

**ALICE'S GOALS AND STRUGGLES TO ACCEPT REALITY
IN LUCY KEATING'S "DREAMOLOGY" NOVEL;
INDIVIDUAL PSYCHOLOGICAL APPROACH**

THESIS



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FACULTY OF SOCIAL SCIENCES AND HUMANITIES
PUTERA BATAM UNIVERSITY
2022**

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**Submitted in Partial Fulfillment of the Requirements for the Degree of
English Sarjana Sastra**



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I, Dewi Tri Murtini with NPM 18121004, undersigned below

Hereby declare that the paper entitled:

**ALICE'S GOALS AND STRUGGLES TO ACCEPT REALITY
IN LUCY KEATING'S "DREAMOLOGY" NOVEL;
INDIVIDUAL PSYCHOLOGICAL APPROACH**

Is the real work of myself and I realize that this thesis has never been published in other media before, partially, or entirely, in the name of mine or others.

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**Submitted in Partial Fulfillment of the Requirements for the Degree of
Sarjana Sastra (S1)**

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The thesis has been approved to be examined on the date as indicated below

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Supervisor**

ABSTRAK

Pendekatan psikologi membantu untuk mendapatkan pemahaman lebih dalam tentang karya sastra. Psikologi dapat dimanfaatkan untuk menganalisis karya sastra. Novel “Dreamology” karya Lucy Keating akan digunakan sebagai sumber data untuk penelitian ini dan khususnya Alice sebagai tokoh utama. Data tersebut akan dianalisis dengan menggunakan teori psikologi individu oleh Adler (1924). Psikologi individu merujuk kepada kebutuhan terus menerus untuk berkembang dan kebutuhan sosial, sikap seseorang terhadap tuntutan yang ada dalam masyarakat manusia. Psikologi Individu mempelajari perkembangan dan pendekatan manusia terhadap kehidupan dengan berusaha untuk mencapai tujuan. Pengumpulan data akan dilakukan dengan menggunakan metode penelitian kepustakaan yang dikemukakan oleh Ratna (2004) yang berarti peneliti tidak berpartisipasi atau berkontribusi dalam pembuatan data. Data yang terkumpul selanjutnya akan dianalisis dengan menggunakan metode analisis deskriptif yang dikemukakan oleh Ratna (2004). Terakhir, hasil penelitian akan disajikan dengan menggunakan teknik strategi kualitatif yang dikemukakan oleh Creswell (2014) yang artinya hasil penelitian akan disajikan dengan menggunakan kata-kata dan kalimat. Hasil penelitian ini menemukan bahwa perjuangan dan rintangan Alice sangat berakar dari tujuan Alice untuk bersama Max. Alice menghadapi enam perjuangan seperti mencoba memastikan bahwa Real Max dan Dream Max adalah orang yang sama, pergi ke Center of Dream Discovery untuk mendapatkan informasi lebih lanjut, menjelaskan hubungannya dengan Max kepada Celeste, pergi ke Maine untuk menemukan Margaret Yang, menerimanya pengabaian ibu ketika dia masih muda, memperbaiki hubungannya dengan Max. Alice juga menghadapi empat kendala seperti merasa cemas saat ujian di CDD, kesepian karena ditinggalkan ibunya, takut mimpinya akan hilang, putus asa karena hilangnya mimpinya.

Kata Kunci: perjuangan, psikologi individual, tujuan

ABSTRACT

Psychological approach helps to get a deeper understanding on literary works. Psychology can be used beneficially in analyzing literary work. Lucy Keating's "Dreamology" novel will be used as a data source for this research and specifically Alice as the main character. The data will be analyzed by using theory of individual psychology by Adler (1924). Individual Psychology as a constant need to strive to be better and social interest, a person's attitude to the existing demands in human society. Individual Psychology studies human progression and approach toward life by the effort to strive and to achieve goal. The data will be collected using the library research method proposed by Ratna (2004) which means the researcher does not participate or contribute in the making of the data. The collected data then will be analyzed using the descriptive analysis method proposed by Ratna (2004). Lastly, the result of the research will be presented using the technique of qualitative strategy proposed by Creswell (2014) which means the result will be presented using words and sentences. The results of this research found that Alice's struggles and obstacles are greatly rooted from Alice's goal to be with Max. Alice faced six struggles such as trying to confirm that Real Max and Dream Max are the same person, going to the Center of Dream Discovery to get more information, explaining her relationship with Max to Celeste, going to Maine to find Margaret Yang, accepting her mother abandonment when she was younger, fixing her relationship with Max. Alice also faced four obstacles such as feeling anxious during the test in CDD, loneliness because of her mother abandonment, terrified that the dream will be gone, hopeless due to the disappearance of the dream.

