Approach

MOTTO AND DEDICATION

MOTTO

Talk less, Do more

DEDICATION

This thesis proudly dedicated to beloved family and friends

ACKNOWLEDGEMENT

All praise to the Lord is merciful and compassionate researcher who has been blessed in completing this thesis entitled **“LOVE AFFAIR FOUND IN “ANNA KARENINA”BY LEV NIKOLAYEVICH TOLSTOY; A PSYCHOLOGICAL APPROACH”**. The researcher would like to say thanks to her father Mr. Sulaiman and her mother Mrs. Mery Lena Halim for the love, inspiring and blessing event to her endlessly in taking this undergraduate program. The researcher wishes to express her gratitude and appreciation to **Mr.Suhardianto, S.Hum.,M.Pd** as her advisor who has contributed his ideas and time in arranging this thesis.

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Batam, 4 March 2017

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CHAPTER I

INTRODUCTION

1.1 Background of the Research

Literature presents a picture of life and life itself is a social reality. Through literature the author reveals problems of life that the author himself took part in it. Creation literary accept the influence of the community and also able to give the effect on society (Patrick 2011: pg.1)

Literature is not created by itself, but the literature is created from a picture or a reflection of life. There are similarities with the real-life literature, but the similarity was not only similar or exactly the same chance. Literature dealing with human beings in society and the human effort to adapt and attempt to change society. Literature work can be brought into a strong relationship with the particular social world of real, social environment and a language used by literature is alive and valid.

Literature can be classified according to whether, it is fiction or non-fiction and whether it is poetry or prose; it can be further distinguished according to major forms such as the novel, short story or drama; and works are often categorized according to historical periods to certain aesthetic features or expectations.

The novel is a genre of fiction, and fiction may be defined as the art or craft of contriving, through the written word, representations of human life that instruct or divert or both. The various forms that fiction may take are best seen less as a number of separate categories than as a continuum or, more accurately, a cline, with some such brief form as the anecdote at one end of the scale and the longest conceivable novel at the other.

For more than a hundred years, *Anna Karenina* has been regarded as one of the greatest works of literature of all time. With its many complexities, its various stories and ideas, a scholar could spend a lifetime devoted to picking apart the intricacies of the novel.

The *Anna Karenina* Novel tell about a woman who is willing to risk everything for love. This knowledge can be reduced to this: “*Anna Karenina* is a long novel about a woman who cheats on her husband and then kills herself by jumping in front of a train.” A statement such as this could almost pass as a simplistic plot summary of one of the two main storylines, but such a surface viewing of the novel misses out on all of the novel’s finer points.

Love affair does not happen by itself, but it can happen due to various factors. Factors that cause love affair can occur from within man himself or from outsiders. Similarly love affair happens in literature, the characters exist in literature as well factors that drove the love affair.

As social beings, family, friendships and intimate connections get many people through the ups and downs of life. Numerous studies have shown that the healthiest, happiest people tend to be more involved in their communities. While

there is debate on whether one causes the other is unclear, there is some sense that having wider social connections and relationships are an important part of being happy. Lack of interactions, human relationships and the sense of belonging may result in depression or loneliness while an abundance of love and community often sustain people through difficult times.

The social atmosphere in Russia during the mid-nineteenth century was tense with widespread debate which centered on questions focused on the rights and freedoms of several classes. Among the multiple social revolutions taking place in Russia such as the emancipation of the serfs, was the question of the woman's place in Russian society, which prompted a trenchant debate regarding the proper role of the nineteenth century woman. Up to this point, Russia, reflecting closely the ideology of the Western world regarding women, was consistent with the attitude that a woman's role in society should be limited to marriage and child bearing, that she should devote all of her life to the care and service of her family. Women were denied the right to work outside the home, and if they sought such a position were rejected on the grounds of their femininity.

The phenomenon of love affair impressed intensified due to the number of men and women involved in the affair more than the previous years. Although the love affair directly or indirectly, may interfere marriage and family life, it affects to the children it's still rarely discussed. It can destroy the joints of families, communities and even state is love affairs among families. Love affairs is a kind of betrayal of the trust partner. Impact negative consequences of infidelity least

awareness that love affairs an improper actions and internal conflicts will occur on self actors as well as guilt.

