

**CHILD NEGLECT AND ABUSE REFLECTED IN
NANCY WERLIN'S "THE RULES OF SURVIVAL"
NOVEL: PSYCHOLOGICAL APPROACH**

THESIS



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**DEPARTMENT OF ENGLISH LITERATURE
FACULTY OF SOCIAL SCIENCES AND HUMANITIES
PUTERA BATAM UNIVERSITY
2023**

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**Submitted in Partial Fulfillment of the Requirements for the Degree of
English Sarjana Sastra**



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2023**

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I, Meysy Claudiana Cindi Agatta Ompusunggu with NPM 181210048, undersigned below

Hereby declare that the paper entitled:

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Is the real work of myself and I realize that this thesis has never been published in other media before, partially, or entirely, in the name of mine or others.

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Meysy Claudiana Cindi Agatta Ompusunggu
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Sarjana Sastra (S1)**

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The thesis has been examined on the date as indicated below

Batam, 01st March 2023



**Drs. Caguk Rudianto, M.Pd.
Supervisor**

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ABSTRAK

Pelecehan dan penelantaran anak sepenuhnya melibatkan perkembangan anak dan mempengaruhi bagaimana mereka akan dapat tumbuh kedepannya. Tujuan dari penelitian ini adalah untuk mengidentifikasi jenis dan penyebab pelecehan dan penelantaran anak yang ditemukan di novel “The Rules of Survival” oleh Nancy Werlin. Penelitian ini menerapkan teori yang dikemukakan oleh Doak (2007) untuk mengidentifikasi jenis-jenis pelecehan dan penelantaran anak dan teori yang dikemukakan oleh Shannon (2009) digunakan untuk mengidentifikasi penyebab dari pelecehan dan penelantaran anak. Penelitian ini dilakukan dengan menggunakan metode deskriptif kualitatif, dan data dari penelitian dikumpulkan dengan menggunakan metode penelitian kepustakaan oleh Ratna (2004). Selanjutnya, data yang sudah terkumpul kemudian dianalisis dengan menerapkan metode kategorisasi oleh Jacobs (2018). Terakhir, penelitian menggunakan metode deskriptif kualitatif oleh Creswell (2013) untuk menyajikan hasil penelitian. Hasil dari penelitian ini menunjukkan bahwa Matthew dan dua saudara perempuannya telah mengalami kekerasan fisik dengan 6 data, pelecehan psikologis dengan 4 data, penelantaran fisik dengan 5 data, dan pengabaian emosional dengan 6 data, dengan total 21 data. Peneliti telah mengamati isi novel dengan seksama, dan pelecehan seksual tidak ditemukan telah dialami oleh Matthew atau saudara perempuannya karena novel ini lebih fokus pada pelecehan yang dilakukan secara fisik dan psikologis. Sementara, pengabaian pendidikan juga ditemukan tidak dialami oleh mereka, karena mereka masih memiliki dukungan finansial ayah mereka, meskipun ia tinggal jauh dari mereka. Kemudian diidentifikasi bahwa pelecehan dan pengabaian yang dialami oleh Matthew dan saudara perempuannya sebagian besar disebabkan oleh kepribadian ibu mereka. Itu termasuk dalam faktor orang tua dengan 18 data, sedangkan sisa 5 data termasuk faktor keluarga, dan 2 data termasuk faktor anak dengan total 25 data.