Keyword: goals, struggles, individual psychology

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CHAPTER I

INTRODUCTION

1.1 Background of the research

Literature is closely related to psychology because of their relation to human beings and their mindset. Psychology is related to mind and the behavior of human. Psychology helps to understand human emotional progression to be the person they are now. With psychology, it is possible to understand the reasons and factors behind someone's decision and action. Psychology can be used beneficially in analyzing literary work. Psychology is able to give another level of understanding to the literary work because of its close relation to human nature as psychology gives insight regarding the character's behavior, feeling and also reasoning behind decision making. Characters in literary work carry human traits similarly to human in real life although it is not entirely similar.

Adler (1956) defined Individual Psychology as a constant need to strive for power and social interest, a person's attitude to the existing demands in human society. Individual Psychology studies human progression and approach toward life by the effort to strive and to achieve goal. By having a goal, human has the motivation to move forward in order to achieve the goals they had. Adler proposed individual psychology with his interpretation as a Freudian. Different with Freud who emphasized the

importance of sex, Adler emphasized on human as a whole entity or individual who progressed to the future goals to be better.

Motivation is needed as a push to be better. A prominent figure in Indonesia named Chairul Tanjung who rise from poverty. Born from a couple of a small journalist who published local newspaper and a house wife, Chairul lived with together with his other 6 siblings. During the new order era, his father was forced to shut down his business because of the opponent political view. His family was forced to sell their house and later fell into poverty. Chairul was determined to finish his study in Universitas Indonesia and started a business. He started from selling stationaries as a way to earn more for his university fund. During his study, he also established a shop for medical school and laboratory equipment but was reported to experience bankruptcy. After he finished with his study, he established a company with three of his partners but later on decided to part away because of different idealism with his partner. After leaving his partners, his was able to be successful as an entrepreneur for himself due to his expertise in building networks which made his business grew bigger and bigger. In 2014, Chairul was listed as the 375th richest people in the world with the net worth of 4 billion USD. Chairul inferiority was having not enough money for him and his family. He compensated that by building business and being successful which fulfil his goal to provide for his family and to make a name for himself. Chairul struggled in his life due to poverty but strived greatly to build his business despite multiple failures.

One of the novels which has an interesting psychological phenomena is called "Dreamology" written by Lucy Keating. The novel revolves around Alice who

lived with her scientist father. Alice had had whimsical dream with a boy named Max. Alice always thought that Max was not a real person but later realized that Max was real when she saw him in her psychology class in her new school in New York. Real Max and dream Max are nothing alike at all. They were connected to each other through their dreams but when their only escape from reality started to interfere with their life during waking hours. They have to find a way to make the dreams stop.

In the novel, Alice had had severe nightmares due to her mother abandonment when she was just a kid. The abandonment issue she had deeply scarred her that left her with nightmares.

“As I said, after your mother left, you started having nightmares. You were only six. I think you felt vulnerable. It got so bad that you were barely sleeping. I was barely sleeping. So a colleague of mine at Harvard recommended a sleep study on brain mapping” (Keating, 2016).

In the quotation above, Alice’s father stated that Alice felt vulnerable after her mother abandoned her. The aftermath of the abandonment was that Alice had constant nightmares when she was just six years old. Alice still struggled with the abandonment issue even after the nightmare ended which caused her to refuse to address her mother as mom but rather address her with her mother’s first name instead. The way Alice handled her abandonment issue in her teenage year was to cut off her mother because she did not want to be associated with the pain her mother brought her when she was a child. This reflects on Alfred Adler’s style of life which is a unique pattern developed on inferiority and the compensation a person do in order to feel complete. Alice’s inferiority was that she was left by her mother as a child and the action she took was to

cut off her mother in her life because she did not want to feel the pain of her abandonment again.

