

CHAPTER V

CONCLUSION & SUGGESTION

This chapter will deal with conclusion and suggestion for the analysis of the novel. The conclusion is made according to the analysis the main character Alice's struggles and obstacles. While, the suggestion will offer some insight for future researcher to make a deeper research about the story.

5.1. Conclusion

After analyzing the novel titled "Dreamology" by Lucy Keating about the main character Alice's struggles and obstacles. The research comes to the conclusion that Alice's struggles and obstacles greatly rooted from her goal to be with Max in real life meaning to accept the reality that Max is a real person and not an imaginary person in her dream. Adler (1924) stated that by having a goal, a person will be motivated to move forward as a goal is seen as a motivation for a person so that the person could strive and grow to be better. The author describes Alice as a very determined character who is willing to go an extra mile to achieve her goal. In order to achieve her goal to be with Max, Alice has to struggle greatly which involves going out of her comfort zone and accepts the reality she has been running away from. This reflects Adler's Individual Psychology as how a person would strive to achieve their goals. Each person has a different way of striving and achieving their own goals, Alice achieved her goals by confronting her fears and breaking out of her shell shown by the struggles and obstacles she went throughout the novel.

In this research, there are six struggles and four obstacles found in Lucy Keating's "Dreamology". The struggles Alice goes through in the novel are rooted from her goal to be with Max from the moments they meet in real life that reflects Adler's fictional finalism as Adler described as a potential and not an actualities. The goal are pursued in different ways for different person, Alice approached her goals with the open heart and hope that everything will be exactly the same in her dream although the reality she is forced to face the reality that is different to her dreams. She strived hard to accept the reality which she has been running away from and also to accept the reality that Max is real. Alice's struggles show her decisions to be with Max. Obstacles which Alice goes through shows her determination to achieve her goals

5.2. Suggestion

"Dreamology" by Lucy Keating is a beautiful novel telling the love story of two teenagers. The novel gives some valuable insights for the readers such as, the importance of parenting and companion for children, how human are able to change to be a better form of themselves and many more.

After analyzing the novel, the research suggests future researcher to use different approaches to analyze the story such as the attachment theory proposed by John Bowlby to analyze how Alice childhood affected her in her teenage year. Because it can be seen that Alice's childhood greatly affected her life as in how she thinks and functions as a teenager. One of the examples of the effect is the nightmare Alice used to have when she was younger due to the abandonment from her mother when she was

a child. This novel shows many interesting psychological phenomenon of a child and a teenager.

The research also suggests future researcher to analyze the novel using psychoanalytical approach to understand more about the novel. Psychoanalytical approach can be used to analyze Alice's personality using Sigmund Freud's psychoanalysis theory. Freud's theory is divided into three points which are Id, Ego, and Super ego used to analyze the personality of Alice as the main character. Alice shows great character development from the beginning until the end of the novel. Alice was able to overcome her struggles such as her mother abandonment and her relationship with Max. The significant changes found in Alice made her an interesting character to be analyzed.