Anna's betrayal of her husband is the central event of its main plotline. Although the guilty party in these works is always a woman who meets a bad end as a result of her wrongdoing, the nineteenth-century adultery novel is actually less religiously moralizing than we might expect. *Anna Karenina* is a case in point.

Leo Tolstoy, one of the most influential writers both in Russia and worldwide during nineteenth century, picks up on the discourse regarding the marriage of the young girl to the older man. Many critics tend to read into his texts Tolstoy's views, as a man, of woman. But, although he was an outward opponent of the emancipation of women, it is clear that Tolstoy generated, within the texts of his novels, sympathetic female characters whose lives were depicted as severely inhibited by social restrictions—the topic of arranged marriage being central. Both *Family Happiness* and *Anna Karenina* have heroines as the central protagonists whose struggles center on their journey to define self, thereby reaching self-acceptance and happiness.

The reason why writer choose this novel, it's because most of people who do an affair, when one of them are abandoned they usually looking for the new one. What make the researcher interested with this novel, there are different of love affair as usual. In the novel *Anna Karenina* is the Anna committed suicide when abandoned by her mistress.

1.2 Identification of the Problem

Here writer wants to show some problem based on the story as follows :

1. Phenomena of love affair main character in “Anna Karenina” by Lev Nikolayevich Tolstoy that seen love in belongingness intimacy aspect.
2. Negative effect of love affair main character in “Anna Karenina” by Lev Nikolayevich Tolstoy.
3. Motive of betrayal the main character “Anna Karenina” by Lev Nikolayevich Tolstoy.

1.3 Limitation of the Problem

Although the research has reached its aims, there were some unavoidable limitation as following :

1. Phenomena of love affair of the main character in “Anna Karenina” by Lev Nikolayevich Tolstoy that seen love in belongingness intimacy aspect.
2. Negative effect of love affair the main character in “Anna Karenina” by Lev Nikolayevich Tolstoy.

1.4 Formulation of Problem

In this study, writer formulate the research questions asfollow:

1. How does phenomena love affair of main character appears in “Anna Karenina” by Lev Nikolayevich Tolstoy ?

2. What are negative effect of love affair describe in “Anna Karenina” by Lev Nikolayevich Tolstoy.

1.5 Objective of the Research

Dealing with the research questions above the objectives of the study are:

1. To know the phenomena love affair of Anna Karenina by Lev Nikolayevich Tolstoy that seen love in belongingness intimacy aspect.
2. To figure out the negative effect of love affair in main character of Anna Karenina by Lev Nikolayevich Tolstoy.

1.6 Significance of the Research

Actually, this research has several significance as follows.

1. Theoretically : It is hoped that this research can be used as helpful reference in order to understand the content of the novel and how the psychological theory applies in this research. This research is also hoped to be studied by students, lecturers, or other people who will be interested with this novel.
2. Practically : Provide benefits for couples that already married or not, can be faithful in their relationship. So, they can create a harmonious family in the future.

1.7 Definition of Key Terms

To avoid misunderstanding and misinterpretation of words in this research, writer define the meaning of the subsequent important terms as follows:

1. Anna Karenina : The title of the Novel
2. Love Affair : A romantic relationship between two people who are not married to each other. (Oxford Dictionaries)
3. Psychological Approach : Psychological Approach is a faulty behaviors and habits, along with damaging words, thoughts, interpretations, and feedback that direct strategies for daily living. Psychological approaches assume that many disorders result from mental, behavioral, and social factors, such as personal experiences, traumas, conflicts, and environmental conditions. (Annenberg Learner)

CHAPTER II

REVIEW ON RELATED LITERATURE AND THEORETICAL FRAMEWORK

2.1 Theoretical Framework

2.1.1 Psychological Approach

During the twentieth century, however, psychological criticism has come to be associated with a particular school of thought: the psychoanalytic theories of Abraham Maslow (Abraham. 1954. *Motivation and Personality*).

It is axiomatic that no single approach can ex-haust the manifold interpretive possibilities of a worthwhile literary work; each approach has its own peculiar limitations.