In the novel, Alice had always been with Max in her dream for years because of the sleep study that her father took her to when she was a child. Alice did not know that Max was actually a real person in real life. After the encounter with real Max in her new school, Alice needed to accept that Max was not the perfect fantasy she had been dreaming of. Max was a real person with real feeling and the dreams was just a fantasy. Alice had everything she wants in her dream which is dream max but the reality that she had to face is real max.

Sorry, Soph, you know I appreciate it. I'm just disappointed. I'm dying to figure out how I know him. Especially since despite all my best efforts, he's made it pretty clear I'm nothing more than some new girl who showed up in his psychology class (Keating, 2016).

In the quotation above, Alice felt inferiority during her conversation with her best friend, Sophia. Alice had just met Max in her psychology class. After a failed attempt to talk to Max, Alice realized that the Max she just met wasn't the same person as the one she has always dreamed of which made Alice felt inferior. Alice struggled to accept the difference between dream max and real max. She dreamt of max for so long and live in her fantasy with max all this time. Because of the inferiority, Alice saw it as a motivation to strive harder to know the real Max and the origin behind her dream. According to Adler in Schultz & Schultz (2013), inferiority is seen as a motivation to human striving. As in the quotation above, Alice strived to get to know Max because he was the same person she had been dreaming of for years. Getting to know Max became Alice's goal

and the inferiority she felt as she was not familiar or even recognize this real life version of Max drove her forward to give her best effort. Alice's struggled to achieve her goal to get the real life Max because Max acted like Alice was not more than a stranger to him.

Adler's individual psychology has been used in literary analysis to understand fictional character. As per my understanding, the data source used in the present study had not been analyzed using individual psychological approach. In conduction the research, the researcher took some previous researches as a comparison and reference. Lestari (2012) investigated Bella Swan's struggle as the major characters. The objective is to analyze Bella Swan's struggle for love. In the study, it is found that Bella Swan Struggled greatly to maintain her love for her lover. She was willing to sacrifice herself to save her lover and to live her life as a vampire so that she was able to stay with her lover forever. This study used the same theory of the present study which is individual psychology but used the different data source.

Next, Juidah (2020) described the main character's personalities in novel written by Tere Liye entitled "Rindu". The objective is to analyze the personalities of the main character using individual psychology theory by Alfred Adler. Qualitative descriptive method is used in the research with the additional of content analysis techniques. Data analyzed in the research includes words, sentences, and quotations from the novel. The result showed six principles of the personality theory found in the main characters of Ahmad Karaeng and Gurutta.

Based on the phenomena above, the researcher is interested in conducting the research on the novel by using the individual psychological approach by Alfred Adler which takes the title as follows: “Alice’s Goals and Struggles to Accept Reality in Lucy Keating’s “Dreamology” Novel; Individual Psychological Approach”.

1.2 Identification of the Problem

1. Struggles to be successful despite of misfortune
2. Obstacles faced in order to achieve goals in life.
3. Alice’s struggles to accept reality in Lucy Keating’s “Dreamology” novel.
4. Alice’s obstacles to accept reality in Lucy Keating’s “Dreamology” novel.

1.3 Limitation of the Problem

In this research, the writer will focus on analyzing goals and struggles to accept reality on the main character, Alice in “Dreamology” novel by Lucy Keating (2016).

1.4 Formulation of the Problem

1. What are Alice’s struggles to accept reality found in Lucy Keating’s “Dreamology” novel?
2. What are Alice’s obstacles to accept reality found in Lucy Keating’s “Dreamology” novel?

1.5 Objectives of the Research

1. To find out Alice’s struggles to accept reality found in Lucy Keating’s “Dreamology” novel.

2. To elaborate Alice's obstacles to accept reality found in Lucy Keating's "Dreamology" novel.

1.6 Significance of the Research

1. Theoretically

This research has some purposes. First, this research is made to give information about individual psychology which. This research is dedicated as a reference for the development of literary studies in the study of individual psychological approach among the students of Putera Batam University.

