

**SAFETY NEEDS OF THE MAIN CHARACTER IN LISA
GARDNER'S "THE PERFECT HUSBAND" NOVEL:
PSYCHOLOGICAL APPROACH**

THESIS



**By:
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**ENGLISH DEPARTMENT
FACULTY OF SOCIAL SCIENCES AND HUMANITIES
PUTERA BATAM UNIVERSITY
YEAR 2020**

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**Submitted in Partial Fulfilment of the Requirements for the Degree of Sarjana
Sastra**



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I, Ranto Harapan Silitonga NPM NO.151210023
hereby declare that thesis entitled

SAFETY NEEDS OF THE MAIN CHARACTER IN LISA GARDNER'S "THE PERFECT HUSBAND" NOVEL: PSYCHOLOGICAL APPROACH

is real work of myself and I realize that this thesis has never been published in other
media before, partially or entirely, in the name of mine or others.

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Ranto Harapan Silitonga
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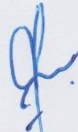
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**Emil Eka Putra, S.S., M.Hum
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ABSTRAK

Penelitian ini bertujuan untuk menganalisis novel *The Perfect Husband* oleh Lisa Gardner dari sudut pandang hirarki kebutuhan Abraham Maslow. Metode yang digunakan dalam penelitian ini adalah metode deskriptif kualitatif. Data yang dikumpulkan berupa kalimat, ucapan, tindakan, dan narasi yang terkait dengan kebutuhan keselamatan karakter utama di dalam cerita. Dalam penelitian ini, peneliti hanya menemukan dua poin dari empat bagian untuk kebutuhan keselamatan karakter utama yaitu kebutuhan keamanan (*security needs*) dan kebebasan dari kecemasan (*freedom from anxiety*). Dari analisis data, peneliti menemukan bahwa kebutuhan keselamatan karakter utama pada awalnya tidak terpenuhi dan karakter utama mencoba untuk memenuhi seluruh cerita. Kebutuhan keselamatan yang tidak terpenuhi dan proses pemenuhan kebutuhan keselamatan menjadi konflik yang menggerakkan plot novel ini.

Kata kunci: Hirarki Kebutuhan; Kebutuhan Keselamatan; psikologi.

ABSTRACT

This research was aimed at analyzing Lisa Gardner's The Perfect Husband novel from Abraham Maslow's theory of the hierarchy of needs point of view. The method used in this research was descriptive qualitative method. The data collected in the form of sentences, utterances, actions, and narratives related to the safety needs of the main character in the story. In this research, the researcher found that there is a need for the safety of the life of the main character in this novel. In this research, the researcher only found two points out of four parts for the safety needs of the main character namely the security needs and freedom from anxiety. From the data analysis, the researcher found that the safety needs of the main character at the beginning were not fulfilled and the main character tried to fulfill it throughout the story. The unfulfilled safety need and the process of the fulfillment of the safety need became the conflict that moved the plot of this novel

Keywords: *Hierarchy of Needs; Safety Needs; Psychology.*

MOTTO AND DEDICATION

MOTTO

Dream, believe, and make it happen

Agnes Monica

DEDICATION

This thesis is proudly dedicated to
My beloved Father and Mother, and all my Family
All lectures and staff at Putera Batam University

ACKNOWLEDGMENT

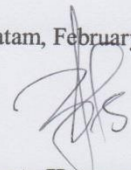
First of all, all praise and worship to my almighty God Jesus Christ for blessing and strengthen me, so that, this thesis entitled "Safety Needs of The Main Character in Lisa Gardner's "The Perfect Husband" Novel: Psychological Approach" could be finished on time.

Also the researcher would like to express his biggest gratitude to his beloved Father and Mother, also his family for the endlessly prayer, love, and support so that the researcher can finish this undergraduate program. Moreover, the researcher would like to express his biggest gratitude and appreciation to his thesis advisor Mr. Emil Eka Putra, S.S., M.Hum who was shared and gave much time, idea, support, the researcher in conducting this research.