2.1.2 Abraham Maslow Theory

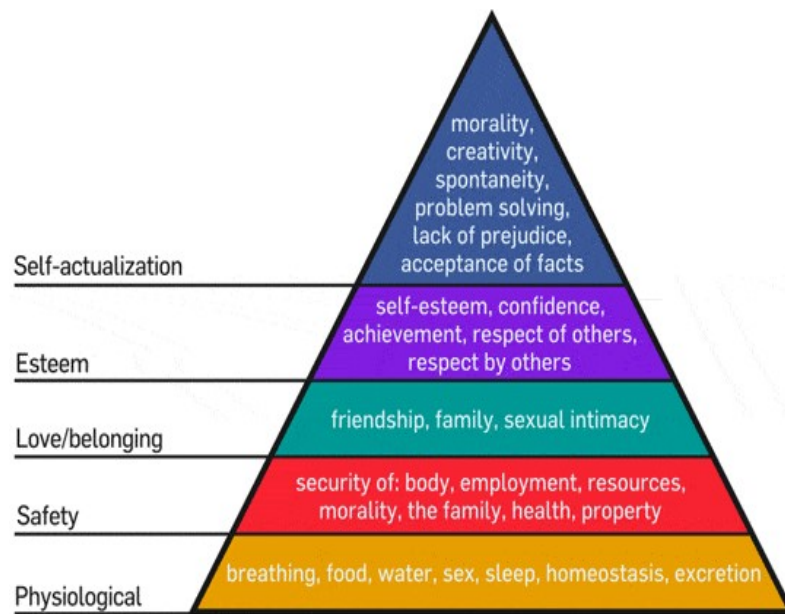
Each of us is motivated by needs. Our most basic needs are inborn, having evolved over tens of thousands of years. Abraham Maslow's Hierarchy of Needs helps to explain how these needs motivate us all.

Maslow's Hierarchy of Needs states that we must satisfy each need in turn, starting with the first, which deals with the most obvious needs for survival itself.

Only when the lower order needs of physical and emotional well-being are satisfied are we concerned with the higher order needs of influence and personal development. Conversely, if the things that satisfy our lower order needs are swept away, we no longer concerned about the maintenance of our higher

order needs.

Maslow's original Hierarchy of Needs model was developed between 1943-1954, and first widely published in *Motivation and Personality* in 1954. At this time the Hierarchy of Needs model comprised five needs. This original version remains for most people the definitive Hierarchy of Needs.



An interpretation of Maslow's Hierarchy of Needs

2.1.2.1 Physiological Needs

The Physiological Needs such as breathing, food, drink, sleep, sex, excretion are largely (and obviously) biological and physical requirements. When they are not fulfilled, people become preoccupied with filling those needs above all else. For example, starving people in a war zone can be oblivious to danger when in search of food.

2.1.2.2 Safety Needs

In Abraham Maslow hierarchy of needs, the safety needs come after the physiological needs. Maslow used the word "safety" to mean more than just physical safety. Economic, social, vocational, psychological security all fall underneath this second tier of human needs. While safety needs are less immediate or demanding than the physiological needs, when one to feel terribly insecure and unprotected. Fulfilling the safety needs might be likened to providing a bumper or airbags on a car; while you don't always need them, having them gives you some confidence that you can face minorbumps and bruises along the road of life.

Unfortunately, life doesn't always cooperate. Some of you who come from a broken or dysfunctional home know the cringing fear of waiting for the next fight or the other shoe to fall. Many adults go through life stuck on this level and act as if catastrophe will happen any moment. Political appeals for law and order are aimed at people whose insecurities have never been quieted. Maslow also placed religious inclination on the safety rung because he saw that tendency as an attempt to bring about an ordered universe withno nasty shocks.

2.1.2.3 Belongingness and love needs

As social beings, family, friendships and intimate connections get many people through the ups and downs of life. Numerous studies have shown that the healthiest, happiest people tend to be more involved in their

communities. While there is debate on whether one causes the other is unclear, there is some sense that having wider social connections and relationships are an important part of being happy. Lack of interactions, human relationships and the sense of belonging may result in depression or loneliness while an abundance of love and community often sustain people through difficult times .