2. Practically

This research may enhance knowledge about the characterization of fictional character. This research may enhance our knowledge in personality theory. In other way, also helps the reader to discover what the reader does not know about themselves. This research is hoped to give insight from fictional characters regarding goals and struggles which might happen in reality to the reader so that the readers able to identify their own struggles in life.

1.7 Definition of key terms

Goal : the end toward which effort is directed. Something that you are trying to do or achieve. The result or achievement toward which effort is directed. An idea of the future or desired result that a person or a group of people envision, plan and commit to achieve.

Struggle : a violent effort or exertion; an act of strongly motivated striving. To proceed with difficulty or with great effort. To experience difficulty and make a very great effort in order to do something. An energetic attempt to achieve something. Strenuous effort.

Individual Psychology : Individual Psychology is a psychology on three interlocking planes: From the child's feeling of inferiority there emerges an overstimulated striving for power which either finds its limits in the demands of society and in the admonitions of social interest, which is physiologically and socially founded, or goes astray.

CHAPTER II

REVIEW OF RELATED LITERATURES AND THEORETICAL FRAMEWORK

This chapter discusses regarding related literatures and theoretical framework. In doing research, related literatures are used as references to support the research. In addition to that, previous research are also described to contribute research process. This research contains explanation regarding psychological approach and the theory of Individual Psychology. Several previous research are also added in order to provide insight.

2.1 Psychological Approach

Wellek & Warren (1954) refers psychological approach as a psychological study of the writer or the study of the process of the literary work or the psychological study found in the literary works. Psychological approach in literature can be applied differently such as the psychological study of the writer of the literary work which apply the theory directly to the writer of literary work. Psychological approach can also be applied to the process of creating the literary work. Lastly, psychological approach can be used as a psychological study of the literary work such as phenomenon found in the novel from the characters.

In this research, psychological approach is used as a psychological study of the psychological phenomenon found in the literary works titled “Dreamology” by Lucy Keating specifically the main character named Alice. The psychological approach has

the function to analyze the struggles and goals of the main character Alice in order to accept reality. In this research, the theory used is Individual Psychology theorized by Alfred Adler. Individual Psychology is used to focus on the psychological development of a person which this research dedicates to the main character Alice in Lucy Keating “Dreamology” in accepting the reality following the struggles which she went through and the goals behind her struggles.

2. 1. 1. Individual Psychology

Alfred Adler developed individual psychology from his interpretation of Freudian theory after being a follower of Freud. Adler in Ryckman (2008) stated that individual psychology studies to the experiences and behavior of human as an organized entity. A person’s action reflected their fundamental values in life. In human life, Adler’s emphasized that human is always moving forward with different purposes and different ways to be better. To move forward, a motivation is needed as Adler’s stated that goal can be seen as a motivation for human to move forward. Adler’s interest in raising human kind, as he corrected the wrong through the knowledge he gained in his theory.

Adler (1924) stated that it can be concluded that unbiased study of any personality from the point of view of individual psychology is that psychic phenomenon helps to give an understanding of a person. The phenomenon could only be understood as a preparation to achieve a purpose. Progression and striving is the core of individual psychology. Human always strives to be better in different ways so

individual psychology can be used to understand a person's purpose from their actions, utterances or opinions.

Individual psychology has six points that contribute as section with equal importance. The six points include inferiority feeling, fictional finalism, social interest, style of life, creative power and striving for superiority. The contribution of each point can be seen as different parts that assembled to form individual psychology proposed by Adler.

2.1.1.1. Inferiority Feeling

Inferiority Complex develops from inferiority that could not be overcome and intensifies overtime. There are three sources of Inferiority complex, the first one organic inferiority which is defective organ. Though overcoming organic inferiority might resulted in great accomplishment in social or athletic, but if failed, it can lead to inferiority complex. Second, spoiling which is resulted in self-centered child because they are always the center of attention. Because of that, the child might not be prepared when they are put in a situation where they need to wait for that they want or to put others' needs first which develop inferiority complex. Third, neglect, when someone is neglected, inferiority feeling might develop into inferiority complex, especially in young age where love and a sense of security are most needed (Schultz & Schultz, 2013 : 117).