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Batam, February 20th 2020



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CHAPTER I

INTRODUCTION

1.1 Background of the Research

Literature cannot be separated from the social life, because literature is a reflection of real life made into a text. Wellek & Warren (1954) stated that literature is a social work which is created based on the story of real life person or through the real story the author itself. In addition to a real life of the author, a literary work is also a form of a reflection of aspects of psychiatric writer poured into the form a literary works. Abrams (1999) stated that psychology is related to literary works primarily as expression, in the form of fiction, from the state of mind and the personality structure of the writer (p.247). In other words, psychological conditions and social events from actual life are captured in literary work.

Besides that, the psychological aspects of the writer are implemented in the form of characters in the story. The characters built or created by the author is reflection of real life of human. Every character created by the author gets a different role, where the difference of the role will create different psychological conflict as occur in the real life. The character created by the author is the result of a form of creativity of the author itself. In addition, the experience or story of another person's life, can also be used by the author as a source of inspiration in shaping the character of the story that is desirable of the author. The environment or nature can also a role in building the characters in

the story. Thus it can be concluded that a literary work is the result of a series of thoughts experienced by the author as well as the psychology of the author.

In addition to the elements of the author and the characters in the story, literary works can also be an art and entertainment for the reader. A good work for every reader is the works that can make every reader hypnotized with stories made by the authors. Readers feel like entered into the story with each incident or event that is in the story. The reader does not to stop reading the story because they felt lulled with the stories presented by the author. Thus the work of literature is not considered only as an art and mere entertainment, but works of literature are able to provide the emotional needs for each fun, sadness, and tears and also gives positive values about morals, goodness, ugliness, and religion for every reader and can be implemented into everyday life. Positive values contained in the story is a reflection of everyday life.

One of the literary works that reflects psychological phenomena in a story is the novel *The Perfect Husband* by Lisa Gardner. The main character in this novel is Tess William, and her nickname is Tess. This novel tells an interesting story about a woman who got violence act and life threat from her husband named Jim Beckett. Jim Beckett is a police officer. After a few weeks of their marriage, Tess saw her husband change. He is no longer the sweet loving man, who she first met. If things around the house are not done according to his preferences and standards such as cooking and cleaning, he will get hit where she will remain in pain for days afterward. This can be evidenced by quotation below

Once, she'd dreamed of a white knight. Someone who would never hit her. Someone who would hold her close and tell her she was finally safe. (Gardner, 1998, p.34)

The quotation above shows that, Tess often gets beatings from her husband which causes she not got the safety needs. This phenomena can be explained by Abraham Maslow's theory of the safety needs, that every human needs the safety to get a sense of security, a sense of calm, and a sense of peace. Therefore, based on the quotation above, that the main character needs the safety needs of body and life protection.

Tess became even more afraid of her husband and never knew when the next beating would occur. It seemed that the more he tried to please her, the more unsuccessful. After the birth of their daughter, Samantha, Jim returned to his old self, but it did not last long and everything returned to normal. After being married for two years, things got worse, Jim turned into a psychopath and killed ten women for sixteen months. Then Tess reported her husband to the police and put her in jail, but her husband managed to escape by killing two prison guards. When Tess found out that her husband had escaped, she knew that she and her daughter Samantha were in danger and that she had to find a way to keep them safe. With the help of J.T. Dillon, a former marine, Tess decided it was time to fight. She wanted J.T Dillon to train her and teach her everything he knows, so that eventually she would know how to defend herself. When Jim managed to escape he had said he was planning the next step and he had the intention to find Tess and follow up with his threat to kill her. This can be also evidenced by quotation below

"Someday soon he would kill her. He'd promised to cut out her still-beating heart, and he always did what he said." (Gardner, 1998, p.32).

The quotation above shows that Tess's husband plans to kill Tess. This explains that Tess's life is in danger. This phenomena can be explained by Abraham Maslow's theory of the safety needs, that every human needs the safety to get a sense of security. Thus, it can be concluded that the main character needs the safety needs of body, knowing it would happen to her Tess had prepared herself to fight her husband and she finally dared to face him.

