

**ALICE'S GOALS AND STRUGGLES TO ACCEPT REALITY  
IN LUCY KEATING'S "DREAMOLOGY" NOVEL;  
INDIVIDUAL PSYCHOLOGICAL APPROACH**

**THESIS**



**By:  
Dewi Tri Murtini  
181210004**

**ENGLISH LITERATURE DEPARTMENT  
FACULTY OF SOCIAL SCIENCES AND HUMANITIES  
PUTERA BATAM UNIVERSITY  
2022**

**ALICE'S GOALS AND STRUGGLES TO ACCEPT REALITY  
IN LUCY KEATING'S "DREAMOLOGY" NOVEL;  
INDIVIDUAL PSYCHOLOGICAL APPROACH  
THESIS**

**Submitted in Partial Fulfillment of the Requirements for the Degree of  
English Sarjana Sastra**



**By:  
Dewi Tri Murtini  
181210004**

**ENGLISH LITERATURE DEPARTMENT  
FACULTY OF SOCIAL SCIENCES AND HUMANITIES  
PUTERA BATAM UNIVERSITY  
2022**

## SURAT PERNYATAAN

Dengan ini saya menyatakan bahwa:

1. Skripsi ini adalah asli dan belum pernah diajukan untuk mendapatkan gelar akademik (sarjana dan/atau sarjana), baik di Universitas Putera Batam maupun di perguruan tinggi lain;
2. Skripsi ini adalah murni gagasan, rumusan, dan penelitian saya sendiri, tanpa bantuan pihak lain, kecuali arahan pembimbing;
3. Dalam Skripsi ini tidak terdapat karya atau pendapat yang telah ditulis atau dipublikasikan orang lain, kecuali secara tertulis dengan jelas dicantumkan sebagai acuan dalam naskah dengan disebutkan nama pengarang dan dicantumkan dalam daftar pustaka;
4. Pernyataan ini saya buat dengan sesungguhnya dan apabila di kemudian hari terdapat penyimpangan dan ketidakbenaran dalam pernyataan ini, maka saya bersedia menerima sanksi akademik berupa pencabutan gelar yang telah diperoleh, serta sanksi lainnya sesuai dengan norma yang berlaku di perguruan tinggi

Batam, 27 January 2022

Yang membuat pernyataan



**Dewi Tri Murtini**

181210004

## **DECLARATION OF THE THESIS ORIGINALITY**

I, Dewi Tri Murtini with NPM 18121004, undersigned below

Hereby declare that the paper entitled:

**ALICE'S GOALS AND STRUGGLES TO ACCEPT REALITY  
IN LUCY KEATING'S "DREAMOLOGY" NOVEL;  
INDIVIDUAL PSYCHOLOGICAL APPROACH**

Is the real work of myself and I realize that this thesis has never been published in other media before, partially, or entirely, in the name of mine or others.

Batam, 27 January 2022



**Dewi Tri Murtini**  
181210004

**ALICE'S GOALS AND STRUGGLES TO ACCEPT REALITY  
IN LUCY KEATING'S "DREAMOLOGY" NOVEL;  
INDIVIDUAL PSYCHOLOGICAL APPROACH**

