# SELF-ACTUALIZATION OF THE MAIN CHARACTER IN O PIONEERS BY WILLA CATHER; A PSYCHOLOGICAL APPROACH

THESIS



By Yuliana Yayu Irmawati Sare 131210082

ENGLISH DEPARTMENT FACULTY OF HUMANITIES PUTERA BATAM UNIVERSITY 2018

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THESIS

# Submitted in Partial Fulfillment of the Requirements for the Degree of Sarjana Sastra



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ENGLISH DEPARTMENT FACULTY OF HUMANITIES PUTERA BATAM UNIVERSITY 2018

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Materai 6000

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## **DECLARATION OF THE THESIS ORIGINALITY**

I, Yuliana Yayu Irmawati Sare, NPM NO. 131210082

Here declare that the thesis entitled:

# SELF-ACTUALIZATION OF THE MAIN CHARACTER IN O PIONEERS BY WILLA CATHER; A PYSCHOLOGICAL APPROACH

Is the real work of myself and I realize that thesis has never been published in other media before, partially or entirely, in the name of mine or others.

Batam, 15<sup>th</sup> March 2018

<u>Yuliana Yayu Irmawati Sare</u> 131210082

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## THESIS

# Submitted in Partial Fulfillment of the Requirements for the Degree of Sarjana Sastra

This thesis has been approved to be examined and the date as indicated

below

Batam, 15<sup>th</sup> March 2018

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Batam, 15<sup>th</sup> March 2018

Yuliana Yayu Irmawati Sare 131210082

# **MOTTO AND DEDICATION**

# ΜΟΤΤΟ

I don't care whatever you say to me, keep be my self

# **DEDICATION**

This thesis proudly dedicated to:

- 1. My parents, Herman Tani and Maria Indul
- 2. My uncle and aunty
- 3. My lovely boy, Alexander Rengga,
- 4. My best friend Maria AdeldeidIki, Donna Dwifalyani, Dian Narita, Trie Lely Silviani, Maria PratiwiTeluma, BernadinaLusiane Fatima Sury, Wilhelmina Kolo and others, thank you for your support and always have time when I need help.

#### ABSTRAK

Aktulisasi diri adalah keinginan seseorang untuk menggunakan semua kemampuan dirinya untuk mencapai apapapun yang mereka mau dan bisa dilakukan. Tujuan dari penelitian ini adalah untuk mengetahui aktualisasi diri yang dimiliki oleh karakter utama dalam novel O Pioneers. Penelitian ini adalah penelitian kualitatif. Dalam mengumpulkan data peneliti menggunakan metode dokumentasi dengan teknik catat. Data hasil peneltian ini akan disajikan dalam metode informal dalam bentuk kata-kata. Pendekatan dari penelitian ini adalah pendekatan psikologi berdasarkan seorang ahli psikolog dari Amerika Abraham Maslow dengan teorinya yang sangat terkenal yaitu hirarki kebutuhan. Menurut teori Abraham Maslow manusia memiliki 5 kebutuhan yang paling mendasar yaitu kebutuhan mendasar pertama adalah psikologi yang mencakup rasa lapar, haus, seksual, dan kebutuhan fisik lainnya. Kebutuhan mendasar yang kedua adalah kebutuhan akan rasa aman mencakup rasa untuk dilindungi dari bahaya fisik dan emosional, kebutuhan mendasar yang ketiga adalah sosial yang mencakup rasa kasih sayang, kepemilikan, penerimaan, persahabatan, kebutuhan mendasar yang keempat mencakup penghargaan internal dan eksternal, dan yang terakhir setelah semuanya terpenuhi adalah kebutuhan akan aktualisasi diri untuk pencapaian ptensi diri yang kita miliki. Membahas dengan menggunakan teori ini adalah sangat mendukung dalam menganalisa tentang aktualisasi diri dan kerja keras seseorang untuk menjadi sukses. Hasil dari penelitian ini menunjukan adanya gambaran aktualisasi diri dalam pencapaiannya oleh karakter utama.

