

**ANALYSIS SELF ACTUALIZATION OF JOSEPHINE
MARCH IN “LITTLE WOMEN” NOVEL BY LOUSIA
MAY ALCOTT: PSYCHOLOGICAL APPROACH**

THESIS



**By:
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**ENGLISH DEPARTMENT
FACULTY OF SOCIAL SCIENCES AND HUMANITIES
PUTRA BATAM UNIVERSITY
2020**

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THESIS

**Submitted in Partial Fulfillment of the Requirements for the
Degree of Sarjana Sastra**



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I, Milihana Br Simanjorang, NPM No. 141210020

Hereby declare that the thesis entitled:

ANALYSIS SELF ACTUALIZATION OF JOSEPHINE MARCH IN "LITTLE WOMEN" NOVEL BY LOUISA MAY ALCOTT: PSYCHOLOGICAL APPROACH

Is real work of myself and realize this thesis is never been published in other media before, partially or entirely, in the name of mine or others.

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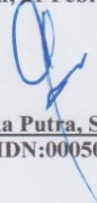
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The thesis has been examined and approved on the date as indicated below

Batam, 21 February 2020


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ABSTRAK

Penelitian ini bertujuan menafsirkan novel “Little Women” karya Louisa May Alcott dari sudut pandang psikologis. Novel ini dipublish pada tahun 1868 dan merupakan sebuah cerita tentang kehidupan sang penulis. Peneliti memfokuskan penelitian pada aktualisasi diri dari karakter terutama tujuan dari penelitian ini adalah untuk mendeskripsikan kebutuhan yang telah dipenuhi oleh Josephine sebelum dia mencapai kebutuhan aktualisasi dirinya dan mendeskripsikan kriteria aktualisasi diri yang dimiliki karakter utama tersebut. Dalam penelitian ini, peneliti menggunakan teori dari Abraham H. Maslow yaitu Hierarki Kebutuhan Maslow. Penelitian ini adalah penelitian kualitatif deskriptif. Dalam mengumpulkan data, peneliti menggunakan metode dokumentasi. Dalam proses analisis data, metode yang digunakan oleh peneliti adalah metode kualitatif dengan Teknik membaca lebih dalam, mengelompokkan data berdasarkan teori yang digunakan dan menemukan aspek ekstrinsik/intrinsik dalam novel “Little Women”. Dalam mempresentasikan hasil penelitian, peneliti menggunakan presentasi informal dengan menjelaskan melalui kata-kata dan kalimat. Dari data tersebut ditemukan bahwa kebutuhan aktualisasi diri Josephine March terpenuhi, dan kemudian ia memiliki kriteria aktualisasi diri bahwa ia bebas dari psikopatologi, mengalami kemajuan melalui hierarki kebutuhan, dan ia memiliki nilai-nilai B dan terakhir adalah dia dapat menggunakan bakatnya untuk mencapai apa yang menjadi impiannya.

Kata Kunci: Kebutuhan aktualisasi diri; Novel; Psikologis.

ABSTRACT

This research is aimed at interpreting “Little Women” novel by Louisa May Alcott from psychological point of view. The novel is first published at 1868 and the story tells about the life of author. The researcher focuses on analyzing self actualization of the main character. The purpose of this study to describe needs have been fulfilled by Josephine before she achieve herself actualization needs and describe the criteria of self actualization the main character have. In this study, researcher used a theory from Maslow namely Hierarchy of Needs. This research is a descriptive qualitative research. In collecting data, researcher used the documentation method. In the process of data analysis, the method used is a qualitative method by conducting deeper reading techniques, categorizing data based on the theories used and finding extrinsic/intrinsic aspect in the “Little Women”. In presenting the result of research, researcher use informal presentation by explaining through words and sentences. From analyzed the data it is found that the self-actualization needs of Josephine March are fulfilled, and she has the criteria of self actualization that she is free from psychopathology, had progress through the hierarchy of needs, she has the B-value and the last is she able to used her talent to be what is her dream.

Keywords: *Novel; Psychological; Self Actualization Needs.*

MOTTO AND DEDICATION

“I am able to do all things through the one who strengthens me”
■ *Philipians 4:13*

*“I look up toward the hills. From where does my help come?
My help comes from the Lord, the Creator of heavent and earth!”*
■ *Psalms 121:1-2*

“Happiness is not a destination. It is a way of life – Anynomous”

I dedicate this thesis to:

- My beloved Father K. Simanjorang and my Mother
N.Tarigan in heavent
- My Brothers: Asmadi Pinem and my sister Henny Pinem
- My Aunt: Rosa darita Pinem & Mida sarita Pinem
- My beloved friend in Kingdom of God
- All of my classmates in English Department ‘14

ACKNOWLEDGMENT

All Praise to the Almighty God for His blessing so that the researcher could complete this thesis entitled "Analysis Self Actualization of Josephine March in Little Women" Novel by Louisa May Alcott: Psychological Approach.

The researcher realizes that this thesis is still imperfect. Therefore, critics and suggestions will be accepted by researcher. With all the limitation, the researcher realizes this thesis will not be finished without any pray, love, support from my beloved father. The researcher also wishes to express her gratitude and appreciation to Mr. Emil Eka Putra, S.S., M.Hum. as her advisor who has contributed his ideas and time in arranging this thesis.

Furthermore, the researcher would like to express here sincere gratitude to all people who involve both directly and indirectly in this thesis writing especially to:

1. Mrs. Dr. Nur Elfi Husda, S.Kom., M.SI., as the Rector of Putera Batam University
 2. Mrs. Rizki Tri Anugrah Bhakti, S.H., M.H. as the Dean of Faculty of Social Sciences and Humanities at Putera Batam University
 3. Mrs. Afriana, S.S., M.Pd., as the Head of English Department of Putera Batam University
 4. Mrs. Nurma Dhona Handayani, S.S., M.Hum., as the researcher's Academic Supervisor
 5. All lecturers of English Department, for their knowledge, motivation and suggestion during my study at Putera Batam University
 6. All of friends who are studying at Putera Batam University which have given spirit and friendship to the researcher.
- May God given mercy, peace and love for them. Amen

Batam, 21 February 2020



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