

**POST-TRAUMATIC STRESS DISORDER FOUND IN
NICO WALKER'S "CHERRY": PSYCHOLOGICAL
APPROACH**

THESIS



**By:
DITA MARWATI
181210010**

**DEPARTMENT OF ENGLISH LITERATURE
FACULTY OF SOCIAL SCIENCES AND HUMANITIES
UNIVERSITY OF PUTERA BATAM
2022**

**POST-TRAUMATIC STRESS DISORDER FOUND IN
NICO WALKER'S "CHERRY": PSYCHOLOGICAL
APPROACH**

THESIS

**Submitted in Partial Fulfillment of the Requirements for the Degree of English
Sarjana Sastra**



**By:
DITA MARWATI
181210010**

**DEPARTMENT OF ENGLISH LITERATURE
FACULTY OF SOCIAL SCIENCES AND HUMANITIES
UNIVERSITY OF PUTERA BATAM
2022**

SURAT PERNYATAAN

Dengan ini saya menyatakan bahwa:

1. Skripsi ini adalah asli dan belum pernah diajukan untuk mendapatkan gelar akademik (sarjana dan/atau sarjana), baik di Universitas Putera Batam maupun di perguruan tinggi lain;
2. Skripsi ini adalah murni gagasan, rumusan, dan penelitian saya sendiri, tanpa bantuan pihak lain, kecuali arahan pembimbing;
3. Dalam Skripsi ini tidak terdapat karya atau pendapat yang telah ditulis atau dipublikasikan orang lain, kecuali secara tertulis dengan jelas dicantumkan sebagai acuan dalam naskah dengan disebutkan nama pengarang dan dicantumkan dalam daftar pustaka;
4. Pernyataan ini saya buat dengan sesungguhnya dan apabila di kemudian hari terdapat penyimpangan dan ketidakbenaran dalam pernyataan ini, maka saya bersedia menerima sanksi akademik berupa pencabutan gelar yang telah diperoleh, serta sanksi lainnya sesuai dengan norma yang berlaku di perguruan tinggi

Batam, September 2022

Yang membuat pernyataan



Dita Marwati
181210010

DECLARATION OF THE THESIS ORIGINALITY

I, Dita Marwati with NPM 181210010, undersigned below

Hereby declare that the paper entitled:

POST-TRAUMATIC STRESS DISORDER FOUND IN NICO WALKER'S "CHERRY": PSYCHOLOGICAL APPROACH

Is the real work of myself and I realize that this thesis has never been published in other media before, partially, or entirely, in the name of mine or others.

Batam, September 2022



Dita Marwati
181210010

POST-TRAUMATIC STRESS DISORDER FOUND IN NICO WALKER'S "CHERRY": PSYCHOLOGICAL APPROACH

THESIS

Submitted in Partial Fulfillment of the Requirements for the Degree of Sarjana Sastra (S1)

**By:
DITA MARWATI
181210010**

The thesis has been approved to be examined on the date as indicated below

Batam, 6 September 2022



**Drs. Gaguk Rudianto, M.Pd
Supervisor**

ABSTRAK

Psikologi didalam sastra adalah sebuah studi untuk memahami tentang manusia dan proses mental yang tergambar dalam karya sastra. Sastra itu sendiri adalah sebuah istilah merujuk pada karya sastra secara tertulis namun bisa juga secara lisan. Contohnya adalah novel, skrip, drama, cerita pendek, dan puisi. Psikologi yang ingin peneliti gunakan adalah penyakit jiwa atau gangguan stress pasca trauma yang terjadi kepada seseorang yang memiliki pengalaman traumatis didalam novel “Cherry” milik Nico Walker menggunakan teori dari Freud (1921). Peneliti menganalisis penyebab dan gejala dari stress pasca trauma menggunakan teori Davison and Neale (1967). Peneliti ini menggunakan teori observasi non partisipatif dari Sudaryanto, (2015). Tujuan dari penelitian ini untuk memahami bagaimana psikologis dan karya sastra saling berhubungan satu sama lain. Tujuan lainnya juga untuk memperlihatkan kepada pembaca bagaimana pengalaman traumatis terlibat dengan proses mental manusia melalui karya sastra. Hasil dari penelitian ini adalah, peneliti mendapatkan 4 data penyebab lingkungan dari PTSD, 2 data penyebab psikologis dari PTSD, 1 data gejala penghindaran dari PTSD, dan 5 data gejala fisik dari PTSD.