Kata Kunci: *pelecehan anak, penelantaran anak, psikologi*

ABSTRACT

Child abuse and neglect fully involves with the development of the child and affects how the child will grow in the future. The purpose of this study is to identify the neglect and abusive act and the factor that cause it found in “The Rules of Survival” by Nancy Werlin. This research applied theory proposed by Doak (2007) to identify the neglect and abusive act got by children and theory proposed by Shannon (2009) to identify the factors that causes of neglect and abusive act. This research is conducted by using the method of descriptive qualitative, and the research’s data was collected by using library research method by Ratna (2004). Next, the collected data is analysed by applying categorization method by Jacobs (2018). Lastly, the research used descriptive qualitative method by Creswell (2013) to present research’s results. The results of this research showed that Matthew and his sisters had experienced physical abuse with 6 data found, psychological abuse with 4 data, physical neglect with 5 data, and emotional neglect with 6 data, with total of 21 data. The researcher had observed thorough the content of the novel, and sexual abuse is not found to be experienced by Matthew or his sisters as the novel focused more on the abuse that is done physically and psychologically. While, educational neglect also is found not experienced by the kids, because they still had their father’s financial support, even though he lived away from them. It was identified that the abuses and neglects experienced by Matthew and his sisters were mostly caused by their mother’s personality. It included in the parents’ factors with total of 18, while the rest of 5 data included family factors, and 2 data included child factors with total of 25 data.

Keywords: child abuse, child neglect, psychological

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CHAPTER I

INTRODUCTION

1.1 Background of the Research

Children are very precious creatures. A family is considered incomplete without them. Their presences bring hopes and dreams into our lives. Children are God's gift to parents to be cared for, loved, raised with love, protected, educated and listened to, therefore, supporting them in every way possibly will help them to cultivate and build their personalities.

Children experience their own personality development that continues to develop as much as adults. A psychological approach is a perspective, based on certain assumptions, about behavior. Each approach holds shared ideas about how to describe, predict, and explain behavior. Psychological studies provide critical information about life, including children. Child abuse is an act of inability as a parent or caretaker which causes harm on a child (Shannon, 2009). Maltreatment from parents or caretaker will interfere with childhood life and negatively affect the child as they grow up in the future. Lack of parental attention makes the child feel unappreciated. Children should have the right and freedoms to live their childhood well, but many children are ignored by parents resulting in their psychic being disturbed.

Despite the fact that a child should be protected and cared, child abuse and neglect are still commonly found in the society. According to Centers for Disease Control and Prevention (2022), there are at least 1 in 7 children ever dealt of child abuse or neglect previously in the United States, which the

number could be bigger as many cases were left unreported. The risk for child abuse and neglect only increases with poverty that put pressure and stress in the families for as much as 5 times higher for children with low socioeconomic status. The effects caused of child abuse and neglect are not to be underestimated as victim may suffer from physical and psychological issues. Long term effects are also expected to occur for the victim with increased risk to experience anything ranging from violence victimization to delayed brain development because of the abuse and neglect.

One of the novels which has an interesting psychological phenomenon regarding child neglect is titled "*The Rules of Survival*" by Nancy Werlin. The story tells about three young children who are raised by their abusive mother, Nikki. The oldest son Matthew tried to rescue his two younger sister Callie and Emmy and saw a glimpse of hope when their mother's dating Murdoch who is their neighbor. But things took a turn for worse when they mother broke up with him.

In the novel, Nikki goes to Aunt Bobbie's house when Matthew is alone in the house. Nikki keeps screaming and attacks Matthew when he goes to check on her.

"I turned to go. And Nikki attacked. She threw herself at my back, hanging on me with one arm while she clawed at my face with the other. Pain ripped through my cheek. Her weight was heavy on my back. I felt one of her legs twist up as she tried to kick me in the groin with her heel." (Werlin, 2011, p. 156)

In the quotation, Nikki can be seen as abusive toward her son Matthew by physically attack him. According to Doak (2007), physical abuses toward

children are considered as any physical injury done by parent or caretaker that might come as punishment or over disciplined. Nikki as a parent deliberated uses physical force to inflict injury on his son, Matthew.

In the novel, Matthew got caught stealing cookie by Nikki and she pressed a knife on his throat.

““Thief!” our mother yelled. “Cookie thief!” She burst into giggles. She had the big kitchen knife, and it was pressed to my throat. And as she laughed, I could feel it shake in her hands, and push against my skin. She cut me that night. Just a little.” (Werlin, 2011, p. 18)

In the quotation above, upon discovering that Matthew stole a cookie, Nikki’s immediate response is to hold a knife to his throat, cutting him a little. According to Doak (2007), psychological or emotional abuse can be seen as any acts by parent or caretaker toward children that may cause serious emotional damage though it isn’t always intended as harm. Nikki’s action by putting knife on Matthew’s throat directly inflicts harm to him by being a direct threat to his life. At that moment, Matthew’s life is in danger by his own mother.