Kata kunci: Hirarki kebutuhan, Aktulisasi diri, Karakter Utama

# ABSTRACT

Self-actualization is one's desire to use all self-ability to achieve whatever they want and can do. The purpose of this research is to know self actualization owned by the main character in O Pioneers novel. This research is qualitative research. In collecting data of the researcher using documentation method with technique note. The results data will be presented in informal methods in the form of words. The approach of this study is a psychological approach based on an American psychologist Abraham Maslow with his very famous theory hierarchy of needs. According to the theory of Abraham Maslow, humans have the five most basic needs: the first basic need is psychology that includes hunger, thirst, sexual and other physical needs, the second basic need is the need for a sense of security including a sense of protection from physical and emotional dangers, the third basic need is social which includes compassion, ownership, acceptance, friendship, the fourth basic need includes both internal and external rewards, and the last one after all is fulfilled is the need for self-actualization for the attainment of our self-worth. Discussing using this theory is very supportive in analyzing the self-actualization and hard work of a person to be successful. The results of this study show the existence of self-actualization in the achievement by the main character

Key words: Self-actualization, Hierarchy of need, Main Character

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#### **CHAPTER I**

#### INTRODUCTION

#### **1.1** Background of the research

Literature is a creative work that contains the intent and purpose of its author. A literary work does not mean to have only ideas, theories or systems of thought, but in a literary work contains ideas and systems of thought. In other words, a literary work contains various ideas, theories and systems of thought. This whole aspect comes from the author who has an important role in using the creative ideas outlined in their works.

One of the most popular literary forms is the novel. Novel is a story which has a specific timeline and there are characters that play roles there. Character is an important element in literary works, especially in novels. The character in a literary work is created by the author to convey his ideas and feelings about something that is happening in the world. Characters have the power to dominate the whole story in a literary work. The author can carry the character through many problems in different situations. Like Alexandra's character on the novel O Pioneers, she is a young girl of twenty, but already overly serious and emotionally strong for her age. She is the eldest of four children; the others are male. Her father wants her to take over the management of the farm when he dies because he realizes she is the most intelligent and capable of his children, even though he would prefer to give the leadership role to one of his sons. Besides

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Alexandra is also an independent woman, creative, responsible in carrying out his father's mandate to continue the farm that her father entrusted her, this is one of the reason the writer is interested in analyzing the novel O Pioneers.

Willa Cather is the famous female American author. Willa was born on December 7, 1873 and died on April 24, 1947.She had written many literary works such as poems, short stories, novels, and songs. O pioneers! Was Willa Cather's second novel after Alexander's Bridge. This novel was published in 1913 when she had been forty.

*O Pioneers!* Tells the Alexandra Bergson, the oldest daughter of a Swedish immigrant homesteader on the Divide Nebraska and she has three young brothers. She is strong willed woman of great courage and resourcefulness. She takes a charge of the farm after her father's death and passes by good and bad years and keeps the land wisely. When times are hard and neighbors become discouraged and move away, she scrimps and saves to add their acres to her own. Alexandra is a reliable and responsible girl as her father says" She will do the best she can. She can change the prairie become rich and flourishing. She never gives up and feels despair and finally she gets her happiness even though there are some conflicts that she must overcome.

There are some reasons why the writer interesting to analyze O Pioneers! As her study of research. The First, the novel was written by famous female American author Willa Cather. The second the title is interesting and the language is easy to understand. The third, the researcher discerns a correlation between the story and the author's life. The fourth, this novel was filmed in 1992 and much of the filming was done on location in and around <u>Johnstown</u>, in northern <u>Nebraska</u>, played by Jessica Lange, David Starthairn, and Tom Aldredge, and gets the award from Emmy Award (1992) Western Heritage Award (1993) and Golden Globe Award.

In this research, the researcher uses hierarchy of needs is the theory of psychology propped by Abraham Maslow, he figure out that all the act of human is influence by their basic needs, Maslow classified the human needs theory from the lowest level until the highest stage in the firm of pyramid, they are physiological needs, safely needs, love belonging needs, esteem needs, and the top of hierarchy selfactualization.

