

CHAPTER V

CONCLUSION AND SUGGESTION

This chapter will explain about the conclusion and suggestion from the analysis of the novel “Cherry”. The conclusion of this chapter will conclude the analysis of Post-Traumatic Stress Disorder that happened to the main character named Cherry in the novel “Cherry”. The suggestion will give insight for the researcher to have better research in the future with the novel “Cherry” as the data source.

5.1 Conclusion

From the analysis of novel “Cherry” about the causes and the symptoms of Post-Traumatic Stress Disorder that happened to the main character named Cherry that had been analyzed by the researcher, it can be concluded that the causes of Post-Traumatic Stress Disorder which are the traumatic events that happened when the main character was in the army as an army medic. Traumatic events caused him to have Post-Traumatic Stress Disorder. It is also called as environmental cause. Cherry was an army medic in Iraq war. He was the only one survived from a lot of tragedy that became his traumatic experiences. He saw a lot of tragedy such as he saw his teammates died in front of him, he saw hajis family being slaughtered by an arm from another platoons, he was also needs to survived from the war that has been a nightmare for him. Therefore, all of those traumatic experiences caused him to have Post-Traumatic Stress Disorder in his present life. Before Cherry went to Iraq war as

an army medic, Cherry already has mental illness. He had overthinking and depression while he had toxic relationship with Madison, his ex. His mental illness triggered and causes him into having Post-Traumatic Stress Disorder. It also called as psychology cause.

His mental illness, Post-Traumatic Stress Disorder, also has some symptoms that make Cherry needs to struggle and face it every time some actions, emotions, or situations trigger his Post-Traumatic Stress Disorder. The symptoms of Post-Traumatic Stress Disorder that Cherry had which are avoidance symptoms and arousal symptoms. Cherry will avoid the actions or situations that trigger his Post-Traumatic Stress Disorder. And if his Post-Traumatic Stress Disorder was getting triggered by some actions or situations, he will have some particular reactions. His particular reactions such as overthinking, cutting wrists, scratching, panic attack, anxious, and the worse is suicidal commit. Therefore, the symptoms that Cherry had were called as avoidance symptoms and arousal symptoms.

5.2 Suggestion

Novel “Cherry” is a good novel that talks about a man who has mental illness which is Post-Traumatic Stress Disorder after he came back from military. But because of his Post-Traumatic Stress Disorder, he becomes addicted to heroin to face his mental illness with his girlfriend named Emily. In the end, he became a robbery because he needs to pay his debts with some drug mafia. This novel gives a lot of

values and lesson to people. It also gives people to know more about Post-Traumatic Stress Disorder and the impact of war.

From analyzing the novel, the researcher suggests to use this novel as data research for another approach such as biographical approach. It is because novel “Cherry” was written based on the true story by the author, Nico Walker.