In supporting this research, the researcher took two journals as comparison. First, Prabha (2016) investigated child abuse and the aftermath it has on the victims found on Toni Morrison’s works. It was highlighted how child abuse can prevent a child to development normally as it forms a barrier that prevented it. This previous research discussed the abuse experienced by children caused by Morrison’s mothers. It also explained the behavior of such abusive mothers that are considered murderers to the ‘self’ of the children as

victims. The effects of the abuse were also discussed for the victims and the surroundings.

Second, Kinanti and Daulay (2020) performed an investigation on the child abuse experienced on “Eleanor and Park” by Rainbow Rowell. In order to classify that the abuse and the effects it has on Eleanor, the research applied Erikson’s psychosocial development theory. The researcher applied four out of the eight stages in Eleanor as the setting of the novel is a coming-of-age novel. As the result, despite struggling in the earlier stages, Eleanor develops into a better person after meeting Park. Therefore, in the later stages, she will have a good possibility to pass as well. The previous study has the similarities with the present research that is child abuse. The different of this research is the literary approach, the previous research used psychosocial based on Erik Erikson, while the present study used the psychological approach based on (Wellek & Warren, 1948)

The researcher chose the topic “*Child Neglect and Abuse Reflected in Nancy Werlin's "The Rules of Survival" Novel: Psychological Approach*” as the object of the research because this topic the author saw some images of the the neglect and abusive acts along with the adverse causes that affect the lives of victims. Through this novel the researcher wants to show that the reality of child abuse and child neglect does happen in the real world and the novel is a reflection of its reality.

1.2 Identification of the Problem

1. The personality of character in “The Rules of Survival” novel by Nancy Werlin.
2. The negative effects towards children from parents’ maltreatment in “The Rules of Survival” novel by Nancy Werlin.
3. The children’s struggles in “The Rules of Survival” novel by Nancy Werlin.
4. The neglect and abusive act got by children in “The Rules of Survival” novel by Nancy Werlin.
5. The factors that cause the neglect and abusive act to the children in “The Rules of Survival” novel by Nancy Werlin.

1.3 Limitation of the Problem

1. The neglect and abusive act got by children in “The Rules of Survival” novel by Nancy Werlin.
2. The factors that cause the neglect and abusive act to the children in “The Rules of Survival” novel by Nancy Werlin.

1.4 Formulation of the Problem

1. What are the neglect and abusive act got by children in “The Rules of Survival” novel by Nancy Werlin?
2. What are the factors that cause the neglect and abusive acts to the in “The Rules of Survival” novel by Nancy Werlin?

1.5 Objective of the Research

1. To identify the neglect and abusive act got by children in “The Rules of Survival” novel by Nancy Werlin
3. To identify are the factors that cause the neglect and abusive acts to the in “The Rules of Survival” novel by Nancy Werlin?

1.6 Significance of the Research

1. Theoretically

This research has several purposes. Firstly, it is done to provide the information of child abuse and child neglect through the types and the causes towards a child. This research will act as a reference for the literary studies’ development especially psychological approach’s study in Putera Batam University.

2. Practically

This research is able to append the knowledge about child abuse and child neglect and the causes of the abusive acts, which related with psychology theory. In addition, it also may help readers to come across child abuse and child neglect in reality. This research is expected to be able in giving insight of child abuse and child neglect through fictional characters, as it might happen in real life and the readers will be able to identify it.

1.7 Definition of Key Terms

Child Neglect : The failure in providing children’s basic needs. Forms of neglect could be physically,

emotionally, and educationally (DePanfilis, 2006).

Child Abuse : act of inability as a parent or caretaker which causes harm on a child (Shannon, 2009).

Psychological Approach : A psychological approach is a perspective, based on certain assumptions, about behavior. Each approach holds shared ideas about how to describe, predict, and explain behavior.