**THESIS**

**Submitted in Partial Fulfillment of the Requirements for the Degree of  
Sarjana Sastra (S1)**

**By:**

**DEWI TRI MURTINI  
181210004**

**The thesis has been approved to be examined on the date as indicated below**

**Batam, 27 January 2022**



**Robby Satria, S.S., M.Hum.  
Supervisor**

## ABSTRAK

Pendekatan psikologi membantu untuk mendapatkan pemahaman lebih dalam tentang karya sastra. Psikologi dapat dimanfaatkan untuk menganalisis karya sastra. Novel “Dreamology” karya Lucy Keating akan digunakan sebagai sumber data untuk penelitian ini dan khususnya Alice sebagai tokoh utama. Data tersebut akan dianalisis dengan menggunakan teori psikologi individu oleh Adler (1924). Psikologi individu merujuk kepada kebutuhan terus menerus untuk berkembang dan kebutuhan sosial, sikap seseorang terhadap tuntutan yang ada dalam masyarakat manusia. Psikologi Individu mempelajari perkembangan dan pendekatan manusia terhadap kehidupan dengan berusaha untuk mencapai tujuan. Pengumpulan data akan dilakukan dengan menggunakan metode penelitian kepustakaan yang dikemukakan oleh Ratna (2004) yang berarti peneliti tidak berpartisipasi atau berkontribusi dalam pembuatan data. Data yang terkumpul selanjutnya akan dianalisis dengan menggunakan metode analisis deskriptif yang dikemukakan oleh Ratna (2004). Terakhir, hasil penelitian akan disajikan dengan menggunakan teknik strategi kualitatif yang dikemukakan oleh Creswell (2014) yang artinya hasil penelitian akan disajikan dengan menggunakan kata-kata dan kalimat. Hasil penelitian ini menemukan bahwa perjuangan dan rintangan Alice sangat berakar dari tujuan Alice untuk bersama Max. Alice menghadapi enam perjuangan seperti mencoba memastikan bahwa Real Max dan Dream Max adalah orang yang sama, pergi ke Center of Dream Discovery untuk mendapatkan informasi lebih lanjut, menjelaskan hubungannya dengan Max kepada Celeste, pergi ke Maine untuk menemukan Margaret Yang, menerimanya pengabaian ibu ketika dia masih muda, memperbaiki hubungannya dengan Max. Alice juga menghadapi empat kendala seperti merasa cemas saat ujian di CDD, kesepian karena ditinggalkan ibunya, takut mimpinya akan hilang, putus asa karena hilangnya mimpinya.

***Kata Kunci: perjuangan, psikologi individual, tujuan***

## **ABSTRACT**

Psychological approach helps to get a deeper understanding on literary works. Psychology can be used beneficially in analyzing literary work. Lucy Keating's "Dreamology" novel will be used as a data source for this research and specifically Alice as the main character. The data will be analyzed by using theory of individual psychology by Adler (1924). Individual Psychology as a constant need to strive to be better and social interest, a person's attitude to the existing demands in human society. Individual Psychology studies human progression and approach toward life by the effort to strive and to achieve goal. The data will be collected using the library research method proposed by Ratna (2004) which means the researcher does not participate or contribute in the making of the data. The collected data then will be analyzed using the descriptive analysis method proposed by Ratna (2004). Lastly, the result of the research will be presented using the technique of qualitative strategy proposed by Creswell (2014) which means the result will be presented using words and sentences. The results of this research found that Alice's struggles and obstacles are greatly rooted from Alice's goal to be with Max. Alice faced six struggles such as trying to confirm that Real Max and Dream Max are the same person, going to the Center of Dream Discovery to get more information, explaining her relationship with Max to Celeste, going to Maine to find Margaret Yang, accepting her mother abandonment when she was younger, fixing her relationship with Max. Alice also faced four obstacles such as feeling anxious during the test in CDD, loneliness because of her mother abandonment, terrified that the dream will be gone, hopeless due to the disappearance of the dream.

**Keyword: goals, struggles, individual psychology**

## ACKNOWLEDGMENTS

All praise to Buddha the lord is merciful and compassionate researcher who has been in completing this thesis entitled "Alice's Goals and Struggles To Accept Reality in Lucy Keating's "Dreamology" Novel; Individual Psychological Approach". The researcher would like to say thank you to beloved father and mother for the love inspiring and blessing given endlessly in taking this undergraduate program. The researcher wishes to express her gratitude and appreciation to Mr. Robby Satria, S.S., M.Hum. as supervisor who has contributed with his suggestions, ideas, and time in arranging this thesis.

Furthermore, the researcher would like to express sincere gratitude to all people who involve both directly and indirectly especially to:

- a. Dr. Nur Elfi Husda, S.Kom., M.Si. as Rector of Putera Batam University
- b. Dr. Michael Jibrael Rorong, S.T., M.I.Kom. as Dean of Faculty of Social Sciences and Humanities of Putera Batam University
- c. Nurma Dhona Handayani, S.Pd., M.Pd. as Head of Department of English Literature of Putera Batam University
- d. All lecturers of Department of English Literature, for their knowledge, motivation, and suggestion during my research at Putera Batam University
- e. All of the researcher's family members, father, mother, brother, and sisters for their endless support.
- f. All of the researcher's friends at Putera Batam University, and friends outside of Putera Batam University.