In *The Perfect Husband* novel, the researcher found the phenomena. Which can be analyzed by using the psychological point of view. One psychologist is Abraham Maslow, he shows that humans continue to be motivated by one need or another. In his theory from Motivation and personality books, Maslow (1954) stated that someone is always motivated to achieve certain needs. Maslow's needs in this regard are hierarchically regulated needs, which consist of physiology needs, safety needs, love and needs, esteem needs, and self-actualization needs. Maslow's concept of needs hierarchy assumes that lower level needs are superior to higher level needs. When one need is fulfilled, someone will try to meet the next need, and so on.

The researcher has pursued a search, however the researcher did not find any researcher that used novel *The Perfect Husband* as the object of the research. The researcher assume it is possible because the novel *The Perfect Husband* is a new published novel. In addition, novel *The Perfect Husband* is very feasible to be used as an object of the research. By considering the fact that had been described above there

are three reasons why researchers choose novel *The Perfect Husband* as the object of the research. First, because the researcher sees the relation between novel *The Perfect Husband* and psychology. Second, the researcher also sees that the characters in the novel reflected or imitate real social life. No one research that used novel *The Perfect Husband* as the object of their research. Thus, with the three points described above the researcher is interested in conducting a research on *The Perfect Husband* novel as the object of this research and that reinforces the reason for researcher to examine the psychological phenomenon of the main character in the novel with the title "*Safety Needs of the Main Character in Lisa Gardner's 'The Perfect Husband' novel: Psychological Approach*".

1.2. Identification of the Problem

Based on the background of the research, the researcher identifies the following problems:

- 1 The self-esteem of the main character Tess in the novel *The Perfect Husband* by Lisa Gardner
- 2 The Safety Needs of the main character Tess in the novel *The Perfect Husband* by Lisa Gardner
- 3 Women oppression of the main character Tess in the novel *The Perfect Husband* by Lisa Gardner

1.3. Limitation of the Problem

Based on the identification of the problem, the researcher limits the research into:

The Safety Needs of the main character Tess in the novel *The Perfect Husband* by Lisa Gardner

1.4. The Formulation of Problem

In relevant with the limitation of the problem, the researcher formulate the main problem to be answered as the following:

1. What are the aspects of the safety needs of the main character that are found in the novel *The Perfect Husband* by Lisa Gardner?
2. How does the main character to fulfill the safety needs in the novel *The Perfect Husband* by Lisa Gardner?

1.5. Objective of the Research

Based on the formulation of the problem, the objectives of the research are:

1. To describe the safety needs of main character in the novel *The Perfect Husband* by Lisa Gardner
2. To describe the way the main character fulfill her safety needs in the novel *The Perfect Husband* by Lisa Gardner

1.6 Significance of the Research

This research has two significances.

1. Theoretical Significance

The theoretical significance of this research is to enhance the study of literature which focus on safety need from literary work and also used as reference for the readers especially the students at English Department form University of Putera Batam who wants to and interested in analyzing psychology as their object in their thesis writing and enhance their knowledge.

2. Practical Significance

The practical significance of this research is to increase the reader's psychological awareness especially the safety need and for it to be used as an example how to conduct literary analysis from psychological point of view.

1.7 Definition of Key Terms

1. Safety Needs: is the second level of hierarchy of needs which include security, employment, health, freedom from anxiety (Maslow, 1954)
2. Psychological: Psychological approach in Literature is the scientific discipline deals with a work literature primarily as an expression of the state of mind and the structure of personality of the individual author (Abrams, 1999).