Kata Kunci: *karakter, stress pasca trauma, psikologi*

ABSTRACT

Psychology in literature is a study to understand about human beings and mental processes that portrayed in the literary works. Literature itself is a term refers to literary works but can be spoken works sometimes. It can be novel, script, drama, short story, and poems. Psychology that the researcher wants to use is a mental illness or Post-Traumatic Stress Disorder that happens to someone who has traumatic experience in the novel “Cherry” by Nico Walker using theory by Freud (1921). The researcher analyzed the causes and the symptoms of post-traumatic stress disorder using theory by Davison and Neale (1967). This research will be used non-Participatory observation method by Sudaryanto, (2015). The method of collecting the data, analyzing the data, and presenting the analysis result will be used theory by Creswell, (2013). The purpose of this research is to understand how psychology and literature has related to each other. It also shows the readers how traumatic experience involved to mental process of human through literary works. The result of this research, the researcher found there are 4 data of environmental causes, 2 data of psychology causes, 1 data of avoidance symptoms, and 5 data of avoidance symptoms.

Keywords: character, post-traumatic stress disorder, psychology

ACKNOWLEDGMENTS

All praise to Allah the lord is merciful and compassionate researcher who has been in completing this thesis entitled "Post-Traumatic Stress Disorder Found in Nico Walker's "Cherry": Psychological Approach. The researcher would like to say thanks to beloved parents for the love inspiring and blessing given endlessly in taking this undergraduate program. The researcher wishes to express her gratitude and appreciation to Mr. Drs. Gaguk Rudianto, M.Pd as supervisor who has contributed his suggestions, ideas, and time in arranging this thesis.

Furthermore, the researcher would like to express sincere gratitude to all people who involve both directly and indirectly especially to:

- a. Dr. Nur Elfi Husda, S.Kom., M.Si. as Rector of Putera Batam University
- b. Dr. Michael Jibrael Roronh, S. T., M. I. Kom. as Dean of Faculty of Social Sciences and Humanities of Putera Batam University
- c. Nurma Dhona Handayani, S.Pd., M.Pd. as Head of Department of English Literature of Putera Batam University
- d. All lecturers of Department of English Literature, for their knowledge, motivation, and suggestion during my research at Putera Batam University
- e. All of my family members, father, mother, and brother for their endless support.
- f. All of my friends at Putera Batam University, and my friends outside of Putera Batam University.

Batam, September 2022



Dita Marwati
181210010

TABLE OF CONTENTS

	Page
TITLE PAGE	i
SURAT PERNYATAAN	ii
DECLARATION OF THE THESIS ORIGINALITY	iii
ABSTRAK	v
ABSTRACT	vi
ACKNOWLEDGMENTS	vii
TABLE OF CONTENTS	vii
LIST OF FIGURES	x
CHAPTER I INTRODUCTION	
1.1 Background of the Research	1
1.2 Identification of the Problem	5
1.3 Limitation of the Problem.....	5
1.4 Formulation of the Problem.....	6
1.5 Objectives of the Research.....	6
1.6 Significance of the Research.....	6
1.7 Definition of the Key Terms	7
CHAPTER II REVIEW OF RELATED LITERATURE AND THEORETICAL FRAMEWORK	
2.1 Psychology	9
2.1.1 Post-Traumatic Stress Disorder.....	10
2.1.1.1 Causes of Post-Traumatic Stress Disorder	11
2.1.1.2 The Symptoms of Post-Traumatic Stress Disorder	12
2.2 Previous Research	14
2.3 Theoretical Framework	18
CHAPTER III RESEARCH METHODOLOGY	
3.1 Research Design.....	20
3.2 Object of the Research	20
3.3 Method of Collecting Data.....	21
3.4 Method of Analyzing Data.....	21
3.5 Method of Presenting the Analysis Result.....	22
CHAPTER IV RESEARCH ANALYSIS AND FINDINGS	
4.1 Preliminary Analysis.....	23
4.1.1 Character and Characterization.....	23
4.1.2 Plot	25
4.1.3 Setting.....	27
4.1.4 Theme	27
4.1.5 Point of View.....	28
4.2 The Causes of Post-Traumatic Stress Disorder that happened to Cherry in the novel “Cherry” by Nico Walker.....	28
4.2.1 Environmental cause.....	29

4.2.2 Psychology cause.....	33
4.3 The symptoms of Post-Traumatic Stress Disorder that happened to Cherry in the novel “Cherry” by Nico Walker.....	36
4.3.1 Avoidance symptom	37
4.3.2 Arousal Symptom	38
CHAPTER V CONCLUSION AND SUGGESTION	
5.1 Conclusion	44
5.2 Suggestion.....	45
REFERENCES	
APPENDICES	

LIST OF FIGURES

	Page
Figure 2.1. Theoretical framework.....	199