Batam, 27 January 2022



Dewi Tri Murtini  
181210004



## TABLE OF CONTENTS

	Page
<b>TITLE PAGE</b> .....	<b>i</b>
<b>SURAT PERNYATAAN</b> .....	<b>ii</b>
<b>DECLARATION OF THE THESIS ORIGINALITY</b> .....	<b>iii</b>
<b>APPROVAL PAGE</b> .....	<b>iv</b>
<b>ABSTRAK</b> ....	<b>v</b>
<b>ABSTRACT</b> .....	<b>vi</b>
<b>AKNOWLEDGMENTS</b> .....	<b>vii</b>
<b>TABLE OF CONTENTS</b> .....	<b>viii</b>
<b>LIST OF FIGURES</b> .....	<b>x</b>
<b>CHAPTER I INTRODUCTION</b> .....	<b>1</b>
1.1 Background of the Research .....	1
1.2 Identification of the Problem.....	6
1.3 Limitation of the Problem .....	6
1.4 Formulation of the Problem .....	6
1.5 Objective of the Research .....	6
1.6 Significance of the Research .....	7
1.7 Definition of Key Terms .....	7
<b>CHAPTER II REVIEW OF RELATED LITERATURE AND THEORETICAL FRAMEWORK</b> .....	<b>9</b>
2.1 Individual Psychological .....	9
2.1.1. Individual Psychology .....	10
2.1.1.1. Inferiority Feeling .....	11
2.1.1.2. Fictional Finalism .....	11
2.1.1.3. Social Interest .....	12
2.1.1.4. Style of Life .....	13
2.1.1.5. Creative Power .....	14
2.1.1.6. Striving for Superiority.....	15
2.2 Previous Research .....	15
2.3 Theoretical Framework .....	19
<b>CHAPTER III RESEARCH METODOLOGY</b> .....	<b>20</b>
3.1 Research Design.....	20
3.2 Object of the Research .....	20
3.3 Method of Collecting Data .....	21
3.4 Method of Analyzing Data.....	21
3.5 Method of Presenting Research Result .....	22
<b>CHAPTER IV RESEARCH ANALYSIS &amp; FINDINGS</b> .....	<b>23</b>
4.1. Preliminary Analysis .....	23
4.1.1. Character and Characterization.....	23
4.1.2. Plot .....	27
4.1.3. Settings .....	29
4.1.4. Theme .....	30
4.1.5. Point of View.....	32
4.2. Alice’s Goals and Struggles to Accept Reality in Lucy Keating’s “Dreamology”; Individual Psychological Approach.....	32
4.2.1. Alice’s Struggles to Accept Reality .....	32

4.2.1.1. Confirming whether that Real Max and Dream Max are the same person .....	33
4.2.1.2. Going to the Center of Dream Discovery to get more information .....	34
4.2.1.3. Explaining her relationship with Max to Celeste .....	35
4.2.1.4. Searching for Margaret Yang.....	36
4.2.1.5. Accepting her mother abandonment when she was younger .....	36
4.2.1.6. Fixing her relationship with Max .....	38
4.2.2. Alice’s Obstacles to Accept Reality.....	39
4.2.2.1. Anxiety during the test in CDD .....	39
4.2.2.2. Loneliness because of her mother abandonment .....	40
4.2.2.3. Terrified that the dream will be gone .....	40
4.2.2.4. Hopeless due to the disappearance of the dream.....	41
<b>CHAPTER V CONCLUSION AND SUGGESTION .....</b>	<b>43</b>
5.1. Conclusion .....	43
5.2. Suggestion .....	44
<b>REFERENCES</b>	
<b>APPENDICES</b>	
Appendix 1. Curriculum Vitae	
Appendix 2. Data of the Research	
Appendix 3. Surat Keterangan Izin Penelitian	

## LIST OF FIGURES

	<b>Page</b>
<b>Figure 2.1</b> Theoretical Framework .....	19