CHAPTER II

REVIEW RELATED OF LITERATURE AND THEORETICAL FRAMEWORK

2.1 Psychological Approach

Psychological approach in literature is a scientific discipline that deals with a literature work primarily as an expression of the state of mind and the structure of personality of the individual author (Abrams, 1999). It means, this approach emphasizes the psychological aspect in the story. Based on the opinion above, it can be concluded that psychological approach is one of the literary approaches that reflects the psychological form of the author or the condition of the author, and the creativity of the author through the characters in the literary work, where these characters are displayed in the form of fiction. Some people have developed the theory of psychology, one of the people who has developed the psychology phenomena is Abraham Maslow. Maslow (1954) stated that psychology is a study of human behavior; it is suitable to be applied in analyzing the personality in literary work. Maslow has set up a hierarchy of five levels of basic need. Beyond these needs, higher levels of needs exists. These include needs for understanding, esthetic appreciation and purely spiritual needs. In the levels of the five needs, the person does not feel the second need until the demands of the first have satisfied, and so on.

2.2 Maslow's Hierarchy of Needs

This research used the theory of Abraham Maslow in his book entitled *Motivation and Personality* (1954) about hierarchy of needs that focuses on the second level of needs, namely safety needs. Hierarchy needs are divided into five levels of needs, namely: physiological needs, safety needs, love and belonging needs, esteem needs, and self-actualization needs.

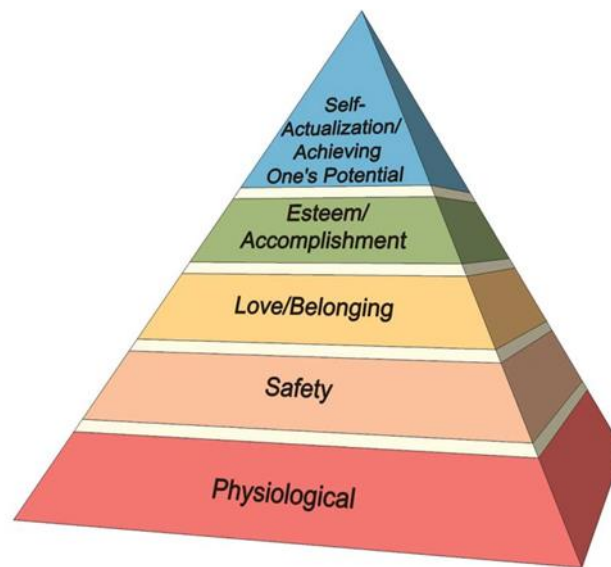


Figure 2.1 Maslow's Hierarchy of Needs

2.2.1. Physiological Needs

The basic needs or Physiological need is the first stage of hierarchy of needs. Human must be gratified to physiological needs to moving forward to next stage. Physiological needs consists of the needs for breathing, food, water, sex, sleep, clothes. Physiological needs are the most superior needs delivered by other needs. Basically

people need more food to survive than they need to achieve other achievements. If the basic needs were fulfilled then human can reach to the next level of hierarchy of needs.

2.2.2. Safety Needs

In his book, *Motivation and Personality* Maslow (1954) said that if the basic needs was gratified then it can be continued to the next level. Safety needs is the second level of hierarchy of needs. The safety needs is include where the people feel free from the dangerous or something that can make uncomfortable it's like physical security, protection, dependency, danger, illness, fear and the other. In his book, Maslow points out that Between adult and children are different, the safety needs of children perhaps more efficiently where the safety needs much more simple and obvious the adult people. The differences safety needs of children and adult is the children need protection from the adult people the first is from their parents or the other adult people around them such as sister, brother, aunt, uncle, grandmother, grandfather, or who ever. Then the adults' people can protect themselves but in other time or unexpected happened the adult people also needs the protection from other people. All this stage must be fulfilled if the human want to continue to the high level of hierarchy of needs that is love and belonging needs.

2.2.3. Needs of Love, Affection and Belongingness

The third level of hierarchy needs are needs of love and belongingness. After the two of hierarchy needs were fulfilled then human will looking for Love and

Belongingness. Maslow (1954) said that people seeks to overcome the feelings of loneliness and alienation. This sense must be involved by giving and receiving love, affection and belongingness. It includes of intimacy, love from family, acceptance and understanding and affection.

2.2.4. Needs for Esteem

When the three stages of needs were gratified, the needs for esteem can be fulfilled. These involve needs for both self-esteem a person gets from others. Human have a need for a stable, firmly based, high level of self-respect, and respect from others. When these needs were satisfied, the person feels self-confident and valuable as a person in the world. When these needs were frustrated, the person feels inferior, weak, helpless and worthless.