CHAPTER II
REVIEW OF RELATED LITERATURE AND THEORETICAL
FRAMEWORK

2.1 Psychological Approach

Basically, there are two types of approach intrinsic and extrinsic. The intrinsic and extrinsic approaches are originally written by Wellek & Warren, 1948 in their book "Theory of Literature". Intrinsic approach explains about the plot, setting, theme, character, point of view, and style. Based on Wellek & Warren the definition of extrinsic approach explains about the study of literature in the aspects such as biography, psychology, society, ideas, and other arts. Psychological content appears in a wide range of literary forms such as poetry, short story, play, and novel. "Psychology of literature," we may mean the psychological study of the writer, as 5 type and as individual, or the study of the creative process, or the study of the psychological types and laws present within works of literature, or, finally, the effects of literature upon its readers (audience psychology). Based on Wellek & Warren theory, literary works can be reflected the author's experiences, hopes or dreams. In studying the psychology of a literature, there should be a consideration of the literature and society.

Generally, psychology is a field of science and applied sciences that studies human behavior, mental function, and mental processes through scientific procedures. While, psychology in literature meant the study regarding the writer of literary works as individual, or the study on creative process by

writer within the work and its effects upon readers (Wellek & Warren, 1948). A psychological approach is a way of looking at behavior and personality that is based on specific assumptions. Each strategy has a set of common principles about how to characterize, predict, and explain behavior.

According to Taylor, Peplau, and Sears (2006), it is a study on people's behaviors, their thoughts, and influences they made for the others, which has the aid to discover issues of people's interactions with different forms of attitudes towards different relation such as among friendship, prejudice, power, and aggression. The level of individual analysis on psychology is specifically used in this research, in order to identify the behavior in terms of a person's psychological characteristics and past experiences. This viewpoint is expected to able to explain the individuals' motives and personality traits on their behaviors, in which that it was affected by childhood experiences, ability, motivation, and the adjustment of psychology and personality.

2.1.1 Child Maltreatment

Specific term for child abuse and neglect is child maltreatment, which meant as the acts failure as a parent or caretaker who is responsible for child's welfare, and resulted on emotional or physical harm, exploitation or sexual abuse, and even death (Doak, 2007). Child abuse and neglect specified only for parents and caregivers as they are considered as the perpetrator of child maltreatment, while the abusive behaviour of other people such as strangers or child's acquaintances is considered as child assault.

2.1.1.1 Physical Abuse

Physical abuse is defined as the infliction with physical injury through aggressive acts such as kicking, beating, punching, burning, biting, hit with an object, lighting the child's body with cigarettes, matches, doused the child with hot water and tied him up did not give proper food for children or other which caused harm towards child (Doak, 2007). Generally, abuse done physically by parent or caretaker is a willing act, however there are some cases which they might not intended to as the injuries might from physical punishment or overdisciplined. Physical abuse inflicts injuries that might have long term effect that influences the child abilities to function as an adult. Physical inability will affect the child limitation as how they mature into adulthood and enter the society.

2.1.1.2 Sexual Abuse

As mentioned by Doak (2007), sexual abuse is the acts by parents or caretaker that involved their fondling towards child's genitals, rape, incest, intercourse, exhibitionism, sodomy, and exploitation through production of pornographic materials or prostitution. But it can also mean the child is made to see sexual acts, view adult genitalia, view pornography, telling children to touch other people's vital organs, show genitals to children, force children to undress, force the child to have sex with other people, telling children vulgar stories.

In the act of sexual abuse, the children under gone a sense of sexualisation which is done to their innocence should be protected up until they

are mature enough in their adolescence to explore their sexuality on their own and not to be enforced onto them against their will. According to the Boy Scouts of America (BSA), in 2020 nearly 100,000 people were allegedly victims of sexual abuse in boy of scout organizations in the United States.