Maslow (1954: pg.5) stated that concept of belonging combines the twin urges to give and receive love. Giving love is stated some of statement like, “I want you, I need you, I’m going to have you”. And giving love is more than the maternal instinct implanted by nature. For Maslow, giving love is seeking to fill a void by understanding and accepting selected others. Receiving love is a way of staving off the pangs of loneliness and rejection. The man who attains this level will “feel keenly, as never before, the absence of friends, or a sweetheart, or a wife, or children.”

Even though it’s higher in the hierarchy than physical or safety needs, the desire for love and belonging is similar in that it motivates only when a person feels a deficit. According to Maslow, love loses its pull when you’ve had enough. Thirty years ago he suggested that the desire for love and belonging was the lowest level of unmet need for most Americans. If the continuing popular appeal of Cheers reruns on television is a reliable indicator, his assessment still holds true today.

2.1.2.4 Esteem needs

Maslow felt there was a clear distinction between love and respect or esteem. He felt that an ability to feel self-esteem and personal uniqueness sprung from being loved and embraced by families and communities. As individuals, we naturally wish to excel or be exceptional, to be noticed for our unique talents and capabilities. Once one has some measure of self-esteem and confidence, one gains the psychological freedom to be creative and to grow as well as to be more generous to others

2.1.2.5 Self-Actualization

Maslow refers to peak experiences as the experience of happiness. He notes above that self-actualized people tend to experience a steadier, grounded sense of well-being and satisfaction with life.

According to Maslow, self-actualizing people perceive reality accurately; they have a sense of awe, wonder and gratitude about life. They are not self-centered but rather problem-centered and focus on how to improve and are not deficiency-centered. They are independent thinkers and are not overly influenced by the general culture. Their sense of humor is not sarcastic or hurtful but rather "life-affirming" with a philosophical sense of humor. They have a deeply felt sense of kinship with the human race. Self-actualizing people enjoy life in general and practically all its aspects, while most other people enjoy only stray moments of triumph.

2.1.3 Love Affairs

OferZur, Ph.D (2016) theory of love allows us the choice of being impressed by its crudest aspects (the love of immortality as the key to parental love and as an explanation for a hero's behaviour); or by its subtlest ones (the ultimate dissatisfaction linked with sexual relationships, even in a loving relationship). Yet its edge lies somewhere else. Though the theory might be irrelevant for anyone who happens to be in love, its importance appears as soon as there is trouble in paradise and even more so, when a love affair is over, or simply when the affair is not over, but love is.

There are some types of love affairs in marriage life as follows:

1. **Conflict Avoidance:** People who go to any length to avoid any and all marital conflict may resort to affairs.
2. **Intimacy Avoidance:** "Intimacy avoiders" are reluctant to be intimately close and use the affair to keep themselves at an emotional distance from their spouse.
3. **Individual (Existential or Developmental):** Mid-life crisis, fear of growing old, the empty nest, depression and a sense of emptiness or a void are factors that can fuel an affair.
4. **Sexual Addiction:** Sex addicts compulsively display poor impulse control. They use sex over and over again to numb inner pain and/or a sense of emptiness.
5. **Accidental-Brief Affairs:** This type of one night stand affair "just happens," when a person is in the right (wrong) place at the right time.

Curiosity, pity, drunkenness and even politeness may lead to such affairs.

6. **Philandering:** Some individuals are insecure and constantly need to "score," conquer or receive affirmation about themselves. Narcissistic and impulsive individuals may be especially prone to marital infidelity.
7. **Retribution:** Sometimes one partner wants to "get back" at the other partner by having an affair. This may be payback for withholding money, love, emotion or any other perceived wrongdoing.
8. **Unsatisfactory Marriage:** This kind of affair is the result of a bad relationship in regard to communication, intimacy, support or sexuality.
9. **Exit Affairs:** "Affair exiters" use the affair as a jumping off point to end a marriage.
10. **Parallel Lives:** These are long-term extramarital relationships, which coincide with the original marital dyad. Affairs of this kind do not necessarily hurt the marriage and many claim may sometimes even support it by increasing the development and sense of well-being of all involved. Examples of these are Spencer Tracy & Katharine Hepburn's life-long affair or Prince Charles & Camilla Parker Bowles' affair. Such extramarital relationships are sometimes known, accepted or tolerated by the spouse and others.
11. **Online:** Online affairs have become extremely prevalent since the inception of the Internet and the propagation of pornography and online dating. Some view online affairs as one of the biggest threats to

marriage. With the "Quadruple A engine" of accessibility, affordability, anonymity and addiction, the Internet population seems to be exploring sexuality in ways that are unprecedented.