2.2.5. Needs for self-actualization

The peak of hierarchy of needs was Self-actualization, after all of needs were gratified. When the human were fulfilled all of these hierarchy of needs, they did not to seek another needs again. Because, human were reach all of the needs that they desire.

2.3 Previous Study

In this research the researcher found some researcher that used theory Hierarchy of Needs by Abraham Maslow. The researcher found from student MEU University Amman Jordan, Hamendi (2018). This research entitled “Self-Reliance to Self-Actualization in Defoe’s Robinson Crusoe and Thoreau’s Walden”. The object is self-actualization the character of Defoe’s Robinson Crusoe and Thoreau’s Walden. The aim of the study is to show the main character in fulfilling his needs from Abraham H. Maslow's theory. The researcher used the qualitative descriptive method to analyze or describe this research. The researcher used the theory of hierarchy of needs form Abraham Maslow. The conclusions show that the main character can fulfill the fourth stage that is Self-Actualization Needs.

The second research found some researcher that used theory Hierarchy of Needs by Abraham Maslow. The researcher found from student Black Hills State University USA, Caffee (2013) . This research entitled ”Man Does Not Live by Bread Alone . . . Unless There is No Bread: An Analysis of Dickens Characters Using Maslow’s Hierarchy of Needs”. This research focused to analyze all of the character that lived in the “Black House” home which is written by Charles Dickens. The aim of the research to find out the struggling of the characters to fulfill their needs by using Theory Hierarchy of needs Abraham Maslow.

The second research is Du (2014) from Inner Mongolia University for Nationalities, China. This research entitled with “Exploring the Theme of Self-Actualization in Maya Angelou’s Poetry”. The purpose of this research to explore the

theme of self-actualization of African Americans in her poetry. The result of this research Maya Angelou keeps alive ethnic culture and leads African Americans out of the margin. Therefore, Maya Angelou is a cultural poet who fulfills the task of transmitting cultures.

The fourth research is Du (2017) Inner Mongolia University for Nationalities, China. The title of this research is “A Journey of Self-Actualization of Amir in The Kite Runner”. The aim of this research is to reveal that on Amir’s way to redemption for what he did to Hassan, he has obtained the power of pursuit of love, loyalty, responsibility, dignity and courage. After conducting the research, the researcher conclude that Amir finally completed his self-salvation and became mature. After suffering from psychological torment, which raises him to a new height and makes him realize and correct the past mistakes, Amir enters a realm in the spirit of transcendence.

The fifth research from the student Setyowati et al., (2017). This research entitled “Analysis of The Main Character Needs in Life of Pi Movie Using Maslow’s.” This analysis focuses to analyzing the main character that is Pi. The object of this study is to show the hierarchy of needs the main character from Pi movie. The aim of the study is to show the main character in fulfilling his needs from Abraham H. Maslow's theory. The researcher used the qualitative descriptive method to analyze or describe this research. The researcher used the theory of hierarchy of needs form Abraham Maslow. The conclusions show that the main character can fulfill five needs; Physiological Needs, Safety Needs, Love and Belongingness Needs, Esteem Needs, and Self-Actualization Needs.

The sixth research from Postgraduate of Sebelas Maret University, Indonesia, they are Lestari, Waluyo, & Wardani (2019) with the title “Humanistic Psychology Study of Abraham Maslow on the Main Character in Tiba Sebelum Berangkat Novel by Faisal Oddang”. The aim of this research is to analyze the main character in the novel Tiba Sebelum Berangkat by Faisal Oddang using the humanistic psychology approach of Abraham Maslow. The data used in this research were analyzed by using descriptive qualitative research method. The result of this research indicated that the main character in the novel Tiba Sebelum Berangkat by Faisal Oddang had and performed actions that can be analyzed by using Abraham Maslow's hierarchy of needs.