2.1.1.3 Psychological Abuse

Psychological or emotional abuse is known as the acts and behaviour done by perpetrator towards a child that may have caused serious cognitive, behavioural, emotional, and mental disorders (Doak, 2007). Emotional abuse is when a child regularly threatened, shouted at, humiliated, ignored, blame, or other emotional mishandling, such as make the child be funny and laugh at, calling his name with unworthy titles, and always looking for faults. Or occurs when adults ignore, terrorize, blame, discourage, and so on, making children feel inconsistent and worthless. Humiliating, insulting, cursing treatment, and calling with negative designations are done continuously so that the child feels that he is what is said to him. Children who are constantly cursed feel useless and think themselves are bad.

Some cases of this abuse proved that even without any harm intended, it could also cause intervention on the child's condition or behaviours, such as by locking child in a dark room as a punishment. Psychological or emotional abuse on children also contains longer lasting aftermath as it is buried deeply on the children as they grow up. In psychological or emotional abuse, as it may pass as unseen most of the times it will not be considered, although the deep

result felt by the children can have a serious damage done to the child as the child grows up and chains by their psychological or emotional abuse.

2.1.1.4 Neglect

Children are supposed to obtain needs such as physical, emotional, educational, cognitive, social, and cultural needs. In addition, the feel of staying safe is also one of the basic needs for a child, because feeling unprotected is frightening, whereas the age of them is still too young to have defences. However, Howe (2005) stated that there are many parents had displayed the syndrome of 'apathy-futility', which is the syndrome of motivational loss. It resulted on parents' failure to respond children's attachment, emotional, and social needs, led to children to be neglected and became more passive than active in term of relationship and interaction. Other than passivity in future relationship, neglect also can cause child to grow up with a deep scaring in their self-worth and self-esteem which can last for years untreated.

2.1.1.4.1 Physical Neglect

According to Doak (2007), physical child neglect is the act of failure by perpetrator in providing the basic needs of food, shelter, and clothes; refuse to seek for health or medical care; sufficient supervision, abandonment, and expulsion from home or not allowing runaway to return. Physical child neglect concerns about the physical needs for a child to grow safely in an environment where the child is protected. When the physical need is not met by the caretaker

or the parents of the child, the child will not have a safe environment to grow in and develop fully into a physically and mentally sufficient adult.

2.1.1.4.2 Educational Neglect

The neglects done by perpetrator in education can be allowing school ditching, failure of enrolling child to school in mandatory age, and failure of taking care child's educational needs (Doak, 2007). Educational neglect on children who deserved to undergo individual development on school through class and learned basic human information as how to socialize and develop relationship with other human being are being denied.

Educational neglect can cause a child to fail to acquire basic life skills, drop out of school or continue to display disruptive behaviour. Educational neglect can pose a serious threat to a child's health, emotional well-being, physical or normal psychological growth and development, especially when the child has special educational needs that are not being met. This will affect the child relationship and how the child perceived the world as they have never undergone the same lesson as all other children.

2.1.1.4.3 Emotional Neglect

As explained by Doak (2007), emotional neglect is more difficult to be assessed rather than other type of neglects, but it is considered to have more long-lasting and severe consequences than the other neglects, especially physical. It includes the acts such as failure of giving child adequate attention or affection, refuse to provide psychological care, chronic spouse abuse, isolating child, and permitted the use of alcohol or drug. Emotional neglect

works differently with physical neglect as it concerns with the child's emotional needs to be cared for and loved. Emotional neglect may cause the child to suffer from incomplete or under developed emotional maturity needed as an adult as they are not met during their childhood or adolescent.

2.1.2 Risk Factors of Child Neglect and Abuse

Neglect and abuse may occur on children of all races, economic and social classes, family structures, communities and religions. Yet, there are several factors that may affect children to be more or less likely neglected. Most importantly, having a risk factor or more does not mean that a child will be neglected or abused, as it is possible that families and children would react on the factors differently, however they are still warning signs. One or double major risks factors might affect a little of the child's development, but having three or more of the risk factors had increased the possibility of development problems to be occurred (Shannon, 2009). Below are the risk factors of child neglect and abuse, or even can act as protective factors in some cases.