Below is an example of inferiority feeling found in Emily Bronte's *Wuthering Heights* analyzed by Triastuti (2015).

He seemed a sullen, patient child; hardened, perhaps, to ill-treatment: he would stand Hindley's blows without winking or shedding a tear, and my pinches moved him only to draw in a breath and open his eyes, as if he had hurt himself by accident, and nobody was to blame. (Triastuti, 2015)

In the quotation above, despite being mistreated, the character never fought back. The character also never blames for what had been done to him. As Adler's inferiority feeling where a person feels of less value and worthless, the character's inferiority is seen from his silence and fear during the abuse.

2.1.1.2. Fictional Finalism

In order to move forward and have the motivation to do so, a goal is needed. Adler (Schultz & Schultz, 2013 : 118) refers finalism as an ultimate goal we need to strive toward. The goal mentioned is seen as a potential and not actualities that could be achieve definitely. By having a goal, there is also a reason to continue striving and moving forward in our own ideal. Having this goal changes the way we behave and interact with others in order to achieve to goal. Fictional finalism is formalized by Adler as the ideal state human strives toward guided by fictional ideas or the dream in the future, which resulted in striving and chasing in order to achieve that dream.

Below is an example of fictional finalism found in Emily Bronte's *Wuthering Heights* analyzed by Triastuti (2015).

“... I dreamt I was sleeping the last sleep, by that sleeper [Catherine], with my heart stopped, and my cheek frozen against hers” (Triastuti, 2015)

In the quotation above, it is shown a desire of a goal. The character showed his goal to be with Catherine. But could not be achieve because the character already passed away. In Adler's fictional finalism where the goal is a potential, the character's

goal is to be together with his lover and that goal could only be achieved if the character is dead.

2.1.1.3. Social Interest

Relation between human is undeniably important because as a human we can't live alone and need that relation with another person. Adler (Ryckman, 2008) defined social interest as striving to form a community in order to create a lasting relation as a goal of mankind. Striving for the sake of other is an indirect way to help ourselves. As a social creature, we cannot live by ourselves and need other people in order to survive. In order to reach goals as a community, humans need to work together and treat each other with respect and consideration. Relationship with other human is also included as human interacts with other human, they form a relationship such as friendship or even romantic relationship with different purposed and work together to achieve those goals. Humanity will not survive without an effort to cooperate and work together.

Below is an example of social interest found in Emily Bronte's *Wuthering Heights* analyzed by Triastuti (2015).

Then personal appearance sympathised with mental deterioration: he acquired a slouching gait, and ignoble look; his naturally reserved disposition was exaggerated into an almost idiotic excess of unsociable moroseness; and he took a grim pleasure, apparently, in exciting the aversion rather than the esteem of his few acquaintance. (Triastuti, 2015)

In the quotation above, the character became an unsociable man because of his appearance and his actions. The character's deterioration drove him even further from social interaction and eventually lost his social interest.

2.1.1.4. Style of Life

The style of life refers to each person's way to pursue their goals (Ryckman, 2008). As human has different goals because of their different life and idealism, human lives life differently and handle challenges in different approaches. Some might even shares same approaches to achieves different goals. The way of life is shaped and defined by every action and thought when we are alive. Those actions and thoughts are later accumulated into a format of how a person will react and do certain things. The attitude a person hold in their life determines how this person wants to live their life. With different values each person has because of each person unique experiences, they will have different goals for themselves and different ways to achieve that goal. A person's experience might help shaping the style of life which affects how the person reacts to certain encounter in the future. After experiencing a certain thing, a person will remember and use the previous experience as a reference for future encounter

Below is an example of style of life found in Emily Bronte's *Wuthering Heights* analyzed by Triastuti (2015).

Heathcliff went up once, to show her Linton's will. He had bequeathed the whole of his, and what had been her, moveable property to his father. The poor creature was threatened, or coaxed, into that act during her week's absence, when his uncle died. The lands, being a minor, he could not meddle with. However, Mr. Heathcliff has claimed and kept them in his wife's right, and his also – I suppose legally – at any rate, Catherine, destitute of cash and friends, cannot disturb his possession. (Triastuti, 2015)

In the quotation above, it is shown how the character wanted to achieve his goal. The character wanted to possess and own named Trushcross Grange where his rival used to live.