Self-actualization is refers to the person's desire for self-fulfillment, namely, to the tendency for him to become actualized in what he is potentially. Psychologist Abraham Maslow (1943) stated that human motivation is based on people seeking fulfillment and change through personal growth. Self-actualized people are those who were fulfilled and doing all they were capable of. After looking at the character of Alexandra and has connecting to theory Abraham Maslow use self-actualization approach supported with a book A Theory of Human Motivation and O Pioneers! Novel by Willa Cather, the researcher decides to analyze this novel with the title is "SELF-ACTUALIZATION OF THE MAIN CHARACTER IN O PIONEERS! BY WILLA CATHER; A PSYCHOLOGICAL APPROACH"

#### 1.2 Identification of the Problem

Alexandra is the main character in O Pioneers! Novel, she is the daughter of Swedish immigrants, is a spirited, independent woman who assumes responsibility for the family farm after her father's death. Her courageous devotion to this harsh, forbidding prairie will transform both the land and her life. So in this subtitle the research would like to state some problems that are related to this research. They are:

- 1. Main character's morality in Alexandra daily life
- 2. Main character's creativities to make the land fertile
- 3. Main character's ways to solve the problem
- 4. Main character's ways to achieve herself actualization

#### 1.3 Limitation of the research

There are many things that can be discussed in this novel but the writer only focus on the statement:

- 1. Main character's morality in her daily life
- 2. Main character's creativities to make the land fertile
- 3. Main character's ways to solve the problem

#### 1.4 Formulation of the research

There are some problems that are related to the self-actualization needs by the main character of Hamlet drama. They are:

1. How is the main character's morality in her daily life?

- 2. What are the main character's creativities to make the land fertile?
- 3. What are the main character's ways to solve the problem?

#### 1.5 Objective of the research

In the relation with the limitation of the problem the research has design the objectives of the study as mention below:

- 1. To find out the main character's morality in Alexandra daily life
- 2. To find out the main character's creativities to make the land fertile
- 3. To find out the main character's ways to solve the problem

#### 1.6 Significance of the Research

#### 1.6.1 Theoretically

This research is expected to provide further explanation of self-actualization by using psychological approach and becomes a study of literature, especially about hierarchy of needs related to Self-actualization of the main character in O Pioneers novel by Willa Cather.

#### 1.6.2 Practically

Practical benefits of this research are firstly for the writer, the result of this study is able to deepen her knowledge and this research is also the requirement that the writer makes to get the Bachelor degree foe the academic, the result of this study can be used a reference to the possibility of doing research on the same issue in the future.

#### 1.7 Definitions of Key Term

- Psychology:often applied to the assessment and treatment of mental<br/>health problems, it is also directed towards understanding and<br/>solving. Psychology is the scientific study of behavior and<br/>mental processes based on (Denis and Mitterer, 2010)
- Self-actualization : is refers to the person's desire for self-fulfillment, namely, to the tendency for him to become actualized in what he is potentially (Kaur, 2013)
- Main character:is the character who prefers the story in the novel concerned.He/she is the most widely told figure, both as the perpetratorof the incident as well as the incident (Nurgiyantoro burhan,2007)

#### **CHAPTER II**

#### **REVIEW OF RELATED LITERATURE AND THEORETICAL FRAMEWORK**

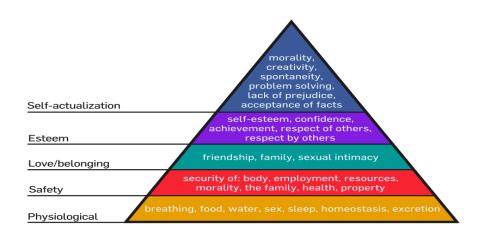
#### 2.1 Psychological Approach

Psychological approach can be used if literary works have the specific aspect. In psychology which influences the characters to do some action in the story. These aspects are related to human psyche. This approach can be used to analyze the protagonist and antagonist character is both in flat and round characters the expert of the theory is Sigmund Freud. He is famous with the theory of three physics zones; they are Id, Ego, and Super ego, but in this research, the researcher applies hierarchy of needs the theory of psychology propped by Abraham Maslow. Maslow's(Kaur, 2013) hierarchy of needs is a motivational theory in psychology comprising a five tier model of human needs, often depicted as hierarchical levels within a pyramid.