2.1.2.1 Environmental Factors

Numerous factors from environment might contribute on neglect, as neglectful families would not exist without reason or something triggered (Shannon, 2009). Environmental factors might be interrelated; they are poverty's existence in family, lack of social support, and community characteristics such as dangerous or unsafe living environment. It could also such as malnutrition, poverty, due to migration urbanization, school problems,

family problems, death parents, parents who are seriously ill or disabled, relationships between family members are not harmonious.

2.1.2.2 Family Factors

Some family characteristics have higher rates of neglect to be occurred towards children, which involved life situations of the parents or caretaker such as marriage problems, single parent, domestic violence, financial stress, and unemployment (Shannon, 2009). These traits might not entirely cause maltreatment on child, while they are likely to be risk factors of neglect. The factors that may cause maltreatment towards children in household also include communication or interaction patterns between parents and children, religiosity and social support in household; composition of family, child's witness of domestic violence, and family stress such as difficulties of financial, illness, housing problems, and other hardships

2.1.2.3 Parent or Caregiver Factors

According to Shannon (2009), parent or caregiver has the responsibility to take care of child's needs. However, several characteristics of them as child's guardian may associated child neglect, which include problematic parent's childhood like when he was young, his parents also experienced violence, so that later he will also commit violence towards his children, histories of developmental, personality factors, lack of parenting knowledge, poor skill of problem-solving, issues on substance abuse, and health problems, cultural practices that harm children, namely children's obedience to parents and children are prohibited refuse. Those are the risk factors alongside of

parent or caregiver presence, but they are not always the proofs that a neither parent nor caregiver will be neglectful as they are the signs that present more in the cases of neglectful parents or caregivers

2.1.2.4 Child Factors

Any children have the possibility to be the victim of neglect (Shannon, 2009). However, some characteristics of neglect appeared as the causes among all the cases, which include of being under age, child's certain problems of behavioural, and having special needs. Physical abuse in children is related to behavior deviate including child delinquency. Some research mentions that naughty children are reported to experience violence physically compared to their peers who are not naughty. Which are called deviant behaviour is all deviant behavior of the provisions that apply in society (religious norms, ethics, school and family rules and others). If this deviation occurs against the norms of criminal law, it is called delinquency such as fighting, robbery, theft, extortion, vandalism and others

2.2 Previous Research

Kartina, Natsir, and Valiantien (2019) conducted research on the self-actualizing which discussed about the characteristics and the imperfection. The previous research took Sara Crewe in "*A Little Princess*" novel by Frances Hodgson Burnett to be analyzed. This research used Maslow's self-actualization theory to analyze the character, Sara Crewe. The result of the study shows that Sara has fourteen out of fifteen characteristics of self-

actualizing in her character, and also has unexpected ruthless, imperfection's characteristics of stubborn, and forgetting social politeness.

Wahyuni, Purba, and Pohan (2019) discussed the psychological effects of sexual abuse found in "Spilled Milk" by K.L Randis. This novel portrays the relationship between a young child and a much older person where the child is perceived as an object for sexual pleasure. The research used SECASA's psychological effects of sexual abuse which resulted in a few effects such as fear, responsibility, guilt, anger and flashbacks.

Anggriani and Siregar (2021) explained the aftermath of sexual abuse in the novel "Speak" by Laurie Halse Anderson. The researcher used Sanderson's theory of impact of sexual abuse to understand the effect it has on the victims. In the novel, Melinda as the main character experienced rape as she is drunk from alcoholic drinks. Upon experiencing the sexual abuse, the main character shows three forms of sexual abuse impact.

Lesmana (2014) analyzed child abuse experienced by the character in "A Visit from the Goon Squad". In order to understand the child abuse done to Sasha and the impact it has to her personality, the researcher used Sigmund Freud's theory of personality. Upon receiving inadequate love and affection alongside encountering domestic violence, Sasha's personality changes. The results of the research shows that Sasha's neglect started within her parents' not harmonious marriage which later on encourage the changes in Sasha's personality.

Hikmah, Arafah, and Abbas (2022) elaborated the impact of child abuse and the development of the character found in T.H. White's "Mistress Masham's Repose". The researcher used Alice Miller's psychoanalysis theory that highlighted character responses toward manipulation to adults' needs. As the results, Maria's journey has four aspects as her life is controlled by her guardians which later cause her to repress her emotions.