2.1.1.5. Creative Power

Humans are all different because of their personalities despite can be similar to one and another, human can never be exactly the same with another human in term of thoughts, feelings, and decision making. Adler (Schultz & Schultz, 2013 : 119) believed that we made the our own style of life along with ourselves and personalities. Human are not just shaped through experiences. The attitude and thought during from those experiences are what helped shaping our personality. Creative self refers that personalities are created by people who are always changing it based on the experiences (Ryckman, 2008). Unique personalities are shaped because of different approaches people do to solve problems they had encountered in their life. It is also why people have different personalities and opinion on the same thing. As people go through different experiences in different stages of life, it is given that human shares different point of view of the same thing.

Below is an example of creative power found in Emily Bronte's *Wuthering heights* analyzed by Triastuti (2015).

'I'm [Heathcliff] trying to settle how I shall pay Hindley back. I don't care how long I wait, if I can only do it, at last. I hope he will not die before I do!' (Triastuti, 2015)

In the quotation above, it is shown that the character plans to take revenge on other character. The will to take revenge changes his personalities.

2.1.1.6. Striving for Superiority

Motivation is needed to move forward. When a person is at the lowest point of their life, there is no other way to go but up. Superiority can be simplified as an idea

of a goal which human progressed toward (Schultz & Schultz, 2013 : 118). Superiority is a state where we had achieved our goals. Striving for superiority is an attempt to complete or make ourselves better. Striving for superiority is not to be mistaken with superiority complex where a person overcompensate because of their weakness.

Below is an example of striving for superiority found in the help film directed by Tate Taylor analyzed by Holis & Asmarani (2021).

Skeeter: I'd like to write something from the point of view of the help. These colored women raise white children, and in 20 years, those children become the boss. We love them and they love us, but they can't even use the toilets in our houses. Don't you find that ironic, Miss Stein? (Holis & Asmarani, 2021)

In the quotation above, it is shown that the character was trying to make a difference because of the discrimination and lack of appreciation experienced by black maids in white household. The character wanted to spread awareness of the conditions of black maids so that other people were able to understand that the black community experienced.

2.2 Previous Research

Anggriawan (2013) investigated the struggle of Annabelle Worthington. In the study, he analyzed Annabelle Worthington struggles using psychological approach from Freud Sigmund and Wilhelm Wundt. The result of his research was that Annabelle Worthington struggled greatly for her value in life, she was learnt from the past and move on to be a great woman in France.

Haryaningsih, Mumuh and Gunardi (2014) studied Tennessee William's manuscript titled "Mainan Gelas" using Individual Psychology theory. The manuscript

revolved around a family conflict experienced by each of the characters. The research studied the depiction of each character using the theory proposed by Alfred Adler. The research found significant importance of psychology in theater art because of the deepening of personality related to characterization.

Triastuti (2015) discussed about the personality development of the character named Heathcliff in a novel written by Emily Bronte titled “Wuthering Heights”. The research analyzed how and why the personality developed. The research used Individual psychology to analyze the personality development which is a theory proposed by Alfred Adler. The research result showed that there are a lot of influences in developing Heath which turned the character to the most dominant and superior character.

Arifah & Andalas (2017) investigated the conflict around personality found in main character in the novel written by Okky Madasari entitled “Pasung Jiwa”. This research used individual psychology theory proposed by Alfred Adler. The main character personality conflict was to achieve superiority, social phobia, and behavioral discrepancies. The consequences due to the personality conflict include a sense of wanting to be cared for, feeling himself righteous, and excessive fear.

Amalia (2018) studied the personalities of tritagonic figure in the novel written by Tere Liye entitled “Tentang Kamu”. Individual personality theory was used to analyze the personalities in the novel. The theory was proposed by Alfred Adler. The results showed the personality owned by tritagonic character in the novel. The result revealed that the most dominant personality found in the data source was striving for superiority.