Maslow stated that people are motivated to achieve certain needs and that some needs take precedence over others. Our most basic need is for physical survival, and this will be the first thing that motivates our behavior. Once that level is fulfilled the next level up is what motivates us, and so on.

Maslow's hierarchy of needs is a theory in psychology proposed by Abraham Maslow in his 1943 paper "A Theory of Human Motivation" in Psychological Review. Maslow subsequently extended the idea to include his observations of humans' innate curiosity. His theories parallel many other theories of human developmental psychology, some of which focus on describing the stages of growth in humans.

Maslow's Hierarchy of Needs has often been represented in a hierarchical pyramid with five levels. The four levels (lower-order needs) are considered physiological needs, while the top level of the pyramid is considered growth needs. The lower level needs must be satisfied before higher-order needs can influence behavior. The levels are as follows (see pyramid in Figure 1 below).





#### 2.1.1 Psychological Needs

Physiological needs are the physical requirements for human survival. If these requirements are not met, the human body cannot function properly and will ultimately fail. Physiological needs are thought to be the most important; they should be met first.

Air, water, and food are metabolic requirements for survival in all animals, including humans. Clothing and shelter provide necessary protection from the elements. While maintaining an adequate birth rate shapes the intensity of the human sexual instinct, sexual competition may also shape said instinct. Someone who is getting less of food, self-esteem, and love he will look for food formerly. Some people who are in a hunger and harm condition do not have other desires expect looking for the food, for the prosperous community, these types of need generally have been fulfilled. When the basic needs are satisfied, the other needs on higher level will appear and dominate human behavior soon.

#### 2.1.2 Safety Needs

After their basic needs are fulfilled, the second level need which Maslow states in his theory is the safety need or security need. This need is categorized as the needs of stability, protection, freedom from fear and anxiety; the need for structure, policy, law, norms and so on. A person whose feel insecure has need for regularity and stability and try to avoid things that are unfamiliar and unexpected.

#### 2.1.3 Love and belonging

After physiological and safety needs are fulfilled, the third level of human needs the belongingness and love needs that include the need for a sense of belonging, trust, love, and compassion each other will be an important motivation for every individual. Generally, each individual will desire for relation of love with others particularly the need for a sense of belonging within a group.

#### 2.1.4 Esteem Needs

This fourth step of the hierarchy explain the criteria of human about their basic needs to be accepted, respected and valued by others in society, higher reputation needs to higher while the low reputation leads to a desperation. People with enough self-esteem will be more confident. Thus they will be more potential and productive. On the other way, lack of self-esteem will cause a sense of low self-esteem, a sense of helplessness, even a sense of desperate and neurotic behavior.

#### 2.1.5 Self- actualization

The term was later used by Abraham Maslow in his article, "A Theory of Human Motivation". Maslow explicitly defines self-actualization to be the desire for self-fulfillment, namely the tendency for him (the individual) to become actualized in what he is potentially. This tendency might be phrased as the desire to become more and more what one is to become everything that one is capable of becoming. Maslow used the term self-actualization to describe a desire, not a driving force that could lead to realizing one's capabilities. Maslow did not feel that self-actualization determined one's life; rather, he felt that it gave the individual a desire, or motivation to achieve budding ambitions.

Maslow's usage of the term is now popular in modern psychology when discussing personality from the humanistic approach. Maslow considered self-actualizing people to possess an unusual ability to detect the spurious, the fake, and the dishonest in personality, and in general to judge people correctly and efficiently. Maslow describes the good life as one directed towards self-actualization, the pinnacle need. Self-actualization occurs when you maximize your potential, doing the best that you are capable of doing.