The last research from the student Mulawarman University Kuncara et al., (2019). This research entitled “Character Analysis of Jace Wayland in The Mortal Instrument: City of Bones Novel Through Hierarchy of Human Needs Theory of Abraham Maslow.” This research is aimed to find motivation of Jace Wayland through his life and to solve his problem. The analysis focuses on the character namely Jace Wayland. Characteristics of the main character in the novel influence his self in fulfilling his needs. The method used by the researcher is descriptive qualitative. The data are analyzed by using Abraham Maslow's theory about hierarchy of human needs. The researcher found that the main character can fulfilled four stages the hierarchy of needs namely Physiological Needs, Safety Needs, and Love and Belongingness Needs and esteem needs.

Based on the seven of the previous research above, it can be concluded that the seventh of previous research above were closely same with this research. The seventh

and this research use the same theory of hierarchy of needs by Abraham Maslow. In contrast, the second, the fifth, the sixth and the seventh previous research were analyzed all of the Needs of Hierarchy of Needs by Abraham Maslow and the object of this research is the Safety Needs of the main Character in the novel *The perfect Husband* by Lisa Gardner. Whereas, the first, the third and the fourth previous research above different with this research. The contrast is the third research focused to analyze the Self-Actualization of the characters and this research focused to analyze the safety needs of the main Character in *The Perfect Husband* novel by Lisa Gardner. This study aims to find the truth, especially to meet the needs of the safety and struggle of Tess in the novel *The Perfect Husband*. This research describes and analyzes the main character's characteristics that related to the ways of how she fulfill her safety needs, and then using hierarchy of human needs theory to see what are the efforts and the needs that are finally successfully fulfilled.