Fitriantisyam (2018) analyzed the child abuse according to Bowen's Family Systems Theory. In FST, there are four concepts in total, two of which are the cause of child abuse and the other two preserve the child abuse. The researcher took "A Child Called 'It'" by Dave Pelzer as a data source as the author himself is the main character and the person who experienced the child abuse from his family members.

Oetomo and Saraswati (2015) discussed regarding the struggle to overcome sexual abuse trauma in "Speak" by Laurie Halse Anderson. In order to understand Melinda Sordino's struggle, the researcher used new criticism theory which focused on the formal elements of literary works and aligned as Melinda's sexual abuse trauma which consists of physical and non-physical.

Yulianti and Setiawan (2022) elaborated on the topic of emotional abuse on the movie "After" by Jenny Gage in 2019. The symptoms of emotional abuse experienced by the main character were analyzed using Wenar and Oliver's emotional abuse theory. Golden's cinematic theory is also used to understand the cinematic techniques used. The researcher found that the

emotional abuse Tessa experienced is rooted from her mother and her boyfriend Hardin.

2.3 Theoretical Framework

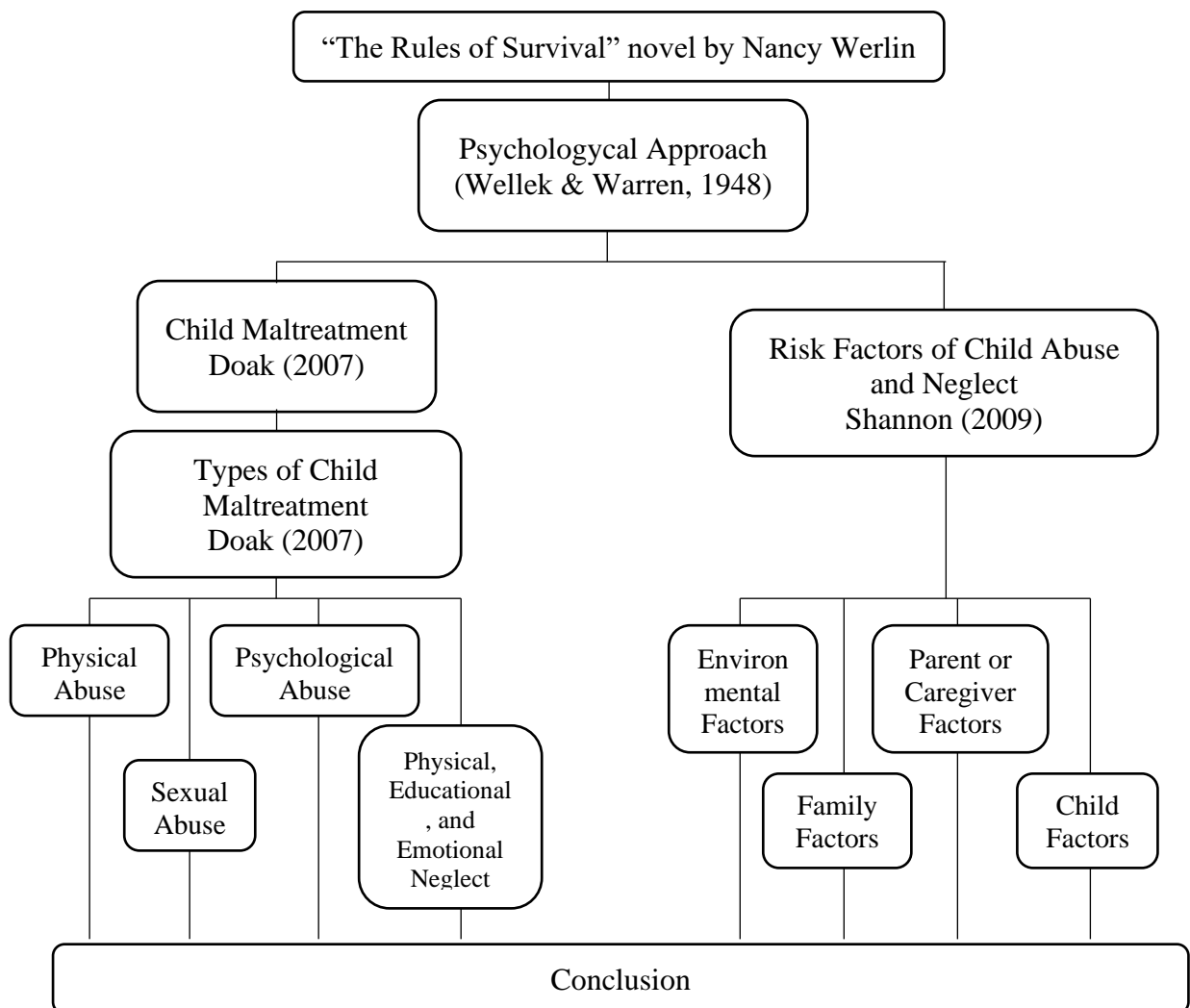


Figure 2.1 Theoretical Framework

CHAPTER III

RESEARCH METHODOLOGY

3.1 Research Design

This research is a descriptive qualitative research, which is defined as a research that closely related to the use of words narratively in order to describe and analyse the data of research (Creswell, 2014). It is suitable to be conducted in this research, as it has the function of understanding the contexts of problems or issues regarding to literary research that conveys stories, or poems, or theatre. The design of descriptive qualitative research is used to conduct this research because the data found are in forms of words and sentences not a number, which is a suitable method to analyse the data in narrative way. The method is applied to do the analysis on child maltreatment in the novel entitled "*The Rules of Survival*" by Nancy Werlin.

3.2 Object of the Research

The two objects of the research are the types and causes of child abuse and neglect on the life of main character in the novel "*The Rules of Survival*" by Nancy Werlin. The theory used to identify the types of child abuse and neglect is by Doak (2007), which consisted of physical, sexual, psychological abuse, and physical, educational, emotional neglect. While, the causes of child abuse and neglect used risk factors of child abuse and neglect theory by Shannon (2009), which are environmental, family, parents or caregiver, and child factors. The sentences or narratives in the novel contained as accord to