The self-actualization also had a different way of relating to others. First they enjoyed solitude, and were comfortable being alone and they enjoyed deeper personal relations with a few close friends and family members, rather than more shallow relationships with many people. They enjoyed autonomy, a relative independence from physical and social needs and they resisted enculturation that is they were not susceptible to social pressure to be "well adjusted" or to "fit in" they were in fact nonconformists in the best sense. They had an hostile sense of humor preferring to joke at their own expense or at the human condition and never directing their humor at others.

They had a quality he called acceptance of self and others, by which he meant that these people would be more likely to take you as you are than they try to change you into what they thought you should be. This same acceptance applied to their attitudes towards themselves. If some quality of theirs wasn't harmful, they let it is, even, enjoying it as a personal quirk. On the other hand, they were often strongly motivated to change negative qualities in themselves that could be changed. Along with this comes spontaneity and simplicity. They preferred being themselves rather than being pretentious or artificial. In fact, for all their nonconformity, he found that they tended to be conventional on the surface, just where less self-actualizing nonconformists tend to be the most dramatic.

Along with this comes their ability to be creative, inventive, and original. Finally these people tended to have more peak experiences than the average person. A peak experience is one that takes you out of yourself, that makes you feel very tiny or very large to some extent one with life or nature or God. It gives you a feeling of being a part of the infinite and the eternal. These experiences tend to leave their mark on a person, change them for the better and many people actively seek them out. They are also called mystical experiences and are an important part of many religious and philosophical traditions.

#### 2.2 Review of Previous Study

The first research that is used by the writer as a previous study is" Self actualization needs and education of participants in lifelong education centers" which conducted by (Akcay & Akyol, 2012). In the research the researcher use Abraham Maslow's theory of Human Motivation and defined as the potential of the individual to reach his highest level of personal fulfillment throughout his life. Lifelong Education Centers in Turkey are appropriate places to satisfy this need. The aim of this study is to find out the expectations and life satisfaction levels of the participants who attended the educational programs. The findings of the study revealed that the expectation of the participants was met in the "agree" level and their life satisfaction levels after the program were also in the "agree" level. The study has been analyzed through percentage, frequency and descriptive analysis methods via SPSS 17.0 statistical program. Through the questions in the questionnaire, the gender, monthly income and educational levels of the participants have been determined; their expectations from the courses and the level of expectations met have been specified; and it has been found on which level the programs have affected the life satisfaction of the participants. The second was conduct by Rahmawati Yasinta (2015), student from state Islamic University of Sunan Ampel Surabaya, in her thesis entitled The Main Character's Struggle to achieve Self-actualization Portrayed in Rochelle Weber's Rocky Crazy. In this research, she analyzed Rochelle Weber's novel entitled Rock Crazy. This novel tells about the struggle of Katya McGowan to be a good mother despite of her mental illness. She has bipolar disorder. This thesis focuses on the Katie's process of selfactualization as the main character. Moreover, this thesis aimed to represent Katie's characterization in the Rock Crazy. It is also to describe Katie's process to be selfactualization person. Since it is a literary study of the novel, the sources collected are mainly from in the novel itself. The study is only limited on Katie's life to achieve her self-actualization. The idea of self-actualization will be elaborated using Maslow's hierarchy of needs, from the lowest needs until the highest needs. The data is provided in the story which appears with the main character that has different appearance since successfully reach her needs.

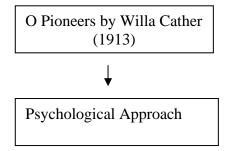
The third was conduct by Ristiani Ina, student from Muhammadiyah Surakarta university, in her thesis entitled Self-actualization in Shekar Kapur's the Golden Age; A Humanistic Psychological Approach. The problem of this study is how the major character, Queen Elizabeth actualizes herself in Shekar Kapur's The Golden Age. The objective of this study is to analyze Shekar Kapur's The Golden Age based on the structural element and Maslow's humanistic psychological approach. This study belongs to qualitative research. In this method, there are two types of data sources which are used, namely primary and secondary data sources. The primary data source is the novel itself. The secondary data source is taken from books and other sources which support the analysis. The technique of data collection is library research and technique of data analysis is descriptive analysis technique. Having analyzed the novel, the writer concluded that Queen Elizabeth, the major character of the movie can actualize herself. It can be known from her life that she can pass the four basic needs (Physiological needs, Safety needs, Love and Belongingness needs, Self-esteem needs) and has the fifteen characteristics of Self-actualization.