12. **Consensual Extramarital Sexual Relationships:** Sometimes extramarital relationships are explicitly incorporated into the marriage, as in open marriages, polyamorous, or other arrangements

2.1.4 Negative Effect of Love Affair

Cathy Meyer (2016) theory said that when one partner goes outside of the relationship for emotional or physical needs, the other partner may end the relationship, or forgive and stay in it, but either way, extra-marital affairs have major, negative effects that can be felt for some time.

2.1.4.1. Damage to Self Esteem:

The person who has been cheated on will suffer a blow to his or her self esteem. They may have the usual thoughts of, "Was I not enough?" or "If I hadn't let myself go this would not have happened." Just as children tend to blame themselves for their parents' divorce, many victims of an affair respond to an affair by blaming themselves. The decision to cheat was not yours, and although there have been problems in the relationship, you did not make the decision to have an affair. Chances are it had much more to do with a deficiency in your partner than in you.

2.1.4.2 Loss of Trust in the Cheating Spouse:

The victim of an affair will find it difficult to trust. He or she may doubt their judgment of others. Even if this relationship ends, and another begins, the baggage of love affair can follow. It is important to deal with your trust issues, even if it means getting professional help to do so. You and your future partner will be grateful in the long run that you dealt with the negative consequences of the affair.

2.1.4.3 A Sense of Emotional Instability:

You may feel your world has turned upside down. The things in your life that gave you a sense of security have been shattered. It is normal to feel like the rug has been pulled out from under you. It is important to find that sense of stability inside yourself. Look at your survival skills from the past and realize you can cope with this, too.

2.1.4.4 A Roller Coaster of Emotions:

One minute you may feel like crying, the next screaming. You may blame him today, blame her tomorrow, and blame yourself at the same time. It is common when facing love affair to feel a myriad of emotions. Realize this is normal. Feel what you are feeling and work through it. Don't stuff your feelings. Seek outside help if you need someone to talk to about how you are feeling or if you are feeling overwhelmed.

2.1.4.5 Impacts all Areas of Life:

Extra-marital affairs can cause a ripple effect in your life. You may find yourself looking differently at your job, your friends, your life choices. This can be either positive or negative, but most victims of an affair say that it brought on changes in all other areas of their lives. It's important that you not make changes to major areas of your life while in the midst of the emotional turmoil that accompanies an affair.

There are many reasons for cheating, usually it is done without much thought or consideration of the effects it can have on the other person. However, the effects can be devastating and take a long time to get over and work through. It is important that you address these effects, and find ways to work through them. Build a support network of family and friends, your clergy, professional counselors, or anyone else you can trust to help you overcome these effects and move on to a better future.

2.2. Review of related studies

This research relates to theoretical aspect of a previous study titled A Main Character Analysis of My Sister 's Keeper Movie Using Hierarchy of Human Needs of Abraham Maslow Theory by Sari in 2011, from English Letters Department, Faculty of Adab and Humanities, State Islamic Universities. The thesis discusses the characteristic of the main character. This thesis attempt to reveals the needs of the main character based on Abraham Maslow Theory. Meanwhile, this research has similar point with theory used in the thesis

especially in psychoanalysis theory, although the object of the analysis is different in which this research tries to analyze Anna Karenina as character in Anna Karenina by Lev Nikolayevich Tolstoy.

The next researcher, titled The Character of Neil Perry in Dead Poets Society Novel Seen from Abraham H. Maslow's Hierarchy of Needs Theory by Arifin in (2007) from English Letters Department, Faculty of Adab and Humanities, State Islamic Universities.. This thesis discusses about main character has undergone psychological disorder and the character jumped three Needs portrayed by Abraham Maslow. The finding of this thesis, the main character cannot fulfill all the needs of his father.

The third researcher, entitled The Legend of Zelda and Abraham Maslow's Theory of Needs: A Social-Psychological Study of the Computer Game and its Players by Brown (2012), from University of Manchester, Department of Sociology. This thesis psychological pleasures of computer game play. The researcher also used theory from Abraham Maslow Theory. The result, they demonstrates the value of Maslow's theory for Computer Game Studies and offers a methodology through which future research may be undertaken.