2.4 Theoretical Framework

The following is the theoretical framework of this research

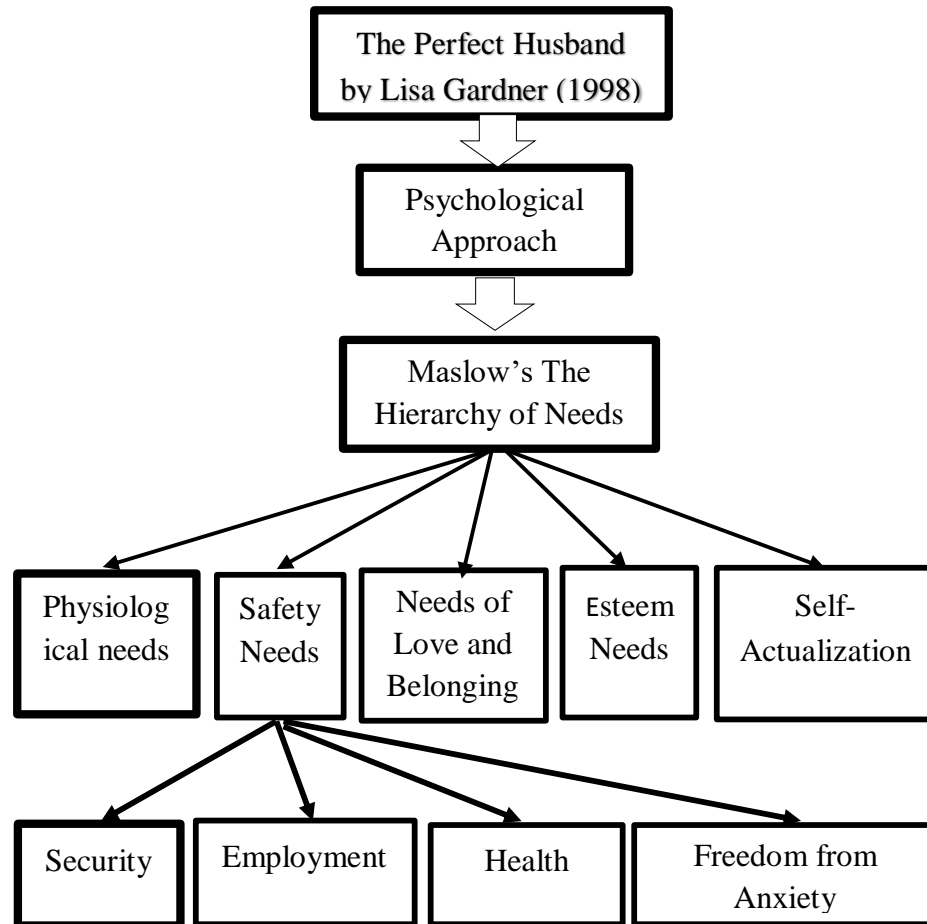


Figure 2.2 Theoretical Framework

In this research “The Perfect Husband” novel by Lisa Gardner is seen from psychological point of view. The researcher using the theory of Abraham Maslow focus on the safety needs that include security of needs, employment of needs, health of needs, and freedom of needs.

CHAPTER III

METHOD OF THE RESEARCH

3.1 Research Design

The researcher used qualitative research methods in conducting the research to analyze data. Qualitative research methods are developed in social sciences to enable writers to study the social phenomena that occur. This is used to analyze data in depth. The benefit is that the author will get a lot of detailed information. This research is qualitative descriptive. According to Bogdan et al., (2015) descriptive qualitative is a research procedure that produces descriptive data in the form of written or oral words of people and behaviors that can be experienced. From the definitions of qualitative research above it can be concluded that qualitative research is research that intends to understand the phenomena of what is experienced by research subjects such as: behavior, perception, motivation, action, and so on holistically and by way of description in the form of word and language.

3.2 Object of the Research

Every research needs the data that used to solve the problem that appears. In this research, the object of the research is safety needs by character in *The Perfect Husband* by Lisa Gardner. There are two types of data source:

1. Primary data source

Primary data source is the main data that used by the researcher in this research.

The primary data source that the researcher use is the novel *The Perfect Husband* Lisa Gardner

2. Secondary data source

The secondary data source that the researcher found from such outside such as the journal and book to guide the researcher being easy to analyzed the problem.

3.3. Method of Collecting Data

Method of the data collection is an action of the writer to get data needed in the research. In other documents the writer just pays attention to get data. Below are the step that writer applied in order to collect the data that are needed:

1. Reading. The researcher reads *The Perfect Husband* for several times to get deeper meaning and become aware of the implicit content.
2. Highlighting the data. The researcher highlighted the data and classified the data and grouping the data of safety needs.
3. Taking note. During the reading *The Perfect Husband*. Note technique is used to note any quote that has psychological phenomena and who speak that. With this technique, the researcher knew about context of conversation.

3.4 Method of Analyzing Data

According to Bogdan et al., (2015) qualitative data analysis is an attempt done by working with data organizing data, sorting it into manageable units, synthesizing it, searching and finding patterns, finding what is important and what is learned and deciding what can be told others. The process of data analysis is done through several stages; data reduction, presentation or display of data and conclusions or verification. The analysis process as follows:

1. Data Reduction

Reducing data means summarizing, choosing the essentials, focusing on the things that matter, looking for themes and patterns and removing unnecessary ones. It means to search for any data related to psychological phenomena in *The Perfect Husband*. After the phenomena related to psychology is collected, data selection was done again to get the most appropriate data that in accordance with the phenomena of the psychology.

2. Data display

By displaying the data, the researcher easy to understand and to analyze what was happening with the presented data and the researcher began to do the next plan of the researcher based on what the researcher has experienced.

3. Conclusion Drawing/Verification

Conclusion or verification is the final step in the process of data analysis.

In this section the researcher expressed the conclusions of the data that have been obtained.

3.5. Method of Presenting Research Result

In this research, the researcher is presenting the result analysis with qualitative descriptive method. The researcher presenting the result analysis by describing and interpreting safety needs by Maslow that was found in the novel *The Perfect Husband* by Lisa Gardner. As said by Creswell (2014) that qualitative descriptive method is concerned with meaning which data is collected in the form of words and it is presented descriptively. At the last, the researchers presented the results were described and explained by using words and sentences from the story of *The Perfect Husband* by Lisa Gardner.