the types and causes of child abuse and neglect, which can be identified to be the research's data.

3.3 Method of Collecting Data

This research used the method of library research to collect the data of research. Ratna (2004) stated that library research is done to have relation on the object of a literary work such as novel, drama, or poems, which is enough to be object of the research to represent all data of research in one object. In addition, the method of library research is done to collect data by the help of data sources, which are primary and secondary data sources. . This research's primary data source is the novel written by Nancy Werlin entitled "The Rules of Survival", and the secondary data sources are all writings that were used as references in this research, they were printed and electronic books, journal articles, and websites that are related closely to the research, to support in analysing data.

There are several steps that were taken to collect the research's data. First, the research started by reading the novel "*The Rules of Survival*" to get further understanding. Next step was taking notes of narratives or sentences that are related to object of the research. The researcher had also view onto secondary data sources

3.4 Method of Analysing Data

In this research, the method of categorization is used to analyze the data after collecting data, which is theorized by Jacobs (2018). It is being stated that the method of categorization is the way of analyzing data by categorizing data

into several categories. The data in this research were categorized accordingly based on the theories by Doak (2007) and Shannon (2009), and it was then followed by interpreting and explaining the data found as related to the research's significances.

The first step of analyzing data is categorizing based on Doak (2007) and Shannon (2009) as related to the objects of the research. All the data were analyzed by using psychology theories to achieve the objectives of this research, the theory of child maltreatment types by Doak (2007) and risk factors of child abuse and neglect by Shannon (2009).

3.5 Method of Presenting Research Result

The method of descriptive qualitative as theorized by Creswell (2013) is used to present this research's data results. It is the method of presenting analysis' results into a report as gathered from data of research and explaining narrative involving words, sentences, and discourses so readers are able to receive easy understanding on the research that was conducted.