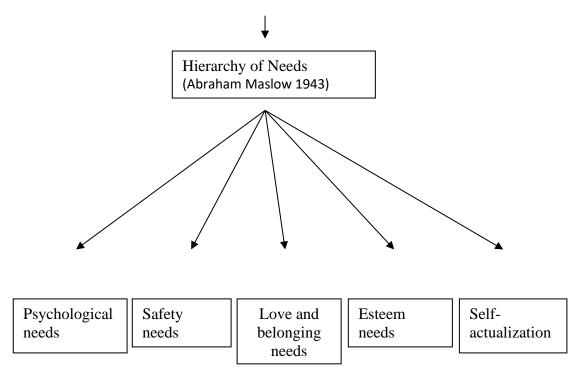
The fourth was conduct by (Ruth & Tobing, 2011) student from Binus University, in her thesis entitled Self Actualization of Nina Sayers As Seen In The Movie Script "Black swan" By Andres Heinz. This thesis discusses the need for self-actualization of the main character. This Thesis aims to find out the self-actualization self-Nina Sayers and the struggle for a Series of events and actions in meeting basic human needs, which include physiological needs, safety needs, love needs, esteem needs and the need for selfactualization. This study used a literature study, supported by the intrinsic and extrinsic approach adopted by Abraham Maslow's theory of motivation. It is concluded that Nina Sayers has succeeded in providing a professional ballerina through selfactualization, and the environment as a ballerina realize hard work to succeed in life goes according to their needs. In this paper reminds that human beings cannot be separated from its own motivations and needs of each person has a different potential. To explore this potential it is required to recognize and deepen the potential of using motivation. Through appearances on the show as the black swan ballerina, Nina Sayers shows self-actualization through her achievements as a ballerina in the movie black swan.

The fifth was conduct by (Jalil, 2015)student from UIN Sunan Kalijaga Yogyakarta, in his thesis entitled Self-Actualization of Bradley Cohen Character In front of the Class Film. This research analyzes the form and self-actualization process of Brad Cohen character in Front of the Class film to reach the life happier and become what he wants. This research applies film theory and psychological humanistic theory of Abraham Maslow that focuses on self-actualization. This research aims to know how self-actualization form reached by Brad Cohen and what factors encourages his selfactualization process. In this research, the method used in this research is qualitative research, especially library research. Based on the analysis, this research concludes that self-actualization form which is achieved by Bradley Cohen is the realization of his dream becomes a teacher in Mountain View Elementary School and the success of implementing his job. As a self-actualized person, Bradley Cohen can live more well, dedicate and become responsible for his job, creative and brave in action, low of selfconflicts and have psychological freedom, while the encourage factors that motivate his self-actualization is the satisfaction of his basic needs.

#### 2.3 Theoretical Frame work

This research consist of the framework which gift a brief summary the research to reach the goal during analyze data and to make the reader understand this research by present it in main point diagram as below:





Picture. 2

O Pioneers is one of the famous novels by Willa Cather. It reflects some selfactualization of the main character found from the novel entitled O pioneers. The selfactualization of main character can be analyzed by using the theory from American Psychologist Abraham Maslow. He figure out all the act of human is influence by their basic needs. Maslow classified the human needs theory from the lowest until the highest stage in the firm of pyramid.

#### CHAPTER III

#### **RESEARCH METHOD**

#### 3.1 Research Design

In general, research can be classified into two models, qualitative and quantitative study. In doing this research related to self-actualization, the researcher uses qualitative method to conduct the research. Qualitative method is a means for exploring and understanding the meaning individual or groups ascribe to a social or human problem (John W Creswell, 2009,p.4). The research focused on the detailed explanation and aimed to present in-depth information related to self-actualization needs as the result. In this way, it is considered as qualitative research.