Maulani, Rusdiawan and Gunayasa (2019) investigated the character of Fahri in the novel written by Habiburrahman El Shirazy entitled “Ayat-Ayat Cinta”. This research aims to find the characterization of Fahri the the novel “Ayat-Ayat Cinta” using individual psychology theory by Alfred Adler. This research conducted descriptive-qualitative research. The result revealed that there are six individual psychology principle related to Fahri which are inferiority complex, superiority complex, style of life, creative self, social interest, fictional finalism. Fahri’s process of psychological development from a university student to a successful person was not all smooth. But his concern for the people around him, with much sympathy and empathy in him made him able to save his neighbor and achieved his goal.

Holis & Asmarani (2021) investigated the struggle for life equality between black and white people experienced by Skeeter in “The Help” film. This research used individual psychology theory by Alfred Adler. Adler’s individual psychology is used to analyze Skeeter’s life of style and her struggle for superiority or striving for superiority. This research concludes that Skeeter struggles for making black people’s life better. It is influenced by her childhood experience that is called style of life and social inequality.

The similarity between previous researches and present research is both researches applied theory by Adler (1924) with different data sources. This present research also applied the same theory but the data source for the present research will be taken from Lucy Keating’s “Dreamology”

2.3 Theoretical Framework

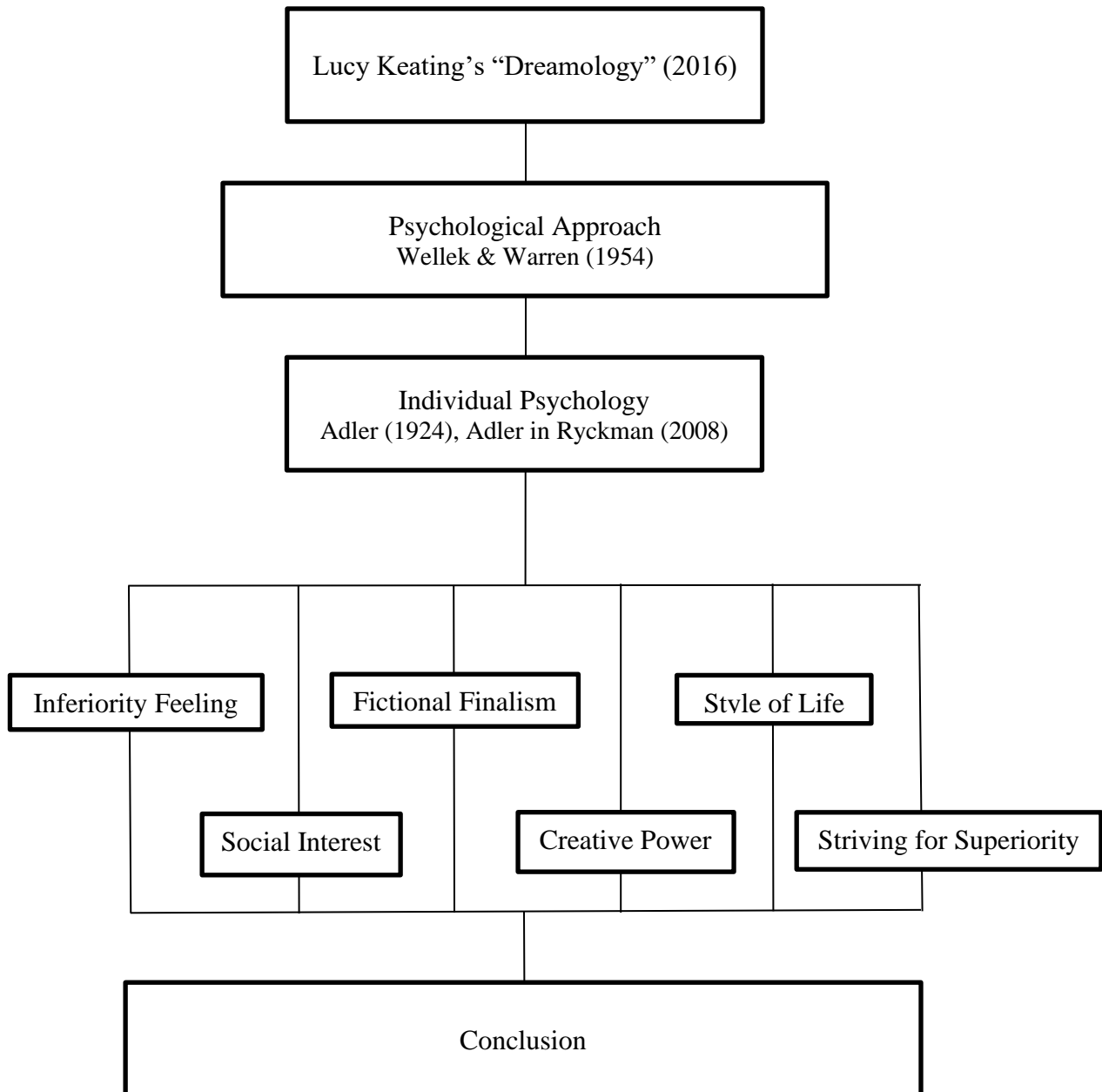


Figure 2.1 Theoretical Framework

CHAPTER III

RESEARCH METHODOLOGY

3.1 Research Design

There were two different research designs that could be found in thesis; the first one is quantitative and the second one is qualitative research. In this research, the researcher uses on the descriptive qualitative design. Qualitative research is used in this research because the data found and analyzed are in words, phrases and sentences. The researcher also adds personal interpretation of the data found within the research (Creswell, 2014).

In conducting this research, the researcher used descriptive qualitative method. This research applies Alfred Adler's theory of individual psychology. The theory is used to analyze Alice's goals and struggles in Lucy Keating "Dreamology" novel.

3.2 Object of the Research