From the reviews related studies that have been taken, authors get the differences and similarities between from previous research. The difference are from the source and the object of the research but using the same approach.

CHAPTER III

RESEARCH METHOD

3.1 Research Design

Method is an organized way and think of the good to achieve its goals in an activity that is carried out. In the context of the research methods of research is very important, because the use and selection of appropriate methods and good will result in appropriate research with the purpose of research. The design of this research use descriptive method qualitative approach to psychology. The approach used in this research is psychological approach, which will be used as a tool to reveal the love affair of the character in the Anna Karenina Novel defines the approach toward the object. Object in this research is Anna Karenina Novel.

3.2 Object of the Research

The object of the research is love affair that seen in Novel Anna Karenina. Anna Karenina (Russian: АннаКаренина) is a novel by Russian writer Leo Tolstoy, published in serial from 1873 to 1877 in the weekly The Russian Messenger. Tolstoy clashed with editor Mikhail Katkov in politics that led to the recent issue (views unpopular Tolstoy on the volunteers who went to Serbia); therefore, the full emergence of the novel is in the form of a book.

Regarded as the pinnacle of realist fiction, Tolstoy thought that Anna Karenina first novel War and Peace and consider more than just a novel. Fyodor Dostoevsky declared that Anna Karenina "is beyond reproach as a literary work." Opinion was echoed by Vladimir Nabokov, who especially admired "the magic of style Tolstoy blameless," and by William Faulkner, the novel is described as "the best ever written". This novel is enjoying popularity, as demonstrated by the recent poll conducted on 125 contemporary authors by J Peter Zane, published in 2007 in "the Top Ten" Time magazine, stating that Anna Karenina is the "best novel ever written".

3.3 Method of Collecting Data

In collecting data, writer uses the library research. Library research is the method of collecting data which the writer looks for the printed and non printed materials that related to the thesis. The steps consist of :

1. Writer went to library of Putera Batam is one of the way of the writer collect the data.
2. Writer uses novel entitled Anna Karenina by Lev Nikolayevich Tolstoy as primary data source.
3. Reading the whole chapter of the novel.
4. Takes a note the important things that connected with love affairs and psychology.

5. The writer also get some information from the similar previous thesis of Putera Batam students and also from books and dictionary.
6. The writer's search throug internet to provide the writer material for this thesis such as related theory and any relevant information to support the theory in this thesis.

3.4 Method Analyzing Data

Data obtained from the documentation is data that must be processed in order to obtain an analysis result. The analysis technique used in This research is a qualitative descriptive analysis technique. Qualitative descriptive used to describe the problems that became a topic in research.

This, in order to obtain a more detailed discussion. Descriptive qualitative techniques aimed the all problems which have been disclosed in the formulation of the problem: 1) the phenomena of love affair of main character described in "Anna Karenina" that seen in love/belonging intimacy aspect2) what are negative effect describe in Anna Karenina Novel?. The data have been collected and analyzed so that the problem which is the subject of this research can be resolved.

The steps of this research work is as follows.

1. Conduct a readings heuristics, namely caution, sharp reliable,interpret appropriate social context.

2. Hermeneutic reading, meaning that researchers are trying to interpret constantly, according to the language of social symbols, associated with the context and historical influence.
3. Read repeatedly the entire text of the Anna Karenina Novel.
4. Identify love affair and the negative effect of the main characters in Anna Karenina Novel.
5. Identify the causes and aspects of love affairs that arise in the Anna Karenina Novel.
6. Analyze the survey data in accordance with the formulation of the problem.
7. Making conclusions on the outcome of analysis.

3.5 Method of Presenting Result Analysis

Sudaryanto (1993:145) states that there are two methods of presenting the analyzed data; they are informal and formal methods. The former refers to the method of presenting the analyzed data by using words; it means the findings can be described by using words, natural language, while the latter refers to the presentation of the analyzed data by using symbols, diagrams, figures, and tables. Multiple sources of data are preferred over a single source; this requires the researcher to review all data, make sense of it and organize it into categories or themes that cut across all sources. Researchers applied the informal method

because the all descriptions are using words .