#### 3.2 Object of the Research

According to (Sugiyono,2012,p.59) object of the research is an attribute, character, or the value of someone, something or activity which has a certain variation that divided by the researcher to analyze it. The object of the research is the Self-actualization of the main character as reflected in novel by O Pioneers by Willa Cather. The primary data was taken from novel O Pioneers by Willa Cather.

## **3.3** Method of collecting data

The method of collecting data used by the researcher is documentation method. According to (S. Arikunto, 2010) Documentation method is a collection of files that search for data about things in the form of notes, transcripts, books, newspapers, magazines, inscriptions, minutes, agenda and so on. Moreover, the library research and taking note are technique that used by the writer to collect the data. In collecting the data, the researcher does some steps to collect the data. The steps of collecting data are as follows:

- Reading the novel several times until the researcher gets information or the data to be analyzed.
- 3. Reading some related books to find out the theory data and information required.
- 4. Browsing the internet to get several information and articles related to the research.
- 5. Taking notes the data of important parts related to the topic of the research.
- 6. Applying the psychological approach to the data found.
- 7. Arranging the important data that related to the study and develop them to be a good unity.
- 8. Drawing conclusion based on the data analysis

#### 3.4 Method of Analyzing Data

In analyzing the data, the writer uses descriptive qualitative, because this technique strongly supports the achievement of research objectives is to describe or obtain a clear picture or describe the self-actualization of the main character contained

in the novel O Pioneers. Furthermore, the steps which the researcher uses in analyzing the data are below:

- Grouping data according to the self-actualization of the main character of O Pioneers novel.
- 2. Interpreting data in the form of words and dialogue that describe the selfactualization of the O Pioneers novel
- 3. Summarizing the overall analysis of data in the form of words and dialogue to see the self-actualization of the O Pioneers novel

#### 3.5 Method of Presenting Result Analysis

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This research is a qualitative research and the result of the research is a description about self-actualization of the main character in the novel O Pioneers. Therefore, the writer uses informal presentation method to present the result of analysis. The writer uses words and sentences to explain the result and analysis so it would be clear and itis easier for the reader to understand the data analysis result.

#### CHAPTER III

#### **RESEARCH METHOD**

#### 3.1 Research Design

In general, research can be classified into two models, qualitative and quantitative study. In doing this research related to self-actualization, the researcher uses qualitative method to conduct the research. Qualitative method is a means for exploring and understanding the meaning individual or groups ascribe to a social or human problem (John W Creswell, 2009,p.4). The research focused on the detailed explanation and aimed to present in-depth information related to self-actualization needs as the result. In this way, it is considered as qualitative research.

#### 3.2 Object of the Research

According to (Sugiyono,2012,p.59) object of the research is an attribute, character, or the value of someone, something or activity which has a certain variation that divided by the researcher to analyze it. The object of the research is the Self-actualization of the main character as reflected in novel by O Pioneers by Willa Cather. The primary data was taken from novel O Pioneers by Willa Cather.

## **3.4** Method of collecting data

The method of collecting data used by the researcher is documentation method. According to (S. Arikunto, 2010) Documentation method is a collection of files that search for data about things in the form of notes, transcripts, books, newspapers, magazines, inscriptions, minutes, agenda and so on. Moreover, the library research and taking note are technique that used by the writer to collect the data. In collecting the data, the researcher does some steps to collect the data. The steps of collecting data are as follows:

- Reading the novel several times until the researcher gets information or the data to be analyzed.
- 10. Reading some related books to find out the theory data and information required.
- 11. Browsing the internet to get several information and articles related to the research.
- 12. Taking notes the data of important parts related to the topic of the research.
- 13. Applying the psychological approach to the data found.
- 14. Arranging the important data that related to the study and develop them to be a good unity.
- 15. Drawing conclusion based on the data analysis

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