"Dreamology" is a young adult novel written by Lucy Keating in 2016. "Dreamology" was published by HarperTeen and consisted of 329 pages. The cover design was done by Natalie C. Sousa. "Dreamology" novel received 4.4 out of 5 stars ratings in Amazon website. There are two objects of the research as the main analysis. First, the researcher analyzes Alice's struggles to accept reality using Alfred Adler's theory of individual psychology. Second, the researcher analyzes Alice's obstacles to accept reality using Alfred Adler's theory of individual psychology. The struggles of Alice are to be analyzed in order to get a deeper understanding on Alice's

motivations and reasons in her striving. Next, after analyzing Alice's struggles, the researcher analyzes Alice's obstacles which involves in finding the solution or solving the obstacles. Alice in Lucy Keating "Dreamology" is suitable to be taken as the data source of this research because of her motivation and development throughout the story which are the essence of individual psychology.

3.3 Method of Collecting Data

Research data is taken by using library research method by Ratna (2004). Library research method refers to analyzing text whether modern or old text by using primary data source and secondary data source. The primary data source for this research will be Lucy Keating's "Dreamology". The secondary data source will be the books, journal articles, and webpages used as a reference to support this research.

There are a few steps in collecting data for the research. First, the researcher will read Lucy Keating's "Dreamology". Second, the researcher will filter utterances and narratives related to Alice's goals and struggles. Last, the researcher will highlight the utterances and narratives.

3.4 Method of Analyzing Data

In analyzing the data, Ratna (2004) stated that method of descriptive analysis is used to analyze data has to have the ability to explain about the literary work and the theory. The researcher applied the theory of individual psychology by Adler (1956) to analyze Alice's goals and struggles to accept reality in Lucy Keating "Dreamology" novel.

There are a few steps in analyzing data for the research. Firstly, the researcher analyzed the intrinsic element of the novel using the elements of fiction which consists of Plot, Characters, Settings, Theme and Point of View. Secondly, the researcher analyzed the extrinsic element of the novel using the theory of individual psychology by Adler (1956).

3.5 Method of Presenting Research Result

Research result is presented by using the technique of qualitative strategy. Creswell (2014) stated that the technique of qualitative strategy refers to reporting the research results by using descriptions and themes from data found for the research. Research result is presented using words and sentences without symbol, table, diagram, and number in named informal method. In this research, the researcher presents the analysis result using words to make the audience understand easily.